



Number 53

June 2017

# THE VETERAN



**Ron Hallam Achieves 10 and 15 Mile Championships Double**

# 10 MILE CHAMPIONSHIP GALLERY



Colin Parkinson - Notts & E Mids group  
team second counter



Jayne Dickens Second woman



Gavin Hinxman Third man



Terry Icke - Second man



Susan Semple - Third woman



Ken Stevens - Notts & E Mids group team  
third counter

*National Association for the 40 years old and over racing cyclist*

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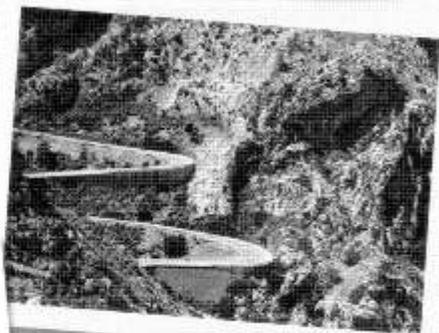
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# THE VETERAN

## THE QUARTERLY MAGAZINE OF THE VETERANS TIME TRIALS ASSOCIATION

*Founded in 1943 to promote cycle time  
trailing for those aged 40 and over*

**Number 53**

**June 2017**

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### EDITORIAL

The racing season is now in full swing and this edition carries full reports and photographs of both the 10 and the 15 mile championships. Congratulations are due to the remarkable Ron Hallam for winning both of these events. In my own Yorkshire area it was very pleasing to see the great success of our inaugural VTTA 15 mile championship. The great pulling

power of the A63 in East Yorkshire along with the opportunity to see the pros in action in the Tour de Yorkshire on the same weekend surely got this new distance off to a flying start. It is a pity the wind blew and blew on the day but at least it stayed dry and safe and there was some good competition.

Our more observant readers may notice an editorial innovation in this edition by the introduction of a further eight pages of colour, in addition to the cover. Hopefully you will find this to your liking; there is a cost in doing this but I believe it makes The Veteran more attractive. Please let me know what you think and whether we should continue.

We still need advertisers to subsidise production costs for our magazine; having lost a few long term supporters recently, finding replacements is not easy. It tends to rely on personal contact, although it has to be said that with a circulation approaching 3000 and many of us in a position to spend money on leisure or sporting endeavour after many years of toil, there must be opportunities for advertisers. If any of our members with business interests or influence wish to support the VTTA and have a message for our readership please contact me for more information about advertising.

The 2017 Handbook was sent out with the March Veteran, but unfortunately contained a number of errors, for which the relevant national officials apologise. This edition carries corrections to officials and competitions; the full corrected records list (into which errors had crept over several years) is available electronically and may be downloaded very soon from the new VTTA website. See the Chairman's Report for an update on the excellent progress made on implementing this new website.

Once again thanks to all our correspondents from groups around the country for your interesting and entertaining contributions.

*Mike Penrice*

## **PRESIDENT'S MESSAGE**

It is that time of year when cyclists think more seriously about getting out on their bikes, be it for training, holidays or a potter round the country lanes, but cycling lately has appeared in the media for all the wrong reasons. In one day, TV, radio and the press all had stories concerning cyclists.

Chris Froome experienced road rage from a French motorist the result of which has been prominently commented upon in the social media as well as TV. I then turned the radio on and, lo and behold, they were talking about motorists and asked whether the standard of driving and attitudes are deteriorating. One cyclist, who said he had been cycling for many years, found that passengers and even those behind the wheel of a car are less than polite to cyclists and see them as a fair target for abuse or rubbish throwing. In Kent on the same programme it was stated that on any one day there will never be more than six traffic officers out on the roads and this number is quite often a lot less than that and totally non-existent if other more pressing duties are required of the officers. All who spoke felt that the only device to possibly check motorists is the speed camera; however fewer motorists are being fined, but are asked to attend a driver's awareness course. When they are fined they may not receive any penalty points, which motoring organisations see as a backward step. Speed cameras are seen as cash cows which bring in high amounts of revenues to strapped for cash police forces.

The press reported a court case concerning an incident of a cyclist who was rammed from behind and slammed into a tree because he told the female driver off for using her mobile phone whilst driving. The rider was fortunate because the incident was recorded on CCTV. However he was unable to return to his job as a cycle courier because of the injuries he received. We as cyclists will continue to ride our bikes even if the motorists are hell bent on getting us off the roads.

Keep Safe Keep riding.

*Carole Gandy*

## **THE CHAIRMAN'S PIECE**

Having been elected as Chairman at the AGM my number one priority in the first few months has been to address the need for the VTTA to have a new national website so my report in this issue of the Veteran is going to be about the progress made so far.

The current arrangements for maintaining our national site have effectively lapsed and thus the information held on the site is becoming increasingly out of date. It has therefore become an urgent matter for us to determine the approach to a new website and to find a new provider. As proposed at the AGM, the NEC carried out a feasibility study in March and April to look at possible options and solutions for a new website and the issues involved in migrating from the current site. As part of this work we developed a 'proof of concept' site to help us create ideas for an attractive 'look and feel' to our new site. We also identified a number of potential suppliers, particularly those who had some experience of working with cycling organisations.

At the end of April we issued an Invitation to Tender (ITT) to four potential suppliers in which we set out our aims and requirements for the new site, and presented a number of specific questions to suppliers including a clear breakdown of costs. Responses to the ITT were received by mid-May and a sub group of the NEC evaluated them in detail. A report and recommendation

were presented to the NEC meeting on 3<sup>rd</sup> June and it was agreed that our chosen supplier should be Xncreations, the company who have also developed the CTT site. We hope the new site will be launched in a couple of months with additional features added by the end of the year.

We have also written to all Group chairmen and secretaries to ask a few questions to help us with the development of the new site and to gather any comments at this stage. We recognise that some Groups have their own website and need little more on the national site than a 'redirection' to their own site. Other Groups do not have their own site so they need more comprehensive information on the national site. We aim to be flexible in meeting the needs of different Groups. The new national site will have up to date information on events and results, on confirmed new records and the annual competitions, as well as helpful information about the VTTA and time trialling. We are also proposing an online membership facility to make it easy for new members to join a VTTA Group.

I am excited by the progress made so far and the expectation that we will have a modern new site that will be welcoming and attractive, that will effectively promote the VTTA, and provide all the necessary information to our members. Please watch this space!

*Andrew Simpkins*

#### **NATIONAL SECRETARY'S UPDATE**

It seems hard to believe that we are already towards the middle of yet another time trial season and many of the championships have now taken place: the 10, 15 and 100 miles championships. I was lucky enough to be the VTTA representative at the inaugural 15 mile, where Mike Williams had once again put on a superb event with the support of Yorkshire Group and Team Swift. Although younger riders may argue the standards system suits older riders, this viewpoint certainly could not have held true for this event: riders battled a gale force headwind on the outward leg of the (normally lightning fast) course – and it was the physically stronger, younger riders who *should* have the advantage here. However Ron Hallam trounced this theory by winning the event with a plus of +10:45 – and an age record. Given the potential speed of the course, I would hope that in future years we could get a handful of riders going beneath the 30 minute mark and multiple age records being shattered. Given I turn 40 myself next year, I hope to have the chance to compete at the next one.

Away from the championships, the VTTA NEC has been incredibly busy in the background. One of the major innovations this year is the development of the new website which our chairman, Andrew Simpkins, is leading the charge on. His report gives an update on progress but he is to be congratulated on the excellent progress made so far.

As we move towards the later months of the season, our minds will undoubtedly move towards the "off the bike" activities: the annual dinners, the calendar planning and – whether liked or loathed – the AGM. It would be timely to point out that we have now finalised the date for the VTTA AGM (27<sup>th</sup> January 2018) so please do put it in your diaries. 2018 represents the 75<sup>th</sup> anniversary year of the Association and we will be looking to mark this in various ways throughout the year.

*Rachael Elliott*

## MEMBERSHIP SECRETARY'S REPORT - MAY 2017

*Merv Player*

There have been a similar number of new members applications received in the first five months of 2017 compared with 2016. However the numbers deleted due to resignations, lapsed and deceased members is down, but several Groups have yet to give me their numbers of lapsed members in May.

The current membership now stands at 2522, comprising 2283 with single membership and 239 partners. In 2016 the figures were 2630 with 2379 singles and 241 partners.

It appears that if a short distance event is in a Group's area there are a large number of new members, who then allow their membership to lapse the following year.

Analysis of the past three years are as follows (returns awaited where \*):-

	New Members			Deletions		
	2015	2016	2017	2015	2016	2017
January	85	45	53	15	13	10
February	75	43	67	13	10	9
March	67	55	60	15	19	19
April	53	72	59	125	106	135
May	92	53	21	196	169	67
<b>Total</b>	<b>372</b>	<b>268</b>	<b>260</b>	<b>364</b>	<b>317</b>	<b>240*</b>
<b>Net change in membership</b>				<b>Plus 8</b>	<b>Minus 49</b>	<b>Plus 20</b>



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# AROUND THE GROUPS

## **EAST ANGLIA**

*Mary Horsnell reminisces*

In the March Veteran I mentioned Syd Parkinson, who was not only a founder member of our Group but also of the South Western RC, where his sons and grandsons carry on the family tradition. They are to be congratulated on their fine record of achievements. Colin in particular has made a very successful comeback and plans to write an article about his granddad for the newsletter.

Another comeback man who has recently reintroduced himself is Adrian Gorham, now with Kettering CC. Also a third generation cyclist and one time Colchester Rover, he was thrilled to meet and to beat Len Benton, who was their star rider and his hero. Adrian previously struggled to beat the hour, but last year and with modern equipment and advice he got down to 57:02 - it has taken 30 years! Adrian is the grandson of Stan Raby, founder member and long serving chairman of our Group and president of the Rovers, who for many years was manager of West End Cycle Stores in Crouch Street, a regular meeting place for club folk. Stan, along with the legendary Jack King kept our Group going in its formative years and onwards.

Jack King and his sidekick "Ginger Haynes" were avid course measurers and, when the Ipswich courses were lost due to road improvements, they devised the Howe Green course which later developed into the famous E72 course. There was no thought of creating a fast course although the E72 is now remembered as giving Alf Engers the first sub-50 minute 25.

Another Rover who has served the Group well is one time dinner organiser Maurice McDermott, who also ran a mid-week 10 series based on Raydon Airfield, while Bill Thorncroft did the same for the Essex riders on the Peldon circuit. It was about this time

that Terry Anderson was secretary/treasurer, two posts which have now been divided as more members have joined. Now there are two brand new and very efficient officials, Andy Grant and Keith Dorling. One tends to forget the work of the older members in the past, especially if their active cycling days are behind them. This of course does not apply to Terry, who is still very active as President of the ECCA and hoping to serve at least another term.

It is always pleasing to report another watering hole for cyclists and this one is situated in the lovely countryside of Suffolk, in the village of Hawstead, about 6 miles south of Bury St Edmunds. It was the old Metcalf Arms but is now a bike shop and cafe, rapidly becoming a popular venue named Maglia Rossi. Here was spotted a lady who needs no introduction - Vera Staines. After their retirement she and her husband made their home in Holland, and after Jim's death Vera has remained there, though she often visits her daughter Mandy Burchett in Barnham. She will always be associated with the Mildenhall Rally into which she put so much hard work during her years as organiser. Mandy and her husband Mark have assumed her mantle, the latter also being Chairman of Mildenhall CC.

In their golden years Jim and Vera set many records on their tandem trike at club, district and national level, some of which still stand, notably the 12 hour. Mother and daughter eventually took over the Longstaff machine and added to its record tally.

The ever energetic Eric Angell must have been disappointed with the low entry for the open circuit 25, when entries on the adjacent fast course are 2-300. Nevertheless it was a success, after the course flooded last year. There were only a handful of entries from outside the Group but the main prize winners were among these and the Stourvale Shield

went to Bedfordshire. Eric, making himself useful as usual around the event HQ, reported that the well remembered white skin suit will not be seen in action again! The Ellesmere Centre at Stetchworth is a most agreeable venue, it's just a pity that it is so convenient for other courses.

Mentioned in the long list of regular helpers, acknowledged on the result sheet, was Ted Jackson, CTT man for East District, who has recently been honoured with life membership - well done Ted and well deserved.

Congratulations also to evergreen Eddie Fone and to one time chairman Peter Jackson on celebrating their 90th Birthdays - suitable greetings have been sent to them.

Not such good news of Eric Marsh, who surely must have been one of our most prolific record breakers over many years. He was cycling to work as usual, when an approaching car turned right across and knocked him sideways, the driver failing to stop. The police assumed, as they often do, that he had "just fallen off his bike". Luckily the incident was recorded on a video cam but the driver got away. Eric was left with two cracked vertebrae which required pinning and is in considerable pain, and with limited movement. Hopefully his fitness will aid his recovery, which may be a very long job. This is a sad end to an illustrious career as he has decided not only to hang up his wheels, but has disposed of all his machines and equipment. It was said at one time that Eric was winning so many age standards because those standards favoured trixies, so he got on his bike and still beat them all!

A typical report in a group newsletter of 1995, when Bob Ward was editor, says "with his now traditional clean sweep of all the national trike records, 10-100 miles".

New group newsletter editor Andy Grant, had made a good start with his first edition and is now making an onslaught on the website to bring it up to date. The group continues to flourish and here is a welcome to new

members this year, though sadly an equal number have resigned or lapsed.

Jason Davies (45, W Suffolk Whs), Roger Sewell (69, Hounslow & Dist, transfer from L & HC), Antony Birt (42, Team Bottrill), Mick Case (49, Beds RRT), Adrian Gorman (54, Kettering CC), Kay Burgess (48, Kings Lynn CC), Brian Carr (52, Gt Yarmouth CC), Antony Dando (45, Shaftesbury CC), Gavin Lewis (39, Cambridge CC), Paul Sparks (44, Ely & Dist CC), Paul Dennington (52, VC Baracchi), Graham Pepperdine (53, Verulam CC), Brendan O'Brien (48, Lea Valley CC), Mark Endersby (43, Anglia Velo), Steven Kaye (57, Fenland Clar), Philip Waring (47), Mark Ingram (53, Fenland Clar), Carl/Rebecca Murley (53/41, Wisbech Whs), Malcolm Smith (53, Peterborough CC), James/Keterine McPherson (49/48, Hitchen Nomads), Nev Everett (54 (Diss & Dist), Ian Cardy (53, Chelmer CC), Stuart Fairweather (40, Team Velo Velocity), Jonathan Talbot (45, Wisbech Whs), Marshall Crowe (58, Plomesgate CC), Ian Jackson (54, Shaftesbury CC), Wendy Gooding (53, Team Bottrill), Karen Dennett (60, Bishops Stortford CC), Andrew/Anita Ward (50/47 (W Suffolk Whs), Antony Gough (42, Velo One CT)

Only those affected may be aware, but riders who enter by post are not receiving start sheets, nor sometimes result sheets. These are needed not only for personal records but for claiming age records and for various competitions. One such organiser on being asked if a result could be sent by post, replied "Ring me if you have not received one in two months". Not everyone has email access.

## **KENT**

*Ian Turner*

The Group's 2017 events kicked off on 19 March with the open '30' Group Championship event on Q30/2 (Kingsnorth - Brookland - Kingsnorth). This event, for the Charles Robson Trophy, was won by Nick Wilson (Rye & District Wheelers) - both scratch and OAS - with a time of 1.07.00, +8.29. Bronwen Ewing (+15.07 - also first Lady

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Vet on scratch - 1.13.49), Simon Henderson (+14.15) and Shaun Williams (+12.08) filled the other medal slots. The team prize was taken by Rye & District Wheelers (Bronwen Ewing and Nick Wilson) with +30.58.

The Group's second open event on 25 March was the open '10' on the Q10/22 course from Harrietsham to Charing and back. This event, for the Mick Dansie Trophy organized with the normal friendly efficiency by Val Peachey, was won by Bronwen Ewing with 23.23, +5.35. Of the conditions, Val writes "Although it was bright and sunny this year the wind was a relentless cold north westerly – no good to man nor beast. Despite this, some excellent times were recorded especially by Tom Rowing and Nic Fennell, both recording 21 minutes rides. Well done to Bronwen to take the Mick Dansie Trophy this year, holding the men at bay and taking the fastest lady on scratch award and also led in the team on age standard". Simon Henderson (Thanet RC +4.47), Tom Morton (PMR +4.16), Anthony Bee (Wigmore + 4.05) and Richard Williams (Bigfoot CC +3.55) filled the other medal slots. As mentioned by Val, the team prize was taken by Rye & District Wheelers (Bronwen Ewing and Dave Greenwood) with +8.19.

The Group's Wednesday '10' series is now organised by Bob Giles and Tom Morton following the retirement of Duncan Leith after many successful years (I won't hazard a guess as to how many). Two events were scheduled to have taken place, the first at Great Chart on Wednesday April 5th - actually organised by Carole Gandy as Bob and Tom were in sunny Majorca getting some secret training in - which went ahead despite the start being taken over by a building site; the second on Wednesday 3rd May which had to be cancelled because of road works and an accident. The Great Chart course will not now be available to us so it is hoped to run future events between Q10/33 (Tenterden) and Q10/1 (Hamstreet) provided that a traffic count on the busy A2070 on the latter course is favourable.

It was in the Summer 2016 edition that I reported my own accident early last season and that as a result I would not be able to race until at least early this year. I am happy to say that my consultant's and physiotherapist's prediction - that provided I strictly followed their instructions and was patient (no pun intended), they saw no reason why I would not come back stronger than before. This indeed has come to pass, at least the racing bit if not the 'stronger'. It's great to be back!

Safe training and racing out there - reports of seriously dodgy drivers seem to be on the increase!

## **LONDON & HOME COUNTIES**

*Results provided by Geoff Perry, the rest by John Hoskins*

The Group Don Byham Memorial 10 mile time trial was run successfully on the first bank holiday Monday in May on the ever popular Tring course, with almost 120 entrants. There were worries that this event would have to use a different course because of road works and temporary traffic lights north of the Aylesbury roundabout, but fortunately these were not in operation at the weekends. About two thirds had the opportunity to chat to the start time keeper and push-off, and despite the windy conditions fast times were posted. Adam Bidewell (Surrey & Sussex) was fastest on actual time (19:02) and standard with +6:57, beating Julian Elliott by just 2 seconds. Stuart Evans travelled all the way from South Wales to take third (+6:44). So prizes were fairly well spread out amongst the groups which continued with the team and women's awards.

Team Bottrill took the team award with riders Robert Watson (EA), Wendy Gooding (EA) and Ben Brandon (LHC). The women's best on standard was our own Danuta Tinn (+6:17) with Wendy second (+5:34) and Gillian Reynolds third (+4:59). Danuta was the LHC BOS so missed out on the coveted Don Byham Trophy, which goes to second BOS LHC group member which was Tim Childs (+5:57). He

headed up a string of LHC riders who filled places 11-19 and included yours truly. Oldest rider by a country mile was VTTA national membership secretary Merv Player (EA) who did a very creditable +4:59.

Danuta Tinn was third fastest female with 57:31 in the Sportzmad event on the fast Welsh course R25/3 on 14<sup>th</sup> May. Last year's winner, on actual time and BOS, Liam Maybank was unfortunately a DNF because a front spoke broke as he was descending the hill but fortunately he was able to keep the bike under control.

However, Liam was second fastest on time (18:59) and BOS in the High Wycombe 10 which was held on the H10/22 course over Easter. Ian Greenstreet (20:22) also won a BOS prize as did Robert Gilmour (21:49) and Katja Rietdorf (22:38) in the women's event. In addition to cash prizes they were also presented with Easter eggs. Chairperson David Guy (24:08) was one of the early birds off in this event and other committee members Tim Childs (21:45) and Geoff Perry (22:42) also rode.

And so to the next group event, the first of our mid-week events on Thursday 25<sup>th</sup> May at Knowl Hill. The event will be over by the time you read this but too late for the result of course. The season continues with the second of our F11 promotions, limited to VTTA members of course, on Wednesday July 19<sup>th</sup>, followed by the H10/2 promotion on Wednesday Aug 3<sup>rd</sup> and finishing with the Rocco 25 on the popular H25/2 Marlow course. The three mid-week events are all under the control of David Guy, group chairman, who despite not having organised an event before, took on all three. Another new TT organiser is Tim Childs running the October event.

As always we reward the marshals and helpers at all of our events with free tickets for the prize-giving luncheon in January and cash awards if there are over 100 riders.

However the group still needs at least two more committee members, hardly an onerous task but vital to the group's wellbeing. We are also hoping that someone will come forward to take responsibility for the group's trophies. The appearance of the trophies at the lunch this year proved very popular and the committee want to continue this if at all possible. We are trying committee meetings at Ealing (at the end of the Central Line) for a change as it is more central than Knowl Hill for the current committee. The group is changing and hopefully growing – and new blood on the committee can only help.

One problem we will be addressing is the lack of a full website for the London & Home Counties group. Any advice or opinion on what is required and the best way to achieve it would be welcomed by the committee – please contact John Hoskins on [westerleyjohn@btinternet.com](mailto:westerleyjohn@btinternet.com)

## **MANCHESTER & NORTH WEST**

*Jim Ogden*

Reaching my late 80s, I've noticed that attending funerals has become a more frequent commitment. Older relatives have all gone and sadly, it is contemporaries who are now departing. It was particularly sad to learn that my old friend and club mate Graham Morris had suffered a heart attack aged 84 whilst playing golf on holiday. All attempts to revive him failed. As well as being a successful racing member of Altrincham Ravens, Graham served as chairman of the RTTC National Council 1982 – 1993, having taken over from his club-mate Peter Walthall. It was standing room only at his cremation held at Bradwell, Newcastle, Staffordshire on April 27<sup>th</sup>. Members of the National Committee, Astbury Golf Club as well as cycling clubs were all well represented. Graham and his wife Mavis were a wonderful couple and I have been promised a full obituary for next time.

The three 10 miles events promoted by the M & DTTA in March, in spite of the damp

weather, had all attracted almost full fields, as did the first 25 on J2/9, The Withington Wh event held on April 1<sup>st</sup>. In fact the 25 was over-subscribed! Regulars posting good times included Mark Turbull (TORQ Performance) 53:10; Simon Bridge (Manchester BC) 55:20; Paul Shalliker (Coveryourcar.com) 58:21, and our best bet for best on standard, Mike Cotgreave (Westmead Team 88) 1:02:18. Other group members included Stephen l'Anson (Buxton RC) 1:03:28; Jim Williams (Weaver Valley) 1:05:44; Roger Wrenn (Macclesfield Wh) 1:05:53; Paul Barber (Seamons CC) 1:05:36; Janet Barber (Seamons CC) 1:10:05. Regular visitor Jill Wilkinson (Chester RC) was actual fastest lady in 1:01:00.

The Buxton Mountain Time Trial, now hosting the Knight Composite Classic, was held as usual on Good Friday, this year the 14<sup>th</sup> April. The course length is 33 miles. Riders from Tem Bottrill filled three of the first four places, the fastest being Brett Harwood in 1:25:49. It was a visitor from Jersey, Jack Rebours (Caesarean CC), placed second in 1:26:17, who split the team. The fastest local rider was from the promoting club, Joe Bowers (Buxton CC/Sett Valley Cycles) who recorded 1:33:59 and he was just one of twelve riders from his club.

The Nelson Wh Circuit of the Dales 50 was held as usual on the first Sunday in April, this year April 2<sup>nd</sup> and attracted almost a full card. I first rode this event in 1951 on a 72" fixed gear. Our objective those days was just to beat evens. I also rode when Dave Lloyd was first man to complete the circuit within 2 hours - Incredible! This year's event beat no records and was won by Philip Graves (Nopin) in 2:03:45, but it was noticeable in that, placed third was Alistair Brownlee (Leeds Triathlon Centre) in 2:04:33 who we are more used to seeing with his brother winning international triathlon events. I believe our own group member, riding for Manchester & NW Vets was Carl King, placed 41<sup>st</sup> in 2:26:14.

The Group promoted the VTTA National 10 mile championship on Saturday April 8<sup>th</sup>, ably organised by Roy Deakin. A separate report by

the VTTA representative Brian Camfield, our Group Secretary, is in this edition. However, I have a few comments, having been with the time-keeper Phil Heaton phoning results to Andy Regan on the result board. On a sunny afternoon, the pre-race favourite and current champion was Ron Hallam (South Pennine RC) and, at 86, the oldest man in the event. The favourite did win in 28:02 +06:18. Ron confided in me that he had been slightly delayed both ways at Chelford Island, and that "A long 27 would have sounded much better". He went onto lead the winning Notts & East Mids Group team together with team mate Ken Stevens and Colin Parkinson (South Western Road Club). Terry Icke (Velo Club St Raphael) aged 73, was runner up and represented the Wessex Group, but had not travelled up from the South Coast and his favourite 'P' courses as he has permanently moved north and now lives in Telford, handy for the J and D courses. His time was 23:30 and +6:09. Tying for third place were Brian Hargreaves (70) (North Lancs RC), a previous Vets Champion at 100 miles and with an equal plus of +5:32, Gavin Hinxman (49) (Drag2zero). Gavin had also the actual fastest ride of the day in 21:09. The Group's best placed rider was Mike Cotgreave, placed sixth with 24:28 +5:11. Brian Camfield presented the awards. He had been placed second himself last year and still managed to keep it in the family, with the first lady prize going to his daughter, Liz Powell (Mike Vaughan Cycles) 23:15, +4.58. Congratulations are due to Roy on his excellent organisation and providing an equally excellent full colour finishing brochure.

As I write, the M&D TTA Championship 25 was held last Saturday, May 13<sup>th</sup> and again it was a full field. Their new champion is Adam Robinson (Vision Racing - who are sponsored by Delamere Dairy/GRM Property and Swinnerton Cycles); his winning time was 52:36. It was a close finish, David Crawley (Velotic Racing Team) was only 4 seconds behind him in 52:40 with Mark Nulty (Glossip Kinder Velo CC) sharing third place in 53:04

with Mark Turnbull. Group members chosen from the finishing sheet include Darren Maironis (Velotic RT) 53:38; Adrian Hughes 56:04; Stephen l'Anson 56:47; Daniel Mathers (Seamons CC) 56:58; Paul Shalliker 57:18; Mostyn Bulloch (Buxton CC) 57:28; David Wright (Warrington RC) 58:17; Dave Fearon (Weaver Valley) 58:18; Robbie Harcourt (Salford CC) 1:00:28; Mike Cotgreave 1:02:06 and David Steel (Lyme RC) 1:18:08 (and not last). Our two group ladies were Joanne Harcourt (Stretford Wh CC) 1:14:14 and Caroline Fearon (Weaver Valley) 1:15:11.

When I am riding leisurely around Cheshire I have noticed an increasing number of sportive events and also the number of riders choosing our local courses is on the increase. Let's hope their numbers won't fall off as the distances increase. News of the longer distances next time and there is still a lot of the racing season left.

## **MERSEYSIDE**

*Geoff Edgerton*

I trust everyone survived the winter and like myself is raring to go, with the racing season getting into full swing. I have just arrived back from my long mid-week training ride with my sparring partner Phil Guy and another fellow Norths rider. Eighty miles into Wales with a beautiful ride over the top from Llanrhaeadr to Glyn Ceiriog via Llanarmon. I have to say that I have never rode over there before but what a lovely ride. The only thing missing was the sun. However when it was raining all day at home, I think we could take that as a bonus.

Talking of sun, I have recently returned from two weeks in the sun of Mallorca. I know I seem to mention it every year but I am working on the basis that most of you have forgotten last year's contribution. What is also really nice is the generally good attitude of the motorist to the cyclist. It cannot be easy with so many on the island, a real test for the locals. And a real mix for cycling, you can stay

on the flat or there are excursions into the mountains which are a decent challenge. Wherever you go, be it a town or village, there will be at least one coffee shop in the square.

I also managed a long weekend in Belgium to watch the Gent-Wevelgem race and taking in the sportive on the Saturday. I know, it's a hard life, retirement that is. Again we were blessed with decent weather which at that time of year basically means it was dry. Five of us from the Norths made the trip, we had an overnight stop at the Travelodge at Ashford for an early start to catch the 6 o'clock from Dover to Dunkirk. We have done this quite a few times over the years and in fairness to Phil, it usually runs like clockwork. Leave the cars in the multi storey car park at the Port of Dover and then onto the ferry with the bikes. As they say, what could possibly go wrong? A 4am alarm call and we're on our way with plenty of time. On arrival at Dover, we turned into the entry for the car park to be confronted with it fenced off and in the process of being demolished. This was one of the rare occasions when Phil went completely quiet. Well not completely quiet but comments unable to put into print. Luckily, a police car was nearby and after a few frantic phone calls, they found a car park for us, airport style, which however was the other side of Dover. Anyhow, we found the car park quite easily, bikes out of the cars, panniers on and as they say we were good to go. I have never done a five up time trial before, not least through the centre of Dover. I did say to Dave Drew if I had known this was going to happen, I would have put tri-bars on. After all this frantic effort, we unfortunately missed the 6am ferry and had to wait two hours for the 8am. If anybody is crossing the channel and hoping to leave their car at the Port of Dover, think again.

From Dunkirk we cycled to Ypres which was our base for the weekend. As you all know, it is steeped in history of the First World War. We visited a couple of cemeteries which I have to say were impeccably kept, the

museum in Ypres, which was definitely worth a visit but the one thing that I really wanted to see was the last post at the Meningate. What a moving experience which left a lump in my throat. The sportive was pretty good with the highlight being the gravel over the Kemmelberg. I know it's not particularly long but quite steep in places. This was to be our vantage point when we watched the race on Sunday. All in all, a good week-end.

The first group competition of the year was the Mid Shropshire Wheelers 50 mile time trial, where the Dick Corris and Eddie Gradden trophies were up for grabs. I am pleased to say that two of my fellow North Shropshire Wheelers have claimed them. Richard Kay probably surprised himself by claiming the Eddie Gradden Trophy with a time of 2.01.37 (+14.55). Work commitments have limited Richard's training so his was an impressive performance. Fellow club mate Dave Wilson joined the Vets for the first time this year and quickly made his mark by recording 2.21.36 for a plus 17.55 to claim the Dick Corris Trophy on standard. There were also good rides for Port Sunlight Wheelers' Kevin Larmer who finished ten seconds adrift with a time of 2.01.47 (+16.31) and the Mid Shropshire Wheelers' Jenny York would be pleased with her morning's work to finish in 2.19.49 and a third place standard (+16.18). Chester Roads Ian Hawkins showed good early season form with a 2.15.36 (+3.58). Ian Casson finished in 2.23.56 (+3.55) while another newcomer to the Mersey Vets, Janet Fairclough of St Helens CRC with a time of 2.25.20 (+8.58) finished ahead of Oswestry Paragon Helen Tudor's effort of 2.27.43 (+2.32). I think I have included everybody. Apologies if there are any mistakes. Enjoy the rest of the cycling season and stay safe.

## **MIDLANDS**

See report elsewhere of the VTTA versus LVRC Welland Trophy.

## **NORTH**

*Gavin Russell*

Happily, with so much worrying news about, we have, in the North Group no birth, deaths, injuries or marriages to report. However, with the 2017 season well underway, I am able to report on the members' participation in the Group events so far.

Saturday 22 April: Hartlepool CC/VTTA North Group 10ml on T105 – Organiser: Phil Wright  
With a field of 54 riders, 24 of them North Group members out of 44 riders over the age of 40, the event was held with decent weather, produced some stunning rides for this time of year.

Fastest and best on Standard was Shaun Tyson with a plus of 5:35. (actual 20:48). Other top rides were: Russ Richardson +5:28 (actual 22.04), Dave Robinson +4:59 (22:15) and Gray Walker +4:43 (actual 21:44). The winning team, open to VTTA members only, was taken by Hartlepool CC. First lady was Kerry Gowland with a ride of 25:15.

Sunday 14 May: Hartlepool CC/VTTA North Group 10ml on T105 – Organiser: Paul Garstang  
It should be noted that this event was originally scheduled in the Cycling Time Trials Handbook as a 25 mile time trial on the T252/3 course. Unfortunately due to resurfacing activities by Highway England's contractor, the original course was not available. Fortunately, with early notification of the effect to this event from the contractor and the cooperation of Durham Police the event was transferred to the Sedgfield course and made a 10 mile time trial. The Group's thanks go out to Paul and his support team for the additional effort put in to provide an event, when it would have been too easy to cancel.

The result of the event, with 72 entries was held in good weather, was as follows:

First on Standard was Keith Murray in a time of 19:46, which being his first sub 20 minute ride on this course also gained him first on standard with a plus of 6:13. Other notable rides done by North Group members were: Shaun Tyson

with plus of 5:45 (20:42), Neville Martin +5:42 (21:44) and Gray Walker +5:05 (21:22)

Full result sheets are available on the Cycling Time Trial's website and also on the Teesside District Facebook page.

Sunday April 30<sup>th</sup> saw the VTTA National 15 mile Championship held in the adjoining Yorkshire District on the super fast Hull based V278 course. 21 North Group riders supported the event and experienced an exceptionally hard outward leg, with a super fast return. Best of the Group riders were: Dave Robinson with a plus of 8:06 (33:00) in 20<sup>th</sup> position. Tim Humphries returned a standard of +7:33 (33:02) for 30<sup>th</sup> place, Gary Hunt +7:29 (33:21) for 32<sup>nd</sup> place, Steve Fullerton +7:27 (32:47) for 33<sup>rd</sup> place and Gray Walker + 7:17 (32:37) for 38<sup>th</sup> place.

Group events continue for the remaining of the season with:

Saturday 3 June: VTTA North Group 10ml on T104 – Organiser: Ruth Crossley

Sunday 13 August: Darlington CC/VTTA North Group 50ml on T502 – Organiser: Dave Bennett

Sunday 3 August: Cleveland Coureurs/North Group 25ml (incorporating Teesside District Championship) on T252/3 – Organiser: Gavin Russell

Sunday 17 September: Hartlepool CC/VTTA North Group 25ml on T254 – Organiser: Paul Garstang

An update on the Cycling Time Trials National 50 mile Championship being held on Sunday June 25<sup>th</sup> in the Teesside District and is now on an alternative course to that published on the Cycling Time Trials website and in the Handbook. Due to continuing road re-surfacing work, this time on the bottom end of the course on the A168, the event will be held on the T502/2 (twice round Crathorne to Knayton and back). The headquarters remains at the Conyers Academy School south of Yarm.

Any help members can give to this event or any other Group events will be much appreciated by the organisers.

The Croft closed circuit "Come & Try It" 10 mile time trial events commenced on the 3<sup>rd</sup> May with a good entry on the evening of 64 riders. Many were new to time trialling, with a good number over the age of 40. Unfortunately, other than word of mouth, VTTA members present were only able to talk about the organisation, as it appears no printed information is available for distribution.

Further events are organised for Wednesday 31<sup>st</sup> May, Wednesday 19<sup>th</sup> July and Tuesday 15<sup>th</sup> August. Everyone is invited to partake of this unique experience, for £5 per rider (£4 for under 16's). Further details can be provided by contacting the writer, whose details are at the end of this piece.

As a further reminder to all competitors for the 2017 season, a new Cycling Time Trial Regulation comes into force that requires all riders to sign in and out at open events. Failure to personally sign out, (when returning your number) could lead to a DNF being recorded against your name.

Once again, should you wish any news or information to be included in these reports please do not hesitate to contact the writer on [gavin\\_russell@hotmail.co.uk](mailto:gavin_russell@hotmail.co.uk) or telephone 01642 654419.

## **NORTH LANCASHIRE & LAKES**

*Dave Brown*

Certainly the highlight of the season to date in our VTTA North Lancs. and Lakes Group has been the 'Double Dead Heat' in our April VTTA Wednesday afternoon '25'! Two of our country's top veterans – and indeed top time triallists – Richard Bideau and Steve Irwin had an incredible dead heat on time – and also dead heat on standard!!

Richard was first of them cross the finish line of the country lane course that included two passes of that always windy stretch of road along the Cockerham Sands. This will still be firmly in the memory of any reader who ever rode the famous and much missed Lancashire

Road Club 12 Hour as it was part of the finishing circuit.

Time keeper – our Group Chairman Richard Taylor – gave the Pendle Forest Cycling Club's Richard a time of 53m 50s. Then - exactly 10 minutes later - Steve of the North Lancs. Road Club was timed in with precisely the same time.

When it came to standards – as both are now 46 - they also had an equal 'plus' of 13m 25s!!

I must report that at the HQ afterwards that the exact stopping time of the time keeper's watch was checked and also the actual date of birth of the two riders, who – long ago – were good friends in the same class at a Burnley Primary school! The very fine tuning did give one rider the 'win' on one account whilst the other rider was 'winner' on the other account!!

Other VTTA members in the placings were: Peter Greenwood (Team Swift) third on standard with +11m 12s, followed by Russ Richardson (Teesdale RC) + 9m 11s and Lee Faulkner (Preston CC) +9m 10s. Of the Ladies Zoe Whiteside (Team Bottrill) was best on standard with + 2m 41s and Sue Cheetham second lady on standard with - 0m 32s. Steve Irwin was supported by Roger Haydock and Graham Sheard to ensure that the team on standard went to the North Lancashire Road Road Club.

Several of our group's other promotions and qualifying events this year are already changed as I write, road works being the issue. Both the A66 in Cumbria and the A59 in Lancashire are scheduled for work that could certainly affect us. Already we have changed the date of our scheduled Group 50 mile Championship promotion. It was planned for Sunday May 21<sup>st</sup> and will now be held on the originally planned course in Cumbria on August 20<sup>th</sup> – event secretary Richard Taylor would welcome offers of assistance on that day.

10 qualifying events for the Group Championship were given in March "The Veteran".

As we go to press three are complete: VTTA April '25' (reported above), the Wigan Wheelers '30' and the West Pennine '10'.

The seven still to come – including re-scheduled events are:

May 21<sup>st</sup> '50' will now be held on same L505R course on Sunday August 20 at 0700 hours.

June 11<sup>th</sup> Border City Whs '50' on L505 0900 hours has been cancelled following the road works issue on the A66. For our VTTA Group Championship this will be replaced by the Yorkshire Road Club 50 on September 10<sup>th</sup>.

June 14<sup>th</sup> WPRC/VTTA '25' on L256 (A59) 1900 hours

June 25 NLTTA '100' L10010 - as we go to press rescheduled for Bank Holiday August 28<sup>th</sup>.

July 23 Lancashire RC '25' on L2521A 0700 hours

August 13 Lancaster CC '25' on L2524 0730 hours

(August 20 – the rescheduled May 21<sup>st</sup> '50' as above)

(August 28 – Bank Holiday Monday – NLTTA '100' - details as CTT handbook on June 25<sup>th</sup>)

(September 10 - Yorkshire RC '50' - replacing Border City Wheelers 50 as above)

September 17 Springfield Financial '10' on L1015 0730 hours

The CTT National Championship 10 mile events are scheduled for Sunday 3<sup>rd</sup> September on the A66 road. These should be unaffected by the present road works which are due to finish mid-July and also that the 10 mile course to be used is not using the section of A66 where the road works are at the present time.

We should thank Sue Cheetham and Graham Sheard - our two Group representatives at the

# PHOTOS FROM THE GROUPS



Old school friends  
Steve Irwin and  
Richard Bideau after  
dead heating on both  
actual and standard  
to win the NL&L  
Group 25



Bob Jolliffe, Wessex group correspondent, gets a good push from Jens Voigt



'The Veteran' has been publishing photos of VTTA kit in glorious monochrome for years, but this one is in full colour!



Surrey/Sussex group correspondent Jon Fairclough models his alternative colour scheme VTTA skin suit



North Midlands members won both the men's and women's North Midlands TT championships - Steve Gibson (Peak RC) left and Alix Archer (Sheffrec CC) right



VTTA AGM – for making the long round trip to Alcester.

The updated contact details of our Group Officials can be found elsewhere in this copy of *The Veteran*.

An update on one of our hardest working – and most popular - members over many years Keith Tattersall. In the last *The Veteran* I had said that Keith had been in hospital around Christmas time for a heart replacement valve to be fitted. The operation was on December 29<sup>th</sup> and now thanks to his cardiac rehabilitation course Keith is making very good progress. He is doing much more walking than previously and riding his bike on the turbo. He is also driving again and can ride his bike on the road under certain conditions.

We welcome five new members since our last edition of *The Veteran*.

David Smalley (of Blackburn and Clayton Velo), Ian Sibbert (of Morecambe and Garstang Cycling Club), William Henry Armstrong (of Wigton and VC Cumbria), Peter Leonard (of Newton/Preston and Southport CC), Bernard Clive Boothman (of Kendal and Kendal CC). We hope that you very much enjoy your time with our Group.

## **NORTH MIDLANDS**

*Alex Deck*

In my last piece I mentioned the debate relating to racing on the A1 and the lack of input from the CTT. Since then we have received the following response from National Secretary Nick Sharpe:

*"If the traffic count exceeds the levels as stated in Guidance Note 9, then the course should not be used at such times as the traffic count exceeds those levels.*

*It is the Board's view that it is for the Districts to carry out traffic counts and for the Districts to monitor this. The Board would only intervene if it was apparent that the traffic counts were being ignored and events were*

*being held at times what it clearly was not appropriate to do so."*

I'm not sure what sort of blinkers the CTT are wearing but they are clearly very effective. In view of this we have agreed to North Midlands clubs running events on the O10/3 for 2018.

### **North Midlands Time Trial Championships**

This was run on a challenging new SpoCo course near Stocksbridge, north of Sheffield and it was great that both the men's and women's trophies were won by vets - Alix Archer (Sheffrec CC) and Steve Gibson (Peak RC). (Photos page 19)

### **LVRC National TT Championship**

I'm sure I'm not alone in not looking out for non-CTT events so it's good to hear about this one. Keith Ainsworth (Langsett Cycles RT) won silver at the LVRC champs at Napton, Warwickshire in April - well done Keith!

### **RTTC Knight Composite Classic Series**

Joe Le Sage (Rutland CC) and Daryl May (Sheffrec CC) are doing a great job of representing the North Mids vets in this tough series. Joe is currently second vet and Daryl is third after round 4 in Scotland.

### **VTTA 15m National Championship**

I understand there's a full report on this elsewhere in the magazine, but we were thrilled to get two national records out of it for the Group - see below.

### **North Mids TT Series**

Not vets specific but a quick shout out for our local series, which is split into standard carriageway, SpoCo, and hill climb competitions. Check it out at <http://northmidlandstimetrialseries.org>. It's currently being led exclusively by vets, which is great.

### **New national age records**

- Alex Deck & Richard Dixon (49/53) - Mixed tandem 15m: 31.01
- Karen Ledger (44) - 15m: 33.42
- Karen Ledger (44) - 25m: 54.25

- Chris Melia (53) - 25m: 56.06

### **New group age records**

- Steve Gibson (50) - 10m: 19.33
- Chris Melia (53) - 10m: 22.30
- Karen Ledger (44) - 15m: 33.42
- Karen Ledger (44) - 25m: 54.25
- Chris Melia (53) - 25m: 56.06

As always, check our website for regular updates <http://vttanorthmidlands.co.uk> or follow us on Twitter at @VTTANorthMids.

### **YORKSHIRE**

*Chris Goode*

Congratulations are due to Mike Williams for successfully promoting the VTTA National 15 mile Championship at the end of April. Yorkshire was well-represented and the evergreen Brian Sunter was third on standard. Karen Taylor was fourth placed in the women's competition. Mixed tandem age records were achieved by Barbara and Mike Penrice as well as Richard Dixon and Alex Deck (of Yorkshire and North Mids groups respectively). It was good to see Brian Rose pin a number on once more despite his recent illness and ongoing treatment. Thanks to Team Swift members for making this event possible.

A reminder please from Tony Stott, that membership renewal is appreciated in January and not timed to qualify for events where it is a condition, since by that time your membership will have been deleted and a new membership must then be set up. It is hoped that all members renew promptly for the following year. There is an option to set up a bankers order or to pay on line. It should be noted that where Tony has no email address for you reminders are not sent out. Thirty memberships have been cancelled due to non payment this year.

We have 17 new members since early March. They are: Elaine Ward and Mick Storey (Scarborough Paragon), Simon Wright (York Cycleworks), Keith Ingham (age 81!) (VTTA Yorkshire Group), David Leckenby (Ilkley CC), Patrick and Carol O'Connor (Calder Clarion), Alex Russell (City Road Club (Hull)), Gary Simpson (Jackpot Racing), Nick Nettleton and Joanne Burnett (Wilsons Wheels and Team Swift), Patrick Madden (Ilkley CC), John Hallas (Valley Striders CC), Patrick Madden (Ilkley CC), John Hallas (Valley Striders CC), Derrick White (City Road Club (Hull)), Glen Turnbull (Patron), Debra Charlesworth (Cliff Pratt Racing) and Gary Murfin (Settle Wheelers). We hope that you have a long and enjoyable stay in the VTTA

Coming up we have a ten mile race on 22<sup>nd</sup> July, organised by Andrew Vaughan and on 2<sup>nd</sup> September Mike Penrice puts on (paper entries only) a second 10mile TT, both on the V718. All help will be much appreciated so please let Andrew and Mike know that you are available in good time.

The Tour de Yorkshire was another great success and we have the summer to look forward to. The Yorkshire Wolds were resplendent this morning; if you have the chance head towards Thixendale where you will find some superb cycling terrain and some excellent cafes. Tomorrow, the York Rally sportive is on and it heads into the North Yorkshire Moors, including two of the great climbs in the country. I recommend Simon Warren's books on great cycling climbs in Yorkshire, throughout the British Isles and Europe.

Keep those wheels turning and keep your eye out for the August meeting. (*Monday 7th August at 7.30pm, Collingham Memorial Hall, LS22 5BX - Ed*)

***"Around the Groups" is continued on page 36***

# HIGHCLERE STRINGS



Highclere Strings is a professional string quartet based in the south of England which is led by the National Secretary of the VTTA, Rachael Elliott. The quartet helps create a refined and beautiful musical setting for your event whether a wedding, cycling club awards dinner or corporate event.

To discuss your requirements further, please telephone +44 (0)7970 783041 or email [info@highclerestrings.co.uk](mailto:info@highclerestrings.co.uk)

20%

discount for all  
VTTA members

For more information about the quartet and to listen to some sample performances please visit our website [www.highclerestrings.co.uk](http://www.highclerestrings.co.uk)

## THE WELLAND TROPHY LVRC/VTTA TIME TRIAL

[Supported by Echelon Cycles of Pershore]

*Alan Colburn*

The third annual promotion of the above trophy marking friendly competition between the VTТА and LVRC, took place on Sunday 9<sup>th</sup> April. The first two years were run under VTТА rules and results were decided on their Standards system. This year we decided to have a change and organised it under LVRC rules using Age Groups. A bright dry morning was chosen for this event and three 2-up teams got the 16 mile time trial under way with a civilised start time at 10.00 am.



*The winning LVRC team (L to R) - Chris Davis, Jonathon Griffin, Mike Amery, William Davies and Rob Nicholls*

Mike Amery, and Will Davies [VC Sevale] won the first placing for the LVRC towards the Trophy team award and the solos started out with the H group and then followed through with the slightly younger riders. Full results are published below but fastest ride of the morning was by Jon Simpkins of Drag2Zero with a scintillating 35:07, followed by the Echelon Cycles proprietor, Tim Wood, in 35:21 – a valiant attempt to claw back some of his sponsorship prize money. Third fastest overall was Jeremy Pile of VC Sevale with 36:50.

The Welland Trophy has always been decided between the two Associations, rather than club teams, and this year was decided on the basis of the winners of each age group plus the 2-up team of two. Results were quickly calculated and the LVRC claimed the trophy for this year by 5 points to 4.

This year saw the event move up to international status with the inclusion of a Spanish rider who had some difficulty getting to grips with the English time trialling scene and went off course on his ride. He was present at the prize-giving, still with a big smile on his face, accepting the fact that nobody else knew the Spanish for “Turn Left” !! He did receive a generous round of applause for his efforts.

Our grateful thanks are due to all the willing people who helped Mike Amery and me to put on this event: timekeepers, recorder, marshals, refreshments and, of course, Echelon Cycles for their generous sponsorship. We are also grateful to Andy Legge for some great photographs illustrating how much riders enjoyed their little excursion in the spring sunshine. Go to:

[https://1drv.ms/f/s!AkKV3X3DDu4BjB-Kwl32\\_26BQ4c8](https://1drv.ms/f/s!AkKV3X3DDu4BjB-Kwl32_26BQ4c8)

We'll be back next year – same course, same weather, same refreshments [well – we had a few buns left over this year], around about the same date so why not bring a couple of your mates and we'll have a good get-together after you've ridden one of the best courses in Worcestershire.



*Chairman Andrew Simpkins defends the honour of the VTТА*

**2-Up TTT**

No.	Name	Club/Team	Cat	Team	Time	Prizes	
1	Mike	Amery	Velo Club Sevale	D	L	37:53	<b>1st *</b>
2	William	Davies	Velo Club Sevale	A	L		
3	Marcus	Walker	Bush-Healthcare CRT	D	L	40:54	
4	John	Poole	Team Echelon-Rotor	E	L		
5	Andy	Collis	Biciciclo	A	L	39:13	<b>2nd</b>
6	Stephen	Jones	Biciciclo	D	L		

**Solo**

11	Mick	Ives	Team Jewson MI Racing	H		DNFA	
12	Murray	Kirton	A5 Rangers CC	H	V	46:33	<b>1st</b>
13	Stephen	Williams	Stourbridge CC	F		DNF	
14	Joanna	Knight	Bristol South CC	F	V	44:27	<b>1st</b>
15	Paul	Davies	Bush Healthcare	F	L	46:06	<b>2nd</b>
16	Chris	Davis	Giant Halo Films CC	E	L	38:41	<b>1st *</b>
20	Richard	Coleman	Stourbridge Velo	E	L	40:17	<b>2nd</b>
19	David	Evans	Team Echelon Rotor	E	V	40:22	<b>3rd</b>
21	Jonathan	Davies	Stourbridge Velo	E	L	42:55	
17	Andrew	Simpkins	Solihull CC	E	V	43:34	
18	Peter	Nix	Rockingham Forest Whls	E	L	44:18	
22	Constantino	Llandelar	Richmond Boys	E	L	54:04	
24	Jonathan	Griffin	Cycology RT	D	L	37:41	<b>1st *</b>
25	Gary	Smith	Stourbridge Velo	D		42:53	<b>2nd</b>
23	Steve	Tucker	Clay Cross RT	D		DNFA	
27	Rob	Nicholls	Worcester St Johns CC	C	L	38:32	<b>1st *</b>
29	Simon	Wix	VTTA (S Wales)	C	V	38:38	<b>2nd</b>
28	Daniel	Kempe	Bristol South CC	C	V	38:39	<b>3rd</b>
26	Mark	Wise	Team Jewson MI Racing	C	L	38:53	
30	Mark	Bradley	Bristol South CC	C	V	39:02	
31	Dave	Walker	Worcester St Johns CC	C	V	39:07	
32	Paul	Welsby	Drag2Zero	C	V	40:37	
36	Jon	Simpkins	Drag2Zero	B	V	35:07	<b>1st</b>
39	Martin	Lines	WSJCC	B	V	37:03	<b>2nd</b>
37	Luke	Smith	Bristol South CC	B	L	39:21	<b>3rd</b>
38	Mark	Hand	WSJCC	B	V	40:42	
34	Richard	Oakes	Rapha CC	B		DNF	
33	Martin	Smith	Dream Cycling Team	B		DNF	
35	Mark	Webb	Velo Club Sevale	B		DNFA	
43	Tim	Wood	Team Echelon	A	V	35:21	<b>1st</b>
41	Jeremy	Pile	Velo Club Sevale	A		36:50	<b>2nd</b>
40	Simon	Adcook	Worcester St Johns	A	L	38:21	
42	Duncan	Webb	Echelon Pershore	A		40:00	

\* Indicates counting riders for LVRC Team Prize



# The Old Forge

*B & B and Holiday Barn, Knockin*

**The Old Forge Bed and Breakfast and Holiday Barn**  
**Knockin, Oswestry, Shropshire SY10 8HQ**  
**Telephone: 01691 682024 or Mobile 07828 663615**  
**www.oldforgeknockin.co.uk**  
**e-mail: enquiries@oldforgeknockin.co.uk**

**The Old Forge B and B**  
**Rated 4 Star by Shropshire Tourism**



A warm and friendly atmosphere greets all guests to The Old Forge Bed and Breakfast,

Knockin, which offers two twin en-suite bedrooms and one double/family room with en-suite. We pride ourselves on our full English breakfast using local produce. We offer a menu service so that guests can choose their own breakfasts. Wi-fi is available free of charge.

*"Excellent in every way. Thank you very much". Victoria, Australia*

***Please visit our website and view our Customers' Comments section.***

**The Old Forge Self-Catering**  
**Holiday Barn**  
**Rated 4 Star by Cottages4You**



In the garden of The Old Forge house stands the beautiful barn with south-facing views which is fully furnished and is let on a self-catering basis. It sleeps 4 guests. From the afternoon patio you are able to enjoy the use of the built-in barbecue with views of the local farmer's field where sheep, lambs and cattle are often seen.

*"This was our 3rd New Year and 4th stay as guests of Colin and Wendy in their splendid 'Old Forge' Barn. As always, the warmth of the welcome and generous hamper that greeted us on arrival was simply lovely. The barn cannot be beaten for utility, charm and home comforts".*  
England

The Old Forge B and B and Holiday Barn, which is run by Wendy and Colin Pearce, is located in the village of Knockin, half-way between Shrewsbury and Oswestry in Shropshire, which lies about two miles from the A5 which is the main road that links the South of England to North Wales. Knockin is a central point for horse-riding, golf, fishing, walking, cycling and visiting National Trust Properties. In the village is a local pub which serves good food. Nearby there are also numerous eating pubs and restaurants.

## VTTA 2017 NATIONAL CHAMPIONSHIP 10 - 8<sup>th</sup> APRIL 2017

*Brian Camfield*



*L to R - Susan Semple, Jayne Dickens, Brian Camfield, Liz Powell, Ken Stevens, Ron Hallam, Colin Parkinson, Gavin Hinxman and Terry Icke*

This year the privilege of organising the National Championship 10 went to the Manchester & North West Group and the event was held on the J2/1 course which is centred on Chelford in Cheshire on the A537 which runs north east/south west. This was probably the best direction for the very pleasant warm spring weather with a cloudless blue sky, temperatures around 18 degrees C and a light southerly wind. The turnout was excellent with most of the 115 entrants starting and few non-finishers.

At the Siddington Village Hall HQ, VTTA Championship medals were awarded as follows:

Prize	Name	Group / Club	STD	Medals
Champion and 1 <sup>st</sup> Male on Standard	Ron Hallam	Notts & E.Mids / South Pennine RC	+6:18	Gold
2 <sup>nd</sup> Male on Standard	Terry Icke	Wessex / VC St Raphael	+6:09	Silver
3 <sup>rd</sup> Male on Standard	Gavin Hinxman	East Anglia / Drag2Zero	+5:32	Bronze
1 <sup>st</sup> Female on Standard	Liz Powell	Midlands / Mike Vaughan Cycles	+4:58	Gold
2 <sup>nd</sup> Female on Standard	Jayne Dickens	Man & NW / Vision Racing	+4:12	Silver
3 <sup>rd</sup> Female on Standard	Susan Semple	Mids / Born to Bike - Bridgtown	+4:00	Bronze
Group Team Champs	Ron Hallam	South Pennine RC	+6:18	Gold
<b>Notts &amp; E.Mids + 15:27</b>	Colin Parkinson	South Western RC	+4:46	Gold
	Ken Stevens	South Pennine RC	+4:23	Gold
	Jayne Dickens	Vision Racing	+4:12	Gold
Club Team Champions	Claire Harrison	Vision Racing	+3:45	Gold
<b>Vision Racing / Delamere Dairy +11:35</b>	Tony Haley	Vision Racing	+3:38	Gold
	David Stockley & Murray Kirton	Midlands	+3:53	Gold
Tandem Champions				

For the men, there was a good age range for the medal positions with Ron Hallam adding yet another Champions jersey to his collection, winning with a great ride but this was only 9 seconds ahead of Terry Icke with Gavin Hinxman putting in a strong performance as last man off to finish in bronze medal position with the fastest ride of the day on actual time (21:09).

On the women's side Liz Powell was delighted to take the gold medal ahead of ever-improving Jayne Dickens and Susan Semple.



*Tandem champions David Stockley and Murray Kirton*



*Ladies winner Liz Powell receives her gold medal from proud dad and NEC representative Brian Camfield*

So far as the Group team competition was concerned, 10 Groups fielded teams but the Manchester & NW home team were unable to pull off the hoped for win with Ron Hallam's Notts & E.Mids Group staying ahead by 16 seconds.

This was the first Championship event under the 2017 AGM decision to also recognise the best Club performance and here Vision Racing (Delamere Diary) took the Gold prize with times that were well ahead of the field.

Any Championship event takes a lot of effort from a good number of people and I do not hesitate to thank Roy Deakin for putting together and for leading his team to make this a highly successful day in every way. Timekeepers were Graham Lawrence and Phil Heaton with times and eventual winners being shown electronically thanks to the computer expertise of Andy Regan. The final nice touch being a Kimroy photo which is being sent to every rider with the result sheet.

Photographs of this event can be viewed and purchased at: [www.kimroy-photography.co.uk](http://www.kimroy-photography.co.uk)

FINISH ORDER - 2017 VTТА NATIONAL 10 MILE TIME TRIAL TANDEM CHAMPIONSHIP								
Pos.	Name	Club	VTТА Group	Cat	Age	Std	Actual	Plus
1	David Stockley Murray Kirton	A5 Rangers A5 Rangers	Mids Mids	MTa n	76 76	29:10	25:17	03:53
FINISH ORDER - 2017 VTТА NATIONAL 10 MILE TIME TRIAL CHAMPIONSHIP								
Pos.	Name	Club	VTТА Group	Cat	Age	Std	Actual	Plus
1	Ron Hallam	South Pennine RC	N & EM	M	86	34:20	28:02	06:18
2	Terry Icke	Velo Club St Raphael	Wsx	M	73	29:39	23:30	06:09
3	Gavin Hinxman	Drag2Zero	EA	M	49	26:41	21:09	05:32

Pos.	Name	Club	VTTA Group	Cat	Age	Std	Actual	Plus
4	David Hargreaves	North Lancs RC	NL & L	M	70	29:02	23:30	05:32
5	Brian Sunter	Condor RC	Yks	M	73	29:39	24:18	05:21
6	Mike Cotgreave	Westmead Team 88	M & NW	M	73	29:39	24:28	05:11
7	Darren Maironis	Velotik RT	M & NW	M	44	26:18	21:14	05:04
8	Malcolm Smith	Peterborough CC	EA	M	53	26:59	21:57	05:02
9	Liz Powell	Mike Vaughan Cycles	Mids	F	42	28:13	23:15	04:58
10	Adrian Hughes	Seamons CC	M & NW	M	49	26:41	21:45	04:56
11	Philip Brown	Walsall Roads CC	Mids	M	65	28:14	23:22	04:52
12	Blair Buss	SSLL RT	Yks	M	52	26:54	22:04	04:50
13	Colin Parkinson	South Western RC	N & EM	M	55	27:09	22:23	04:46
14	Tony Farrell	Westmead Team 88	M & NW	M	72	29:26	24:44	04:42
15	Walter Wilkinson	Harrogate Nova CC	Yks	M	72	29:26	24:44	04:42
16	Chris Massey	Team Bottrill	S Wales	M	44	26:18	21:38	04:40
17	Karl Moseley	Moda R T	Mids	M	53	26:59	22:27	04:32
18	Arthur Winstanley	Liverpool Phoenix CC	M/side	M	60	27:38	23:09	04:29
19	Ken Stevens	South Pennine RC	N & EM	M	86	34:20	29:57	04:23
20	Chris Stanley	R P D Racing	N & EM	M	49	26:41	22:19	04:22
21	Gary Hunt	Hartlepool CC	North	M	54	27:04	22:47	04:17
22	Peter Leonard	Southport CC	NL & L	M	65	28:14	23:58	04:16
23	Jayne Dickens	Vision Racing	M & NW	F	48	28:43	24:31	04:12
24	Jonathan Unsworth	VTTA (London & HC)	L & HC	M	54	27:04	22:53	04:11
25	Paul Shallicker	Coveyourcar.co.uk RT	M & NW	M	45	26:23	22:12	04:11
26	Neil Holden	Lutterworth Cycle Ctr RT	N & EM	M	44	26:18	22:09	04:09
27	Roger Wrenn	Macclesfield Wheelers	M & NW	M	72	29:26	25:25	04:01
28	Simon Lester	Springfield Financial RT	NL & L	M	65	28:14	24:13	04:01
29	Mike Harris	Northumbria Police C.C.	North	M	65	28:14	24:14	04:00
30	Susan Semple	Born to Bike - Bridgtown	Mids	F	51	28:58	24:58	04:00
31	Stuart Aukland	Team Bottrill	L & HC	M	42	26:09	22:09	04:00
32	Robert Brown	EH Star Cycling	Scot	M	73	29:39	25:43	03:56
33	Alastair Semple	Stafford RC	Mids	M	49	26:41	22:46	03:55
34	Kevin Larmer	Port Sunlight Wheelers	M/side	M	46	26:27	22:34	03:53
35	David Evans	Team Echelon	S Wales	M	60	27:38	23:46	03:52
36	David Wright	Warrington RC	M & NW	M	58	27:26	23:36	03:50
37	Claire Harrison	Vision Racing	M & NW	F	43	28:19	24:34	03:45
38	Tony Haley	Vision Racing	M & NW	M	51	26:50	23:12	03:38
39	Michael Allen	Team Jewson	N Mids	M	70	29:02	25:29	03:33
40	Tony Stott	VTTA (Yorkshire)	Yks	M	72	29:26	25:56	03:30
41	Stephen Turner	Westmead Team 88	M & NW	M	57	27:20	23:50	03:30
42	Simon Phillips	Stockport Tri Club(2017)	M & NW	M	56	27:14	23:44	03:30
43	Ian Middleton	Vision Racing	M & NW	M	69	28:52	25:23	03:29
44	Derek Hodgins	Stockport Clarion CC	M & NW	M	83	32:49	29:21	03:28
45	Luke Vallance	Wrexham RC	M/side	M	46	26:27	23:00	03:27
46	Robin Vessey	Mickey Cranks CC	West	M	53	26:59	23:35	03:24
47	John Robertson	Mid Shropshire Whs	M/side	M	62	27:51	24:27	03:24
48	Paul McAllister	Cheshire CAT	M & NW	M	45	26:23	23:00	03:23
49	Andy Whitehead	Rockingham CC	N Mids	M	51	26:50	23:29	03:21
50	Jamie Carson	Chorley Cycling Club	NL & L	M	50	26:45	23:25	03:20
51	Nigel Wood	Vision Racing	M & NW	M	53	26:59	23:41	03:18
52	Mark Horsley-Frost	Buxton CC	M & NW	M	48	26:36	23:19	03:17
53	George Aldridge	Birkenhead Nth End CC	M/side	M	65	28:14	25:02	03:12
54	Tony Boardman	VTTA (M & NW)	M & NW	M	61	27:44	24:40	03:04
55	Shaun Eden	Mapperley CC	N & EM	M	40	25:29	22:29	03:00

Pos.	Name	Club	VTTA Group	Cat	Age	Std	Actual	Plus
56	Ben McAulder	Stone Wheelers CC	M & NW	M	42	26:09	23:11	02:58
57	Chris Henderson	Nottingham Clarion CC	N & EM	M	51	26:50	23:56	02:54
58	Pauline Atkinson	Seamons CC	M & NW	F	54	29:14	26:21	02:53
59	Alison Vessey	Mickey Cranks CC	West	F	62	30:06	27:18	02:48
60	Dave Nolan	Trainsharp	Yks	M	44	26:18	23:31	02:47
61	Peter Jones	Seamons CC	M & NW	M	52	26:54	24:08	02:46
62	Neil Wood	Dig Deep Coaching	Mids	M	45	26:23	23:37	02:46
63	Richard Durham	Settle Wheelers	Yks	M	62	27:51	25:06	02:45
64	Jocky Johnstone	Icarus Racing	Scot	M	75	30:07	27:23	02:44
65	Barry Armstrong	Seamons CC	M & NW	M	63	27:59	25:20	02:39
66	Denis Thompson	West Pennine RC	NL & L	M	66	28:23	25:44	02:39
67	Alan Lang	Hartlepool CC	North	M	59	27:32	24:54	02:38
68	William Renard	Macclesfield Wheelers	M & NW	M	69	28:52	26:19	02:33
69	Paul Jennings	Lyme Racing Club	M & NW	M	70	29:02	26:35	02:27
70	Molly Horsley-Frost	Buxton CC	M & NW	F	41	28:08	25:41	02:27
71	Alex Munro	Lancashire RC	Scot	M	83	32:49	30:26	02:23
72	Chris Gilbertson	Weaver Valley CC	M & NW	M	51	26:50	24:28	02:22
73	Harry Haseley	North Lancs RC	NL & L	M	75	30:07	27:45	02:22
74	Neil Jones	Port Sunlight Wheelers	M/side	M	48	26:36	24:18	02:18
75	Jim Williams	Weaver Valley CC	M & NW	M	59	27:32	25:14	02:18
76	Phil Wright	Hartlepool CC	North	M	62	27:51	25:35	02:16
77	Graham Sheard	North Lancs RC	NL & L	M	69	28:52	26:40	02:12
78	Oliver Wright	Common Ln Occasionals	N Mids	M	45	26:23	24:17	02:06
79	William Sedgwick	Southport CC	NL & L	M	67	28:32	26:43	01:49
80	Ian Casson	Birkenhead Victoria CC	M/side	M	64	28:06	26:20	01:46
81	Andy Robinson	Vision Racing	M & NW	M	48	26:36	24:56	01:40
82	Neil Fort	Yorkshire RC	NL & L	M	71	29:14	27:34	01:40
83	Gary Ford	Team Bottrill	L & HC	M	41	26:04	24:30	01:34
84	Phil Humphrey	Crewe Clarion Whs	M & NW	M	68	28:42	27:11	01:31
85	Chris Warner	Stone Wheelers CC	M & NW	M	56	27:14	25:47	01:27
86	David Golden	West Pennine RC	NL & L	M	57	27:20	25:57	01:23
87	David Steele	Lyme Racing Club	M & NW	M	77	30:40	29:30	01:10
88	Dave Bennett	Darlington Cycling Club	North	M	68	28:42	27:32	01:10
89	David Shorrocks	Springfield Financial RT	NL & L	M	68	28:42	27:46	00:56
90	Alan Renyard	Guernsey Velo Club	Wsx	M	75	30:07	29:21	00:46
91	Alan Shuttleworth	Weaver Valley CC	M & NW	M	70	30:50	30:09	00:41
92	Peter Knott	Kent Valley RC	NL & L	M	80	31:37	31:33	00:04
93	Sarah Soden	Leicester Forest CC	N & EM	F	53	29:09	29:08	00:01
94	Alan Gay	Team Swift	Yks	M	69	28:52	29:05	-00:13
95	Pat Stacey	Lyme Racing Club	M & NW	F	57	29:32	30:11	-00:39
96	Harry Cowley	Chester RC	M/side	M	69	28:52	29:49	-00:57
97	Ala Whitehead	Rockingham CC	N Mids	F	43	28:19	30:07	-01:48
98	Dave Joynton	Lyme Racing Club	M & NW	M	72	29:26	31:30	-02:04
99	James Lawley	Barrow Central Whs	NL & L	M	74	29:53	31:59	-02:06
100	Philip Handy	VC Pierre	M & NW	M	64	28:06	31:02	-02:56
101	John Budzik	Lyme Racing Club	M & NW	M	63	27:59	31:02	-03:03
102	Philip Norcop	Kidsgrove Wheelers CC	M & NW	M	67	28:32	31:56	-03:24
103	Derek Black	Wigan Whs CC	NL & L	M	68	28:42	32:47	-04:05
104	David Hurst	Congleton CC	M & NW	M	77	30:40	35:44	-05:04

DNS - Nigel Harrop (Seamons CC), David Watt (Team Elite), Steven Lorraine (Team Swift), Dave Newton (Chester RC), Carl King (VTTA (M & NW)), Malc McAlister (Seamons CC)

DNF - John Frydman (Leamington C & AC), Frank Anderson (SVTTA), Mike Williams (Team Swift)

## VTTA 2017 NATIONAL CHAMPIONSHIP 15 - 30<sup>th</sup> APRIL 2017

The inaugural 15 mile championship was the event which everyone wanted to ride and was ably organised by Mike Williams and Yorkshire Group. The V728 course uses the same road as the super-fast 10 mile course but with extra distance tacked on west of the 10 start and finish. Several age records had already been established on the course so the leading lights were looking for records in addition to a champion's jersey and medals. Entrants came from as far afield as Shetland and Guernsey amongst the full field of 150 solos, 15 reserves and 5 tandems.

The day dawned very windy and stayed very windy so was the same for everyone - a grovel to the turn and an absolute flyer of a return leg. It was generally considered a day for the strong men, which by implication generally means the younger vets. However the oldest man in the race at 86 years of age, Ron Hallam (South Pennine RC) defied all the odds to win with +10:45, from an actual of 41:15; in doing so he established an age record for 86. Ron had already won this year's 10 mile championship and it is being rumoured that the champions jerseys are now being tailored to his measurements!

Behind Ron there was a scrap for the silver and bronze medals with Peter Greenwood (Team Swift, age 65) achieving +10:05 (32:33 actual) ahead of local favourite Brian Sunter (age 73, Condor RC) on +9:51 (34:56 actual). Next on standard came a crop of 40/50 year old vets which included fastest of the day Steve Irwin (North Lancs RC), flying round in 30:16. The fact that even the "young vets" failed to beat 30mph gives some indication of the difficulty of the day.

Fastest woman both on standard and actual was almost local North Midlands rider Karen Ledger (Rutland CC) with +9:08 (33:42). Visiting Shetland Wheeler Christine McLean, no stranger to this stretch of road, was second woman on +8:11 and Susan Semple (Born to Bike/Bridgtown) took the bronze with +7:12 to go with the bronze already won in the 10 championship.

Cambridge CC had all the big guns out to win the club team championship with Andrew Grant, Chris Dyason and Ken Platts. However they were unable to make it a double, Notts and East Midlands clinching the group team with Ron Hallam supported by youthful Ian Guilor (49) and Dan Barnett (42).

The tandem event was a two horse race with mixed tandem competition record holders Alex Deck (Rutland CC/N Mids Group) and Richard Dixon (Team Swift/Yorkshire) doing 31:01 for +9:23 to get the better of the South Pennine RC gentlemen Jeff Bowler and Dave Bates, +8:07 from 34:09.

Team Swift head honcho Pete Read had valiantly pushed off the entire field single-handedly, no doubt thankful for periodic non-starters so then deserved a good rest.

National Secretary and NEC representative Rachael Elliott presented the awards in a packed Newport Village Hall and the assembled throng then lingered to regret the wind on what had in all other respects been a great championship.



*Rachael presents the medals to first three overall - Brian Sunter, Ron Hallam and Peter Greenwood*

Prize	Name	Group / Club	STD	Medals
Champion and 1st on Standard	Ron Hallam	Notts & E.Mids / South Pennine RC	+10:45	Gold
2nd on Standard	Peter Greenwood	N Lincs & Lakes / Team Swift	+10:05	Silver
3rd on Standard	Brian Sunter	Yorkshire / Condor RC	+9:51	Bronze
1st Female on Standard	Karen Ledger	N Mids / Rutland CC	+8:55	Gold
2nd Female on Standard	Christine McLean	Scotland / Shetland Whs	+8:11	Silver
3rd Female on Standard	Susan Semple	Midlands / Born to Bike - Bridgtown Cycles	+7:12	Bronze
Group Team Champions <b>Notts &amp; E.Mids + 28:46</b>	Ron Hallam	South Pennine RC	+10:45	Gold
	Ian Guilor	Mapperley CC	+9:44	Gold
	Dan Barnett	Team Bottrill	+8:17	Gold
Club Team Champions <b>Cambridge CC +26:04</b>	Andrew Grant	Cambridge CC	+8:56	Gold
	Chris Dyason	Cambridge CC	+8:38	Gold
	Ken Platts	Cambridge CC	+8:30	Gold
Tandem Champions	Richard Dixon	Yorkshire / Team Swift	+9:23	Gold
	Alex Deck	N Mids / Rutland CC		
Fastest Man	Steve Irwin	North Lincs RC	30:16	Engraved glass awards (presented by Yorks Group)
Fastest Woman	Karen Ledger	Rutland CC	33:42	



*Tandem champions Richard Dixon and Alex Deck receive their plaudits from Rachael Elliott*



*Karen Ledger at speed*

**FINISH ORDER - 2017 VTTA NATIONAL 15 MILE TIME TRIAL TANDEM CHAMPIONSHIP**

Pos.	Name	Club	VTTA Group	Cat	Age	Std	Actual	Plus
1	Alex Deck	Rutland CC	N Mids	W	49	40:24	31:01	09:23
	Richard Dixon	Team Swift	Yks	M	53			
2	Dave Bates	South Pennine RC	N & EM	M	69	42:16	34:09	08:07
	Jeffrey Bowler	South Pennine RC	N & EM	M	72			
3	Ian Marshall	Bicester Millennium CC	L & HC	M	48	38:52	31:46	07:06
	Kevin Stokes	Born to Bike - Bridgtown	L & HC	M	54			
4	Barbara Penrice	VTTA (Yorkshire)	Yks	W	85	47:18	41:54	05:24
	Mike Penrice	VTTA (Yorkshire)	Yks	M	67			
5	Sharon Clifford	WCS Racing Team	Yks	W	57	41:34	45:01	-03:27
	Phil Barnes	Team Swift	Yks	M	62			

**FINISH ORDER - 2017 VTTA NATIONAL 15 MILE TIME TRIAL CHAMPIONSHIP**

Pos.	Name	Club	VTTA Group	Cat	Age	Std	Actual	Plus
1	Ron Hallam	South Pennine RC	N & EM	M	86	52:00	41:15	10:45
2	Peter Greenwood	Team Swift	NL & L	M	65	42:38	32:33	10:05
3	Brian Sunter	Condor RC	Yks	M	73	44:47	34:56	09:51
4	Ian Guilor	Mapperley CC	N & EM	M	49	40:14	30:30	09:44
5	Rob Pears	Bath CC	West	M	54	40:50	31:07	09:43
6	Stephen Irwin	North Lancs RC	NL & L	M	46	39:54	30:16	09:38
7	Gavin Hinxman	Drag2Zero	EA	M	49	40:14	30:43	09:31
8	Karen Ledger	Rutland CC	N Mids	W	44	42:50	33:42	09:08
9	Andrew Grant	Cambridge CC	EA	M	64	42:25	33:29	08:56
10	Chris Ledger	Rutland CC	N Mids	M	55	40:58	32:03	08:55
11	Keith Ainsworth	Langsett Cycles RT	N Mids	M	58	41:23	32:29	08:54
12	David Hargreaves	North Lancs RC	NL & L	M	70	43:51	35:03	08:48
13	Chris Dyason	Cambridge CC	EA	M	69	43:35	34:57	08:38
14	Ken Platts	Cambridge CC	EA	M	65	42:38	34:08	08:30
15=	Carlos Riise	Shetland Whs	Scot	M	52	40:35	32:13	08:22
15=	Ian Greenstreet	Newbury RC	L & HC	M	53	40:43	32:21	08:22
17	Daniel Barnett	Team Bottrill	N & EM	M	42	39:26	31:09	08:17
18	Christine McLean	Shetland Whs	Scot	W	56	44:24	36:13	08:11
19	Alan Chorley	Seamons CC	M & NW	M	45	39:47	31:37	08:10
20	David Robinson	Tyneside Vagabonds CC	North	M	56	41:06	33:00	08:06
21	Frank Anderson	SVTTA	Scot	M	65	42:38	34:40	07:58
22=	Steve Colloby	All Terrain Cycles	Yks	M	43	39:33	31:38	07:55
22=	Nick Nettleton	Wilson's Wheels RT	Yks	M	48	40:08	32:13	07:55
24=	Blair Buss	SSLL Racing Team	Yks	M	52	40:35	32:41	07:54
24=	Colin Parkinson	South Western RC	N & EM	M	55	40:58	33:04	07:54
26	Duncan Mullier	Harrogate Nova CC	Yks	M	47	40:01	32:09	07:52
27	Chris Roberts	Team PedalRevolution.co.uk	EA	M	72	44:28	36:38	07:50
28	Colin Lizieri	Cambridge CC	EA	M	61	41:52	34:06	07:46
29	Jon Surtees	SSLL Racing Team	Yks	M	49	40:14	32:31	07:43
30	Tim Humphries	Team Swift	North	M	52	40:35	33:02	07:33
31	Tony Farrell	Westmead Team 88	M & NW	M	72	44:28	36:56	07:32
32	Gary Hunt	Hartlepool CC	North	M	54	40:50	33:21	07:29
33	Steven Fullerton	Darlington CC	North	M	49	40:14	32:47	07:27
34	Adrian Hughes	Seamons CC	M & NW	M	49	40:14	32:52	07:22
35	David Wilson-Evans	Bynea CC	S Wales	M	60	41:42	34:22	07:20
36=	David Leckenby	Ilkley CC	Yks	M	53	40:43	33:24	07:19
36=	Ray Retter	North Devon Whs	West	M	71	44:09	36:50	07:19
38	Gray Walker	Richmond CC	North	M	46	39:54	32:37	07:17

Pos.	Name	Club	VTTA Group	Cat	Age	Std	Actual	Plus
39	Alex Russell	City RC (Hull)	Yks	M	42	39:26	32:10	07:16
40=	Susan Semple	Born to Bike - Bridgtown	Mids	W	51	43:42	36:30	07:12
40=	Steve Gore-Browne	Team Swift	Yks	M	49	40:14	33:02	07:12
42	Alastair Semple	Stafford RC	Mids	M	49	40:14	33:03	07:11
43	Dave Bramley	Team Swift	Yks	M	43	39:33	32:23	07:10
44	Shaun Eden	Mapperley CC	N & EM	M	40	39:10	32:01	07:09
45	Nigel Clementson	Wigan Whs CC	North	M	56	41:06	33:59	07:07
46	Tony Stott	VTTA (Yorkshire)	Yks	M	72	44:28	37:25	07:03
47	Craig Moody	VTTA (Yorkshire)	Yks	M	50	40:21	33:23	06:58
48	Julian Read	Team Swift	Yks	M	52	40:35	33:38	06:57
49	Karen Taylor	Vertex Biemme RT	Yks	W	50	43:35	36:50	06:45
50	Karl Caton	Elmsall RC	N Mids	M	49	40:14	33:30	06:44
51	Roger Sewell	Hounslow & Dist Whs	EA	M	69	43:35	36:54	06:41
52=	Glen Turnbull	Patron	Yks	M	43	39:33	32:58	06:35
52=	Carl Saint	Yorkshire RC	Yks	Trk	51	42:56	36:21	06:35
54	Anthony Keyworth	Kiveton Park CC	N Mids	M	70	43:51	37:18	06:33
55	Roger Wrenn	Macclesfield Whs	M & NW	M	72	44:28	38:02	06:26
56	Andrew Askwith	Bridlington CC	Yks	M	52	40:35	34:18	06:17
57	Daniel Shaw	Halifax Imperial Whs	Yks	M	48	40:08	33:56	06:12
58	Phil Barnes	Team Swift	Yks	M	62	42:02	35:52	06:10
59=	Andy Newham	Lincoln Whs CC	N Mids	M	44	39:40	33:34	06:06
59=	Kenneth Stevens	South Pennine RC	N & EM	M	86	52:00	45:54	06:06
61	Steve Hancock	Calder Clar	Yks	M	54	40:50	34:48	06:02
62	Dan Evans	Adept Precision RT	North	M	42	39:26	33:33	05:53
63	Richard High	SSLL Racing Team	Yks	M	46	39:54	34:05	05:49
64	Richard Sheldrake	Lincoln Whs CC	N Mids	M	43	39:33	33:45	05:48
65	Gary Bates	Team Swift	N Mids	M	53	40:43	35:03	05:40
66	Kirsty Smith	Team Swift	Yks	W	42	42:34	36:57	05:37
67	Alison Vessey	Mickey Cranks CC	West	W	62	45:26	40:00	05:26
68	Andy Whitehead	Rockingham CC	N Mids	M	51	40:28	35:08	05:20
69	Barrie Whittaker	Lyme RC	M & NW	M	60	41:42	36:25	05:17
70	Andrew Carroll	Hull Thursday RC	Yks	M	43	39:33	34:22	05:11
71	Simon Geraci	Team Swift	Yks	M	49	40:14	35:04	05:10
72	Jim Trevor	Hull Thursday RC	Yks	M	44	39:40	34:32	05:08
73	Paul Heggie	Birdwell Wheelers	N Mids	M	63	42:14	37:07	05:07
74=	Simon Ward	Scarborough Par CC	Yks	M	44	39:40	34:34	05:06
74=	Peter Macklam	Leeds St Christophers	Yks	M	74	45:09	40:03	05:06
76	Alan Lang	Hartlepool CC	North	M	59	41:32	36:29	05:03
77	John Tiffany	Harrogate Nova CC	Yks	M	74	45:09	40:13	04:56
78	Richard Durham	Settle Wheelers	Yks	M	62	42:02	37:10	04:52
79=	Robin Vessey	Mickey Cranks CC	M & NW	M	53	40:43	35:54	04:49
79=	Stephen Scott	Elmsall RC	N Mids	M	58	41:23	36:34	04:49
81	Sue Cheetham	North Lancs RC	NL & L	W	53	43:58	39:12	04:46
82	Howard Heighton	Ferryhill Whs	North	M	44	39:40	34:57	04:43
83	Michelle Morley	Team Swift	Yks	W	51	43:42	39:05	04:37
84	Adam Cockroft	Albarosa CC	Yks	M	46	39:54	35:18	04:36
85	Nick Hanson	Seacroft Whs	Yks	M	51	40:28	35:58	04:30
86	Peter Jones	Seamons CC	M & NW	M	52	40:35	36:10	04:25
87	David Lacy	Airedale Olympic	Yks	M	56	41:06	36:43	04:23
88=	Bob Awcock	Born to Bike - Bridgtown	Mids	M	73	44:47	40:26	04:21
88=	Mark Philipson	City RC (Hull)	Yks	M	60	41:42	37:21	04:21
90=	Roy Burne	Team Swift	North	M	52	40:35	36:18	04:17

# 15 MILE CHAMPIONSHIP GALLERY



Carl Saint - 36:21 on 3 wheels



Cambridge CC winning club team - Ken Platts, Chris Dyason and Andrew Grant



Dan Barnett  
Notts & E Mids group team third counter



Christine McLean - Second woman



Steve Irwin - Fastest in 30:16



Ian Guilor  
Notts & E Mids group team second counter

Pos.	Name	Club	VTTA Group	Cat	Age	Std	Actual	Plus
90=	Diane Wilson-Evan	Bynea CC	S Wales	W	57	44:33	40:16	04:17
92	Alan Morris	Hinckley Cycle RC	N & EM	M	56	41:06	36:51	04:15
93	Ted Scurr	Hartlepool CC	North	M	73	44:47	40:43	04:04
94=	Chris Goode	Yorkshire Coast Clar CC	Yks	M	51	40:28	36:32	03:56
94=	Paul Hickman	Malton Whs	Yks	M	47	40:01	36:05	03:56
96	Joanne Burnett	Team Swift	Yks	W	40	42:17	38:23	03:54
97	John Baines	Yorkshire RC	Yks	M	78	46:48	43:02	03:46
98	Paul Brierley	Huddersfield RC	Yks	M	50	40:21	36:36	03:45
99	Phil Wright	Hartlepool CC	North	M	62	42:02	38:18	03:44
100	Gary Rhodes	Drighlington BC	Yks	M	48	40:08	36:33	03:35
101	David Herbert	Hartlepool CC	North	M	72	44:28	40:57	03:31
102	Michael Cox	North Lancs RC	NL & L	M	71	44:09	40:43	03:26
103	Dave Bennett	Darlington CC	North	M	68	43:19	39:55	03:24
104	Graham Sheard	North Lancs RC	NL & L	M	69	43:35	40:14	03:21
105	Brian Ward	Scarborough Par CC	Yks	M	82	49:00	45:42	03:18
106	Philip Gadd	Albarosa CC	Yks	M	46	39:54	36:46	03:08
107	Mike Cole	Huddersfield RC	Yks	M	72	44:28	41:21	03:07
108	George Young	Team Swift	Yks	M	66	42:51	39:52	02:59
109	David Wright	Cheshire Roads Club	Yks	M	63	42:14	39:20	02:54
110=	Claire Clementson	Wigan Whs CC	North	W	40	42:17	39:26	02:51
110=	Sharon Clifford	WCS Racing Team	Yks	W	57	44:33	41:42	02:51
112	Claire Jessop	Otley CC	Yks	W	47	43:12	40:30	02:42
113	Richard Bielby	Hull Thursday RC	Yks	M	43	39:33	36:57	02:36
114	Simon Diggins	North Lancs RC	NL & L	M	44	39:40	37:10	02:30
115	Harry Haseley	North Lancs RC	NL & L	M	75	45:31	43:02	02:29
116	Allan Renyard	Guernsey Velo Club	Wsx	M	75	45:31	43:04	02:27
117	Alex Munro	Lancashire RC	Scot	M	83	49:40	47:17	02:23
118	Ian Mortimer	Drighlington BC	Yks	M	53	40:43	38:24	02:19
119	David Jenkinson	Team Swift	Yks	M	62	42:02	40:29	01:33
120	Alan Gay	Team Swift	Yks	M	69	43:35	42:21	01:14
121	John Churchman	Otley CC	Yks	M	79	47:18	46:13	01:05
122	Paul Dawson	VTTA (North)	North	M	56	41:06	40:08	00:58
123	Charles Crookes	Rutland CC	N Mids	M	58	41:23	40:41	00:42
124	Keith Richardson	Leeds Westfield CC	Yks	M	81	48:24	48:04	00:20
125	Alan Sides	Rotherham Whs CC	N Mids	M	72	44:28	44:26	00:02
126	Brian Rose	Goole RCC	Yks	M	67	43:05	44:17	-1:12
127	Mike Wolstenholme	Macclesfield Whs	M & NW	M	73	44:47	46:16	-1:29
128	Jill Morris	Hinckley Cycle RC	N & EM	W	56	41:06	46:58	-2:34
129	Alan Shuttleworth	Weaver Valley CC	M & NW	Trk	70	46:34	49:19	-2:45
130	James Lawley	Barrow Central Whs	NL & L	Trk	74	47:57	51:03	-3:06
131	Brenda Littlefair	East Bradford CC	Yks	W	80	51:47	58:39	-6:52

DNF - Michael Allen (Team Jewson), John Smith (Thurcroft CC), Peter Stirk (Elmsall RC), Allen Armstrong (Sunderland Clar), Gavin Russell (Cleveland Coureurs), Helen Bailey (Lyme RC), Christopher Bailey (Lyme RC), Simon Beldon (SSLL Racing Team), Chris Wallis (Team Bottrill), Greg Jessop (Otley CC).

DNS - Arthur Thackray (Team Swift), Jeffrey Regler (Alford Whs), Mike Williams (Team Swift), Steven Woodrup (Yorkshire RC), Graeme Patchett (Lincoln Whs CC), Alan Steward (Team Swift), Debra Charlesworth (Cliff Pratt Racing), Mickie Hornby (Team Swift), Cliff Beldon (Selby CC), Ala Whitehead (Rockingham CC), Sean Hunt (Lincoln Whs CC), Cheryl Trueman (Team Swift), Christine Cooke (Godric CC), Allen Bell (Yorkshire RC), Albert Harrison (Cleveland Coureurs), Jamie Carson (Chorley CC), Liam Maybank (Twickenham CC), Richard Booth (Hartlepool CC), Gill Henshaw (VC Long Eaton), Steve Biddulph (Born to Bike - Bridgton), Stuart Evans (Port Talbot Whs CC), John Verbickas (Seamons CC), Richie Grant (Hartlepool CC), Pauline Atkinson (Seamons CC).

## **NOTTINGHAM & EAST MIDLANDS**

*David Herd*

A number of Notts. & East Midland veterans rode the National 10 mile TT held on the J2/1 promoted by Manchester & North West on 8th April. The weather conditions were good, but not unusually these days the road surface was poor in places. Fastest NEM rider was Neil Holden (Lutterworth Cycle Centre RT) on 22:09. Ron Hallam (South Pennine RC) was first on standard with an actual of 28:02, and with team mate Ken Stevens 29:49 and together with Colin Parkinson (South Western RC) took the group team event for the NEM. Full results elsewhere in this Veteran.

Brett Harwood Team Bottrill/HSS Hire of 19:31 set the fastest time in the VTTA Notts & East Mids. VTTA Group 10 mile TT at Long Bennington on 22 April. Riders faced a head wind on the outward leg but generally times were good for this early season event. Ian Guilor (Mapperley CC) was the fastest NEM Group member with a good actual time of 19:44 and +6:57 giving him second position on standard. Ron Hallam (South Pennine RC) was first on standard with +7:50 on an actual of 26:30. Ron also formed part of the South Pennine winning team on standard with Dave Bates +5:36 actual 23:16 and Ken Stevens +5:27 28:53 actual.

Team Bottrill were the fastest team on actual made up of Brett Harwood 19:31, Geoff Platts 21:13 and Neal Parkin 20:21. Fastest Lady was Alex Deck (Rutland CC) on 22:59 actual +5:49, and Louise George (Witham Whs CC) was first lady on handicap with a PB of 24:29.

Well done to Roy Oakes (South Pennine RC) returning after a broken leg with a 26:17 +3:17 and my teammate David Strickson (Witham Whs CC) making a rare appearance with a very credible 22:47.

On behalf of the NEM Group I would like to thank Dave Yarnham who did an incredible job in organising this event and big thank you to all those who helped on the day.

The VTTA National 15 mile TT was held on the V728 and promoted by the Yorkshire VTTA Group on 30 April. Riders faced a fierce head wind on the outward leg to the east and there were a high number of DNS's. Despite spinning the entire outward leg on his little ring Ron Hallam (South Pennine RC) set an age record and gave him first on standard at +10:45 (41:15 actual), which with Ian Guilor and Dan Barnett also made up the NEM Group winners. Full results elsewhere.

Lincolnshire LRRRA promoted their 30km (18.6mile) 2-up time trial on the challenging Osbournby-Spittlegate (Grantham) course. David Langlangs (Team Bottrill/HSS) and Malcolm Smith (Peterborough CC) were the fastest pair coming in on 39:56, Sleaford Wheelers partnership of Jim Boyle and Richard Hamblin coming in fourth place on 40:51. Michael Smalley (Witham Whs CC) teamed up with Richard Yates (Sleaford Whs CC) and came in on 45:49, just under the 25 mph mark. The Sleaford Wheelers pair of Dave Ashley and David Smith managed 50:32 and finally the event secretary Chris Close teamed up with Josh Smith, both from Sleaford Wheelers, came in on 57:24. Fortunately the weather conditions were reasonable for this early season bash and I'm sure their efforts will serve all the competitors well in finally getting rid of the winter cobwebs, well done.

On the same day the Burton and District Cycling Association (BDCA). Promoted their 10 Mile TT on the Etwell – Foston course. Aaron Ward (Team Bottrill) was fastest with 19:27, followed by Ian Guilor (Mapperley CC) 19:55 and on the same time Daniel Barnett (Team Bottrill). Nick Cave (Lutterworth Cycle Centre RC) 20:33, Shaun Eden (Mapperley CC) 20:57, Colin Parkinson (South Western RC) 21:11.

Other VTTA NEM member results:

Michael Wills (Hinkley CRC) 21:47, Stephen Howgill (Leicestershire RC) 21:58, Paul Mapletoft (Kiveton Park CC) 22:12, Mark

McCartney (Nottingham Clarion CC) 22:13, Julian Younger (Mapperley CC) 22:22, Alan Tunncliffe (South Normanton CC) 22:44, Russell Carter (South Pennine RC) 22:58, Nigel Finch (Mercia-Lloyds Cycles) 23:43, Dave Bates (South Pennine RC) 24:01, Rob Weston (Leicester Forest CC) 24:44, David Fear (South Pennine RC) 24:46, Graham Green (Team Bottrill) 24:58, Ron Hallam (South Pennine RC) 26:18, Roy Oakes (South Pennine RC) 26:18, Ken Stevens (South Pennine RC) 28:14.

It was nice to see such a large number of NEM group members enter this event with some good early season times.

Peterborough CC 10 mile TT 14 May on the Sawtry - Stilton course attracted moderate level of entries on a course that always has the potential of good times. The field was mostly made up with veterans but it was senior rider James Tucker (Derby Mercury CC) who came in fastest on 20:34, with first year veteran Brett Harwood (Team Bottrill) just 8 seconds behind on 20:42. Seniors James Gelsthorpe and Paul Pardoe from the promoting club came third and fourth on 21:38 and 22:00 respectively.

New NEM group member Michael Smalley (Witham Wheelers CC) was first on standard with +4:11 from 25:15 actual, 2<sup>nd</sup> Malcolm Smith (Peterborough CC) +4:03 actual 22:56 and 3<sup>rd</sup> Roger Sewell (Hounslow and District) +03:45 actual 25:07.

The fastest Lady was Wendy Gooding (Team Bottrill) 25:43 +3:26, Rebekah Summerell (Peterborough CC) 27:46 and Karen Dennet (Bishop Stortford CC) 28:21 +1:30.

On the following day Bourne Wheelers ran their 10 mile TT on the Sleaford course. James Gelsthorpe was fastest beating the previous days time by 35 seconds coming in on 21:03, Michael Lamb (Kiveton Park CC) came 11<sup>th</sup> on 24:39, Lee Thomas (Team Bottrill) 24:47, Michael Smalley (Witham Whs CC) 24:55, Rod Western (Sleaford Whs CC) 24:59 and finally Martin Lister (Witham Whs CC) 27:57.

## SCOTLAND

*James Skinner*

A new Ladies Short Distance Championship has been formed using the former Eddy Taylor BAR Trophy. It will be awarded to the fastest mph aggregate taken from two fastest 10 miles and two fastest 25 miles divided by four to give agg mph. (*sic*)

Sadly the Pinky Williams 30TT on 21st May has had to be cancelled due to a clash with the Stirling Marathon which will see up to 10,000 runners shuffling along the section of road between the safari park and the Blair Drummond triangle, and later finishing near the Raploch roundabout. The organiser Michael Devlin hopes to re-schedule the race later in the season.

A few riders have been noted for their absence this season, Davie Miller took a tumble earlier in the season and may not be at his best until later in the year, Jocky Johnstone has been up and down with a few symptoms probably due to his arduous training schedule, currently a heavy cold means he can't even speak much, which must be driving him up the wall. With Norman Skene (Velocity 44) out of action awaiting a hip operation most of his race days are on the sidelines, as he watches his 14 year old grandson Daniel get some high overall finishing places; watch this space as he looks like a very good future prospect.

The following report was received from age record chaser Alex Munro.

"Not too good on this machine but I got into this first ever VTTA National 15 champ on the Hull dragstrip. It was blowing a gale and took me 33mins out and 14:17 back. I did 47:17 +2 23 to get a standard medal. The cars were 1 every 10 sec in two lanes. I was 3 miles before I got rid of the fear factor and at one point I got 38 mph. The fast riders were 40-45mph. Steve Anderson did 34:40. At 84 JJ says it would an age record for Scotland. I did a 49:05 in our cold/wet 15 last month, hope this is of interest Alex Munro"

Congratulations to Jon Entwistle on winning the CTT Scottish ten mile championship. 35 of our members supported this event well and praise also for the event organiser for putting on an excellent championship, the cold and windy conditions wasn't to everyone's liking.

The Scottish Cycling 10 mile championship was run on the fast Freuchie course by Fife CA, but the event organiser had her worries when workmen turned up to do repairs on the course, keeping a cool head and delaying the start got the show on the road. With 5 members riding in the ladies event, and 27 in the men's the SVTTA was very well represented. Top man this season John Archibald took the honours with a time of 19:29, setting a new course record, just in front of our own Jon Entwistle (GTR) finishing in 20:12 for 2nd place. Neah Evans (Storey Racing) was top lady with 22:18 and Andrea Pogson (Gala CC) riding a 23:34 for 5th place

In the SVTTA 10 mile championship 49 members entered the open event of 92 riders. The morning was grey and dry until the poor last ten riders who caught the deluge that finally arrived. Again the Law Wheelers put on a good show and that included the tables filled with cakes and tea. Congratulations to Andrea Pogson on winning the J&B Train Trophy, her 23:54 giving +5:44, with the team on standard being RT23 Steve Nutley and Steve Beech + 09. 53.

Racing has been fierce in the far north, with results flooding in recently. Seventeen riders returned times for the 25 mile in the Caithness cycling TT weekend. Eric Innes (Moray Firth CC) was fastest with 57:25. Of the three SVTTA members Ed Atkinson (Elgin CC) was fastest in 1:05.34, then John Falconer (Caithness CC) 1:08.07, and ABG Washington (Caithness CC) with a 1:09.39.

The next day saw the Loch Calder 23 Mile Hilly TT, with ABG Washington completing in 1:09.04. Twelve riders completed this event with first placed Andrew McLeod (Caithness CC) riding a 54:32.

Then the following weekend saw the running of the Angie MacDonald Memorial 25 mile organised by the Ross-Shire CC. Of the 41 riders in this event Ross MacDonald of Moray Firth CC was fastest with 56m 45s, and Brian Nicholas (Moray Firth CC) 1:00:26 being the fastest of the six SVTTA members riding.

In what has been described as a classic in the making, on its first edition the Tour of Glencoe saw 84 riders on the start sheet for the 17.8 mile Loch Leven circuit from Ballachulish through Glencoe and Kinlochleven on what is probably the most scenic time trial course you will ever find. Superb organisation from Steve Blom and Wullie Cosh, with George Skinner taking care of all the marshals including many local cyclists, even Freddie Thoms was spotted on the course. The staff from the local Co-op shop were welcomed as they arrived with crates of fruit wishing us all well, and with the proceeds of the teas and cakes going to the local scout group, this event wished to build upon the fantastic local support it has received.

The event was round 4 of the Knights Composites Classic Series, and as such there was a very efficient team from CTT with all their signage, promotional items and even doping control present. The event incorporated the Jason MacIntyre Memorial trophy. It was a pleasure to compete on some of Jason's favoured training roads, and his wife Caroline and daughters were on hand to present the trophy, and also provided a display of Jason's TT bike and many medals and photographs. It is almost 10 years since we lost Jason and the event was noted by Mark Atkinson and Graeme Obree providing some heartfelt words and inspiration during the prize giving ceremony.

John Archibald riding for Pro Vision Clothing was fastest on the day with a 38:40 on what is considered a very sporting course, Jackie Field (CC Ashwell) was fastest lady in 47:05, only 34 seconds ahead of Lynsey Curran. Fastest Veteran was Peter Nicholls with a 40:52 just ahead of our own Jon Entwistle riding a 41:10.

Fastest local rider, and riding for SVTTA was Donald Paterson with a 43:30.

The CTT Scotland Georgetown Road League sees 12 events organised on most Wednesdays up to the 30th August. Points will be allocated to your 4 fastest times, counting towards your final league standing, and as with previous years there will be awards in each age category, with £3 entry on the line it is an ideal way to get some short fast midweek racing under your belt, many thanks to Geoff Smith and his team for this race league.

Further south, again on Wednesdays, the Dumfries and Galloway CTT League, organised by Dumfries CC, uses local 10 and 25 mile courses. Prizes will be awarded to the first 3 in each of the leagues with equal prizes for the ladies league, and possibly age related prizes. Points will be awarded to volunteers helping out based on their average for the series. As with the Georgetown league above information is available on the organisation's Facebook page.

The Scottish group welcomes the following new members;

Iain McKay (Fruin RC), Craig Gilmour (Falkirk BC), Ed Atkinson (Elgin CC), Jenni McColl (Aberdeen Whs), Sean Quinn (Law Whs), William Bavidge (SVTTA), Andrew Duncan (Ythan CC), Edward Atkinson (Elgin CC)

If readers have any information, news, or gossip, get in touch at jamesmskinner@hotmail.com or INFO@SVTTA.ORG.UK

## **SOUTH WALES**

*Barry Williams*

Saturday 13<sup>th</sup> May, witnessed our Open 10 Mile TT on R10/17 Abergavenny-Raglan A40. This popular course attracted a field of 111 riders from all over, showing plenty of enthusiasm, while pushing personal boundaries in the mild spring sunshine.

A reminder that we had come a long way from cold damp February when I looked for a better place to ride a bike and ended up in The Viva Tropic, Alcudia. Down there, in familiar territory, I found other likeminded cyclists willing to join morning rides. Not bad, when followed by regulation sun bathing on the hotel's sheltered patio, a great winter therapy.

Back home in March, it was still more or less winter, but some hardy types had already started racing. I was drawn to the result of the Royal Dean Forest 25 held on March 19<sup>th</sup> in cold windy conditions on R25/7, Usk–Monmouth course. The winner, Kieron Davies posted 48.24, seriously fast for the time of year. It was good to see our members turning out, Dave Brice 59.15, Steve Curry 59.23, Simon Wix 59.57, Dave Evans, (Echelon) 60.36, Chris Fishbourne 60.39 and two ladies, Andrea Parish 62.17 and Michelle Fishbourne 70.42. "Chapeau" to all who braved those conditions.

The Merthyr 25, two weeks later on Sunday April 2<sup>nd</sup> showed a marked improvement in weather, sunny and calm, suitably reflected in competitors' results. The course R25/3 in its various guises is the fastest in UK and to prove it, Kieron Davies posted 45.34, which up to 12 months ago would have been the UK record. Our members were also up for it, with Chris Massey passing the timekeeper in 51.52, a just reward for a hard winter's training. I have to say I was impressed by Rod Hicks 54.36, Stuart Evans 57.13, Mike Broadbent 57.47, Andrew Hayward 57.56, Marco Marletta 58.18 and Michelle Fishbourne 62.10 showing an 8 minute improvement from her Royal Dean Forest ride. John Shehan and Bob Jones also finished, but with modest times and will probably class themselves as early season laggards.

Amongst my friends, it's a tradition to spend the Easter week in Puerto Pollenca. For a change of hotels this year, we stayed in Villaconcha, a sporting venue with great facilities for swimmers and cyclists. Most fellow guests were athletes from various parts

of Northern Europe, surprisingly, not much drinking, just serious training. The first three days were cool and breezy but the final four days were typically fine and warm. We started with rides to Randa, Petra and Sineu before graduating to the mountains with Alaro to Bunyola over the Orient (Coll d'Honor) then both ways up Selva Gorge to the garage on the Coll de Bataia and on the final day up from Pollenca to Lluc Monastery. A brilliant trip from which it took a full week to recover energy levels.

In the meantime April 23rd, in sunny South Wales it was Ogmores Valley Wheelers promotion, a return to the R25/3H fantasy strip. Looking through the results, it's something of a mixed bag, mostly down on the Merthyr figures earlier in the month. The benchmark winner was once again Kieron Davies 46.27, while our members performed as follows:- Chis Massey 51.44, Rod Hicks 54.05, Dave Evans Echelon 55.43, Steve Curry 56.14, Stuart Evans 56.50, Mike Broadbent 57.09, Andrew Hayward 58.22, Hugh Davies 58.22. Just outside the hour were Rob Lucas 61.15, John Shehan 61.24 and Simon Kinsey 62.24.

The following week, Sunday May 1<sup>st</sup> we were still on the same track R25/3H for the Welsh Championship 25. The weather was not helpful, with almost half of the field going DNS. However, Kieron Davies showed them the way by passing the timekeeper in 45.24, another event record. Chis Massey posted an excellent 52.08, David Evans Echelon 56.48 and Marco Marletta, on his road bike 58.47 were our other finishers.

The next event, Saturday afternoon May 6<sup>th</sup> was just down the road in the lower Neath Valley at Resolven, where Alf Williams promoted the Port Talbot Wheelers 10. Conditions were windy and in any case the club used the back road course R10/23 which includes the hill above the Rock & Fountain Inn. Ioan Smallwood, Cardiff Ajax, was fastest in 21.25, while our top performer was Chris Fishbourne 24.32.

The following morning, Sunday May 7<sup>th</sup> we moved east for the Blaenau Gwent 25 on R25/7 with Kieron maintaining his winning streak, recording 46.51. Times were down for this event, although David Wilson Evans 55.38, Dave Evans Echelon 57.02, Marco Marletta 58.51, Hugh Davies 59.10 and Steve Madeley 60.09, all posted finishing scores. Two ladies further enriched the proceedings, Andrea Parish 58.24 and Diane Wilson Evans 65.18.

Which brings me full circle to Saturday May 13<sup>th</sup>, VTTA South Wales Open 10 on R10/17. I wanted a ride myself, but an arthritic knee said no, problems of old age. Instead I ordered a variety of cakes from a local baker to reward those who were able to ride. Part of the field were in a 2-up, including a pair of high velocity ladies, Janet Birkmyre and Melonie Sneddon, their club is called "Torq Performance", they lived up to that title by winning one of the standard prizes. We always offer a non-aero prize and Marco Marletta, a road bike specialist took that with 24.56. Conditions were good but not super fast as Kieron Davies coasted to 19.35. From our members we saw solid performances. Chris Massey 20.37, Nick Brown 21.50, Chris Fishbourne 22.37, Dave Wilson-Evans 22.44, Leon Evans 23.05, Stuart Evans 23.10 (inc 3<sup>rd</sup> on Standard), Andrew Hayward 23.59, Michelle Fishbourne, she was thrilled with her 24.28 ride, John Shehan 24.59, Robert Lucas 25.27, Diane Wilson-Evans 25.50 and finally not forgetting our long-time supporter, Derek Morgan 28.49.

The last event in this report Sunday May 14<sup>th</sup> was "Sports Mad 25", this was back in Glynneath on R25/3H, the breeze was in the wrong direction leaving many disappointed, including Kieron with 47.16. Nick Brown was best of the rest with 56.41, some days don't quite click and I guess this was one of them.

I will conclude by hoping you will enjoy the next three months of great summer weather and above all, avoid falling off on our pot holed roads.

## WESSEX

*Bob Jolliffe*

### **Emmott Wessex 25 Champ**

THE first of Wessex Group's Championship time trials went to Alan Emmott of Fareham Wheelers CC. Tall and powerful, the 70-year-old headed home from Dorset after clocking 1-00-52 in the event hosted by Bournemouth and District Women's Cycling Association 25 on the P413 Upton Bypass course. The gold medal ride in cold and calm conditions earned him a bumper plus of 13min 14sec beating New Forest CC's 52-year-old Antony Green into silver with an actual 55-53 and a plus of 12-33.

Simon Healey (44) of Andover Wheelers claimed the bronze medal position with 54-54, which earned him fourth overall and a plus of 11-57.

Michelle Walter of Bournemouth Arrow CC may not have been fastest woman (that honour went to non-VTTA member Sotonia CC's Angela Burnikell with 1-2-00), but she walked away with the Championship win with her 1-6-40 which gave her a plus of 8min 13sec.

Event organiser Linda Connor of Southampton Tri Club was second on standard with a time of 1-14-48.

Sotonia CC's 84-year-old Norman Harvey was fifth on standard and claimed his second Wessex Vets' record of the season with 1-13-52, which topped Lionel Veck's 1-17-42 from 2000. Norman's first record came in the Bath CC 10 on the U375 at the end of April when he passed the timekeeper after spending 29mins 4secs on the road. Again it was a Lionel Veck record of 31-01 in 2000 he topped.

Fastest overall was Gary Chambers of Nopinz with 51-19, who also won the Hampshire Road Club 10 the previous evening with 18-56. That event, on P881, produced a crop of rapid times with no fewer than 11 riders beating 30mph. Wessex veteran Andy Langdown (Blazing Saddles) was just outside the magic mark with 20-14 which earned him 15<sup>th</sup> place. Other rapid Wessex Vets' rides came from Simon Berogna (VC St Raphael) 20-41, Stuart

Martingale (Sotonia CC) 21-32, and Angela Carpenter (...a3crg) 22-19.

While the Vets' 25 was taking place, more Wessex Group members were cranking out some seriously quick times in Charlotteville CC's classic 50 on H50/8 near Bentley. Steve Williamson (46) of ...a3crg showed his form is still there following last year's Wessex BAR success with 1-46-30, a 1-17 improvement on his qualifying time last season. Phil Watts of North Hampshire RC clocked 1-50-02, VeloRefined.com Aerosmiths' Steve Whitewick finished with 1-51-28, Bournemouth Arrow CC's Peter Perrin did 1-56-20 and Barry Eeles of North Hants RC 2-4-59.

Sarah Matthews of ...a3crg celebrated her 57<sup>th</sup> birthday in style with a new Wessex woman's record of 2-5-49. Three days later she set a new women's 10-mile Wessex age record in the ...a3crg event, also on P881, with 22-57. It beat Ann Newman's 1991 record by 1-55.

A later comer to the sport, Sarah got her first road bike in 2011, started duathlon in 2013 "went to ...a3crg turbo torture that winter", competed in the 2014 duathlon world championships, suffered a running injury in 2015 which meant baling out of the European championships and "with plenty of tips and encouragement from dcb [Wessex chairman David Collard-Berry] decided to focus on time trialling for the season". "Addictive isn't it?" she said. I guess there are few readers who would argue with that.

### **England down but not out**

It is not all good news "Down South" though. Crabwood CC's 73-year-old Dave England suffered a heavy fall and was treated in hospital after his aluminium steerer broke on his otherwise carbon time trial bike while riding a Bournemouth Arrow CC evening club 10 on P311, better known as "The Rumble Strip" for its rough road surface.

Afterwards Dave, as ever, was looking on the bright side. He had been due to ride the Ogmores Valley 25 on the super-fast R25/3H at Rhigos the next weekend. "Thank goodness it

happened when it did. If I had been going down that hill on Sunday and it had failed then who knows what might have happened. I might not be here now," he said. He is likely to be out of commission for a total of about six weeks. But take note: he is already busy easing through the pain barrier on his home trainer and is looking forward to getting some easy miles in soon.

One of Dave's regular training partners, Sotonia's Stuart Martingale, was the quickest of a handful of Wessex riders in the Don Byham Memorial 10 on F11/10 near Aylesbury promoted by London & Home Counties Vets on May Day, clocking 21-41. Den Tapping of ...a3crg finished with 22-18 and teammate Mike Boyce with 23-31, Yours Truly was not quite last with 26-37. Times were generally about a minute faster than in the Bossard Wheelers' middlemarkers' 10 the previous morning.

### **Sporting courses**

At the start of the season South DC's sporting course events series proved popular with good entries at every level.

Some of the highlights were VC St Raphael's 18-miler back in mid-February, Glenn Longland's Antelope RT solo and two-up 10s, plus Sotonia CC's tough 27km in March.

The first of CTT's season-long Knight's Composites' Classic Series was staged by Wessex RC on the cold and wind-blown 24-mile Wimborne, Horton Inn, Blandford, Badbury Rings, Wimborne loop on March 28. Winner of the men's race was Joshua Williams with 48-34 with his Team Bottrill/HSS Hire teammate John Dewey 60secs in arrears. Fastest woman was triple competition record-holder Hayley Simmonds (Team WNT Pro Cycling) with 55-33. Race Hub's Peter Nicholls took away the spoils from the veterans' and women's event, finishing with 52-28 from Danny Axford (Arctic Tacx RT) 53-28. Wessex Group member John Samways (Bournemouth Jubilee Whlrs) was third with 54-03.

Other top Wessex times: 5, Phil Watts (North Hants RC) 55-28; 13, Simon Berogna (VC St Raphael) 56-45; 36, Terry Icke (VC St Raphael) 1-1-06; 37, Jerry Bromyard (...a3crg) 1-1-10; Drew Hosie (...a3crg) 1-1-22; 43 (and 11<sup>th</sup> woman), Sarah Matthews (...a3crg) 1-2-18.

### **Handbook corrections**

There are a few errors in the 2017 Handbook which require noting:

The Wessex Group Championship 10 is being held as part of the Alton CC promotion on H10/8 on the afternoon of Saturday, June 24. Ignore any conflicting information.

The Wessex Group Championship 50 is included in the Blazing Saddles event on P885/50 on Sunday, July 2.

Group treasurer Mary Corbett's mobile telephone number is 07837 551768 and former BBAR Glenn Longland is now a committee member contactable at [rukglenntli@gmail.com](mailto:rुकglenntli@gmail.com).

### **Stop press**

Latest info just in re Dave England, courtesy of Crabwood CC's Claire Newman on Facebook: "One more update from David - he's just called me to say Specialized are replacing his bike with an S-Works Shiv TT (which I understand is rather good!).

### **SURREY & SUSSEX**

*Jon Fairclough*

Membership counts for 2017 are now in. The final numbers are 137 members, including eight new members Jeremy Archer and Dan Sadler (RT316), Adam Bidwell (Kingston Whs), David Clements (Eastbourne Rovers CC), Simon Lyon (VC Meudon), Andrew Quye (Southborough & District Whs), Paul Townsley (Worthing Excelsior) and Tamar Vanderhaas (Lewes Wanderers). Unfortunately, we had 19 resignations this year for a variety of reasons. Thanks to all who renewed promptly.

The Group needs one or two people to volunteer to take over the Group Recorder and Social Secretary roles. The main job of the

Social Secretary is the organisation of the lunch. The Group Recorder analyses member TT results, prepares the list of group awards, and communicates results to the national recorder for the evaluation of national awards. The group is operating with a very small committee at present and it is essential that our members come forward to take on the vacant positions. 'Many hands make light work' but if all the work is left to a couple of people it becomes too onerous. Please contact Keith Wilkinson our Group Chairman if you would like more details of either vacant position.

At the National AGM this year it was agreed to allow people to purchase club jersey and skinsuits in other colours than the standard yellow, blue and white. I must confess it was me who asked for this relaxation of the rules! I have promptly taken advantage of the change and obtained from the Gear Club new kit swapping yellow to black, blue to white and white to grey. I am very pleased with it (Photos page 19).

As a relative novice to time trialling, a short account of how I got into time trialling and how the VTTA has helped me develop as a time trialist.

I like to put anecdotes about time trialling in the Veteran. I had two for the last issue. I have not received any new ones this quarter so I thought I should write about my experiences of time trialling. I have only recently come to the sport after fifteen years of competing in sportifs, etapes and granfondos. I was looking for something a bit different. I tried circuit racing briefly. A pile up resulting in a damaged bike, kit and some scratches soon put me off that. In 2010 I bought a time trial bike and used it to ride a flat 10 mile route starting and ending at my home. It was an enjoyable way to get some exercise at the end of the working day.

Three years ago, I started to do club 10 mile TTs and found I was getting respectable times. Eighteen months later I bought a better TT bike and competed in Group and National events at 10, 25, 50 and 100 miles. I have got to love time

trailing. Racing against the clock with only yourself to control your performance was much more appealing, and safer, than circuit racing! There is a science to time trialling – continual optimization of bike, body and kit to get a better time on standard. I really liked the concept of the VTTA standards – a yardstick to measure competitive ability and create fair competition at all ages. I just hope I can keep riding until I'm 90 or more – Ray Dare's recent capture of the National 25 mile TT record for 90 year olds is an inspiration.

I don't train hard enough win, just hard enough to put in a respectable performance and improve on standard every year. Getting up at 4 am to get to the start takes a bit of getting used to, although I accept if you want safe traffic conditions that is the way it must be. I encourage people in my cycling clubs to join the VTTA. Not much luck yet – I think fear that the competition is too tough or the standards too hard to achieve, or the equipment too expensive, deters people. Nonetheless I will keep spreading a positive message about time trialling and the VTTA, and I hope you will too.

I would have liked to have included details of the performances of our Group members in open events in the previous 3 months and so please let me know in future if you have a win or a best on standard award in an event.

Lastly a reminder about Group events: the Surrey/Sussex 10 mile event is on Saturday 3<sup>rd</sup> June (I expect the Veteran will be published after it happens) and the 25 mile event is on Saturday 24<sup>th</sup> September. See the handbook for details.

Have a good season!

## **WEST**

*Brian Griffiths*

Our grand party night on May 5th, how could I describe it otherwise, is over for another year! For members that did not get there and for everyone else, you simply do not know what you missed. Early in May our super secretary Gordon, his good wife Jemma and lots of willing volunteers put on a night to remember

for those who chose to support this grand occasion. This was our third May social evening and quite simply they get better and better.

26 competitors lined up for the windy early evening time trial around the local lanes before making their way back to the very smart event headquarters at Seagry village hall. Whist we were enjoying the time trial our group of kind, enthusiastic ladies had been busily preparing a super feast for us all. The trophies were all laid out for presentation but the food simply had to come first. What a wonderfully prepared and presented selection we had to choose from. It was certainly worth coming for this alone.

The hall was full and buzzing as old friends got together in friendly banter around the tightly packed tables. These are the days when we realize what cycling is all about, when we can get together to renew old friendships and recall the joys of our cycling experiences both past and present. Eventually it was time to present the awards and although I will not go into detail about the many worthy prize winners I was particularly pleased to note that John Murphy our amazing evergreen vet went away with a major prize.

We were sorry to learn that he might not be competing for a while because, so I believe, he has severely strained shoulder tendons following a strenuous few days sorting out his garden. Best wishes for a successful repair job John.

Our next big event, and that means a big event for everyone from wherever you live, North, South, East or West, will be the VTTA National "50" on the 13<sup>th</sup> of August this year. The U109 is not the fastest of courses but when all is said and done I will always say that it is the same for everyone. However I can promise you a warm welcome here in the West and a really first class promotion. I hope that we will get good support both from riders and from anyone who would like to come to the event. WestVet members should put it in their diary, because we will need every bit of help and encouragement we can get.

I don't know what other readers do but I always read our magazine from cover to cover almost as soon as it arrives. However my view is that with all due respects, some regional reports are not that interesting to me because the contents do not mean a lot. I can understand this to some extent when some regions do not have their own excellent quarterly magazine like we do here in the West. It is obviously their wish to inform members what has or is going on in their region. However, wherever possible, I would urge our correspondents to include some stuff that is of interest to all of us. I always try to add something topical, something controversial and something amusing to my contribution, in the hope that it draws readers to my piece each time and makes them think.

Perhaps it's just my view but are time trials quite the social events that they used to be? It seems to me that many of the competitors drive up in their cars, unload their bikes onto a turbo trainer for a warm up, ride the event, get on the turbo for a warm down and then jump back in the car and are off home. Where are the days when we used to hang about at the headquarters to compare notes for what seemed like ages and enjoy the tea and cakes usually so thoughtfully provided? Is it because we now know precisely what times we have done from our GPS and when we get home we can download the result off the Internet. As I say, perhaps it's just me, but I always thought I used to know most of the competitors pretty well but now there are so many of them that are almost strangers to me. Perhaps we are losing our ability to be the social animals we used to be or is it just that I appear too old and senile to be bothered with by the youngsters of today.

I can be seen at many local events to chat to and I will be pleased if you have anything topical or interesting that you can offer me to put into my next contribution.

**NOTE - ALL NATIONAL AGE RECORDS REFERRED TO IN REPORTS ARE SUBJECT TO RATIFICATION.**



# OBITUARIES

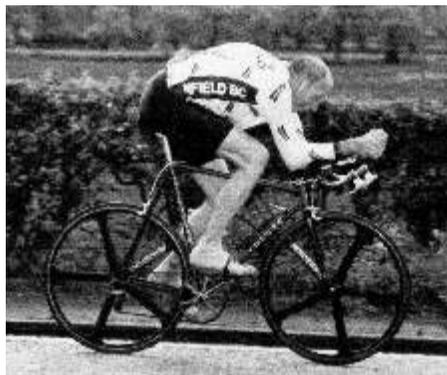


## **BEN GRIFFITHS 1933-2017**

In the summer of 1950 Ben started cycling with the Anfield Bicycle Club. He was sixteen and he got off to a flying start winning his first 25 on a 75.6" fixed. The clubs newsletter, the Anfield circular, reported his pedaling rate was 117.04 revs per minute! It wasn't just racing however. With his pals John Futter and Len Walls, he got to know the lanes and countryside of North Wales like the back of his hand. In all of this, he was guided by the Anfielders who had joined the club in the 1920s and 30s, who willingly shared their knowledge. Ben learnt that in cycling, lasting friendships span generations. It was a tradition that he continued for the rest of his life. Growing from his teens into his twenties, Ben discovered the Anfield's unique place in cycling history, from riders who had made that history themselves. The second half of Ben's cycling history flourished in the 1970s and lasted into this century. But the pinnacle was coming second in the Anfield 100 in 1978 with a time 4:18:40 against Norman Powell's (Gannet CC) 4:15:41.

He was an all-round cyclist, over the years taking on many committee roles from captain to president.

Beyond the Anfield, it seemed that he knew everyone in time trialling and everyone knew him. In a career spanning seven decades, Ben tested himself against the timekeeper's watch more than 1000 times. Add to that a lifetime mileage in the order of 650,000, it's an amazing achievement that very few ever reach. Uncompromising in his honesty, Ben called a spade a spade, made no excuses, and accepted none. He understood history but was not sentimental about it, and always looked forward without fear or favour. Dig deeper and he was supportive, kind and inspirational. For all of us, each new generation, Ben's reputation went before him - it was respect for Ben.



Chris Boardman recognised Ben's qualities, singling him out for praise in his foreword to 'Amazing Anfielders'. Chris wrote that Ben was always ready with a smile and on hand with words of encouragement for a youngster finding his way in the sport. For Ben, it was the best possible tribute. He last competed in 2012 – a 2-up with Graham Thompson, a year after breaking his thigh on a fall on ice.

Ben's funeral was well attended by his relatives and his many friends in the cycling world. Our condolences and thoughts are with Ben's family and friends.

**JOHN WOODBURN**  
**22<sup>nd</sup> December 1936 - 14<sup>th</sup> April 2017**

John Woodburn was perhaps the most famous and certainly the most durable of time trialling's personalities. Since his passing in April this year, much has been written in our rather restricted media, of his sixty and more years at the top of our sport. His achievements at distances from the minimum to the maximum have been recorded and admired. In addition, John as a luminary, has been commented upon more than any other of the myriad that have been known to us during that epoch.

In 2006, Keith Williams wrote a biography of John—'*Fifty Years at the Top*'. The book is out of print but it is an extensive record of many of John's triumphs— not only that, but a part disclosure of the man.

On the 11 May, Anne, John's partner for more than 30 years, together with daughter Claire and close friends, arranged a memorial service for John at St Mary's Church, Twyford. Attendance was nearing 100 and tributes were made by Michael, John's sibling who, nine years younger than his 'big brother', described what it was like to grow up with this admirable member of the family. Separated by the requirements of John's three years of national service, Michael missed much of what would have been a significant part of his brother's companionship and their lives took differing paths, merging later as John recruited him as a helper in twelve hours and similar long-distance events.

Alf Engers was due to speak of the early years riding against John but was not well enough. John Harvey, third man in the Barnet Team with Alf and John, spoke on his behalf and gave intriguing details of the gung-ho competition which was such a feature of the period.



Bob Moore followed with an account of the sometimes thrilling and often humorous escapades, whilst Pete Perrin took the audience into the latter years with further absorbing tales.

Danuta Tinn concluded with stories of the later years when John took her under his wing with his own ideas of what coaching entailed. Rides in company with John were restricted to Mondays because that was his day of 'taking it easy' - this ensured that she was, at least for much of the time, able to maintain her position on John's back wheel. However, there were stipulations; certain things were not to be mentioned - VTTA awards and standards, the RTTC and certain individuals, any of which would tend to upset John's equanimity, resulting in an increase in speed which sometimes resulted in her being dropped and having to search for him in order to be able to make her way home.

The gathering retired to the exceptional hospitality of Twyford Golf Club where tales of days gone by were exchanged to the degree known only to the senior members of the Time Trialling Fraternity.

It was a fitting conclusion to this impressive occasion in memory of a most remarkable person who will never be forgotten by those who lived and shared his remarkable career.

*Jim Burgin*

## JOHN WOODBURN'S SOLO ACHIEVEMENTS

### RTTC Championships

1961	25 Mile Champion	56:01
1978	BBAR Champion	
1979	12 Hour Champion	285.51
1980	24 Hour Champion	505.47
1981	24 Hour Champion	488.43
	12 Hour Champion	269.48
1983	12 Hour Champion	266.37

### Personal Bests

10 miles	20:41
25 miles	51:21
30 miles	1:02:53
50 miles	1:45:31
100 miles	3:47:54
12 hour	285.51
24 hours	505.47

### VTTA Championships

BAR 1979, 1980, 1985, 1987, 1989  
 2005 VTТА 25 Mile Champion  
 2006 VTТА 50 Mile Champion

Currently the holder of five VTТА age records

### RRA Road Records

1962 Cardiff - London 6:43.29  
 1976 London - Portsmouth - London 6:34.39  
 1981 London - Bath- London 9:03.07  
 1982 Lands End - John O'Groats  
 1 day, 21 hours, 3 mins, 16 secs



*John cherished his reputation as a curmudgeon - smiling was not allowed, as this picture of him with then VTТА National Chairman Eddie Green shows*

# HANDBOOK AMENDMENTS & CORRECTIONS

## Page 6 National Committee

Treasurer Mary Corbett's address is 28 The Meadows, Lyndhurst, Hampshire, SO43 7EL.  
 Tel 07837 551768

National Recorder Steve Lockwood's address is now Honey Combe Cottage, Willow Road,  
 Martley, Worcs. Tel. 01886 889174

Membership Secretary Merv Player's email is now mervplayer33@gmail.com

All other email addresses are as listed in The Veteran

Committee member Barry Quick is a member of London & Home Counties

## Page 8 East Anglia Officials

General/Membership Secretary Merv Player's email is now mervplayer33@gmail.com

Recorder Tony Clarke's tel. is 01223 440399 and email is now sandtony1950@gmail.com

Time Trials Secretary John Golder's email is now jgolder66@outlook.com

Age Records Secretary Sue Clarke's tel. is 01223 440399 and email is now sandtony1950@gmail.com

## **Page 9 Kent Group Officials**

President & Chairman is now Mark Vowells, Penny Green, Round Street, Cobham, Kent, DA13 9BA. Tel: 01474 393402 e-mail: markvowells@hotmail.co.uk  
Vice Chairman is now John Hawkrigde, 12 Regent Drive, Loose, Maidstone, Kent, ME15 6DG  
Tel: 01622 762837 e-mail: john.hawklaw@googlemail.com  
Time Trial Secretary is now Robert Giles, 91 Park Way, Coxheath, Maidstone, Kent ME17 4EX. Tel: 07905 086613 e-mail: robertggiles@icloud.com  
Kent Vet News Production is now Neil Quarmby, Hatton House, Perry Street, Chislehurst, BR7 6PU Tel: 02030153626 e-mail: neil@islimited.co.uk  
Committee Members are Dave Wright, Mark Wright and Duncan Leith

## **Page 10 London and Home Counties Officials**

Secretary John Hoskins is also Press Secretary

## **Page 11 Manchester and North West Officials**

Secretary and Recorder is now Tony Farrell, Lealtad, Brookledge Lane, Adlington, Cheshire, SK10 4JU Tel: 01625 820210, email f.t.a.1@icloud.com  
Additional committee member - Barbara Wellings

## **Page 15 North Lancashire and Lakes Officials**

Chairman and Recorder Richard Taylor's email is rtaylor023@aol.com  
Secretary Sue Cheetham's email is suecheetham63@gmail.com  
Treasurers Bob & Hazel Matthews email is haz.matt@hotmail.co.uk  
Publicity guy Dave Brown's email is davebrown.cyclist@tiscali.co.uk (note dot in place of dash)  
Luncheon Secretary is John Leach, 16 Rushbed Drive, Reedsholme, Rossendale, Rawtenstall, Lancashire, BB4 8NQ. 01706 536551: jsleach45@gmail.com

## **Page 17 Nottingham and East Midlands Officials**

"Veteran" Reporter is David Herd, 2 Meadow Close, Long Bennington, Newark, Notts, NG23 5EQ. Tel 01400 281116. Email davidherd63@outlook.com

## **Page 19 Surrey/Sussex Officials**

Secretary Ester Carpenter's email is estercarpenter@rocketmail.com  
Treasurer Jon Fairclough is also Press Secretary. Email is jon.fairclough54@gmail.com

## **Page 20 Wessex Officials**

Committee member Glenn Longland added,

## **Page 22 Yorkshire Officials**

Recorder Jim Trevor's email is jim@radgrove1.karoo.co.uk

## **Page 59 Past Champions**

Three Distance Club Team 2016 is Chelmer CC (not Team Swift)  
Short Distance Competition Team 2016 is Cambridge CC (not Team Swift)

## **Pages 66 to 74 Records**

Changes to the records list are too numerous to be summarised. The full records list updated as at 31st October 2016 will be available on the VTTA Facebook page and the new VTTA website, initially as a pdf download. Any member specifically needing the list may also request it as a pdf document from The Veteran editor.

## IMAGINE!

You're fit and healthy, the best you've ever been. You've been training really hard getting ready for a time trial and you're determined to beat that other rider who just keeps on pipping you to the post. The big day comes and you're sure this is the time you'll come out on top. You eagerly go to the result board to find out how you've done. Have you at last got the better of him?

But what do you see? You find he's beaten you by just a second to take first place! You're distraught and just can't believe it and thinking it over you remember him taking some big puffs of an inhaler just before the off and tucking it in his back pocket and seeing him doing that at other events. You go over and strike up a conversation and casually mention about the inhaler and he tells you he needs it because he suffers from asthma.

As you drive home you remember reading a cycling article about how surprising it is that so many professional riders apparently "suffer" from the condition and the article implying that by using an inhaler it helps them. A case of when they found themselves struggling and got to a climb then out came the inhaler to give them a "boost" to help them get over it.

"Damn", you think, "is that fair? Isn't that cheating? Why should someone who isn't fit be allowed to use medicine to **artificially** improve their health? And therefore their performance ! How on earth can that be right and proper?"

You go to bed but no matter how much you try can't get to sleep with your mind buzzing about THAT second and THAT inhaler ! Your mind keeps asking you, how many times have you been "cheated"? Because you now realise you have not been competing against a **man** but a **man and his medicine** that he is taking to boost and improve his poor health.

And now to your "dismay and disgust" you read many professional riders including recent TdF winners are also in that group of riders. But you read apparently it's "all ok" because they have "legal" dispensation/approval for that. Something that's technically called "TUEs" - which means therapeutic use exemptions. The article goes on to say that many sports people, including doctors, are now saying it can be abused and is an underhand way of condoning the use of powerful drugs and should be stopped.

From your experience you agree thinking, "Isn't that a nice way of excusing and allowing cheating? How can unhealthy riders be allowed to "become" healthy by using medicine/drugs?" Your mind asks the question, "What can I do? I've done my absolute best by training hard so perhaps ..... I need to visit my doctors saying I need an inhaler for my asthma to "help" my lungs, eh?"

And now you find, thanks to some computer hackers who got into the WADA (Worlds Anti Doping Association ) and publicised info from their files that the situation is even murkier! Two famous tennis stars who have dominated their sport for so long have also been given exemptions for a variety of "helping" medicine for their health "problems." One, for instance, has been allowed to use the restricted drugs prednisone, prednisolone, methylprednisone, hydromorphone and oxycodone between 2010/15. The other has also taken prednisone and prednisolone as well as triamcinolone and formoterol.

And it does not end there because in our sport you read that several GB cycling "Stars" who you have admired and have dominated and had such tremendous and unbeatable success over the years have also been allowed "Tues", hmm! "Gawd alive, is there no end to this?" you think. Apparently not ! So, there you go, when you see someone winning it sadly doesn't mean they have done that entirely by their own efforts !! It may well be due to their little friend "**TUE!**"

A prominent sports scientist believes that what started out as a legitimate practice, the idea that athletes with asthma, say, getting TUEs so they could negate the disadvantages they faced – has been corrupted and now considers all "TUEs" should be banned from competition.

Let's hope they are and everybody is returned to a level playing field with no one being allowed "assistance" to distort their ability.

By Mike Jupp (West Group).

*Strong views expressed by the author. However VTTA members should be aware that the requirements for TUEs are stricter procedurally for international athletes than national athletes (which most/all VTTA members would be considered). National athletes are able to apply for a TUE retrospectively following a failed test. If the TUE process is able to confirm that a substance was taken purely for a medical condition and under appropriate medical supervision then sanctions are unlikely to be applied.*

*This is not intended as a definitive interpretation of the rules (which are available on the UKAD website), but is simply to alleviate concerns of any of our members who may be competing whilst taking medication on a doctor's advice. The formulation and application of rules relating to doping and TUEs are the responsibility of CTT and UKAD but are observed by the VTTA.*

*Guidance on TUEs and on legitimacy of prescription and over-the-counter medications can be found at <http://ukad.org.uk/medications-and-substances/checking-medications/>*

*Any members who wish to contribute or to pass comment in the next edition of The Veteran may do so.*

## NOTICE BOARD

- All entrants for VTTA National Championships MUST include their VTTA Group, VTTA membership number and LTS best plus at the distance entered. If entering on-line this information may need to go in a note. Without this information you are creating extra work for the organiser and risk having your entry rejected.
- If any member would prefer to receive 'The Veteran' as a pdf file please email your request direct to the editor. Most members prefer the satisfying feel and ease of reading of a printed magazine, so there is no intention of stopping printing and posting for the majority.
- The 100 mile championship took place on Spring Bank Holiday Monday, incorporated into the Anfield BC 100. Winner was Richard Bideau (Pendle Forest / NL&L) with +73:52 at age 46 (3:38:40 actual), second was Peter Greenwood (Team Swift / NL&L) +72:56 at age 65 (4:04:33 actual); last years champion Dave Hargreaves (N Lancs RC / NL&L) was in bronze, a further 5 minutes in arrears. The ladies award went to Lynne Biddulph (Born to Bike / Mid). There will be a full report, results and photographs in the September Veteran. Also in that edition will be the 25 mile, 12 hour and 24 hour championships.
- Copy date for the September Veteran is 20<sup>th</sup> August.

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