



Veterans Time Trials Association

Competitive Cycling for Life

OVER 40? BE YOUR BEST!



Kevin Tye

2023 VTTA Men's 15 Miles
National Champion and UCI 60-
64 Time Trial World Champion



Linda Dewhurst

2023 VTTA Women's 10, 15 & 25
Miles National Champion and UCI
65-69 Road Race World Champion

**If you are over 40 and
time trialling is your thing,
then join the VTTA**

**The VTTA encourages all
aged 40 and over to strive
to be the best they can**

YOUR best will be recognised

We have approximately 2500 members spread across 16 regional groups, providing UK wide activity.

We promote about 100 time trial events a year, including eight national championships from 10 miles right up to 24 hours; we also run three season long national competitions over a range of distances.

The local groups also offer competitions and awards for their own members.

All events and competitions are run on our age adjustments system, which is gender specific so women and men from 40 to over 90 can compete against each other with an equal chance of winning a prize.

Riders can also compete 'against themselves' in individual challenges called 'Standards', in which your performance is compared against previous seasons.

We also manage national and group age records for men and women at the different time trial distances and on indoor and outdoor velodromes.

Members receive four magazines per year and our annual handbook, either in print or digitally.

Membership fees vary by group (due to varying localised costs and member benefits) but is typically about £20 plus a modest additional optional fee for Standards entry. Most members retain membership of their cycling club whilst a VTTA member, but you can join the VTTA and race with it as your main club if you wish.

Visit us on social media:



**JOIN
US...**

**You can find out more and join
any VTTA Group online at:**

www.vtta.org.uk