



Number 63

December 2019

# THE VETERAN



# VETERANS TIME TRIALS ASSOCIATION

National Association for the 40 years old and over racing cyclist

## NATIONAL EXECUTIVE 2019/20

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Website : [vtta.org.uk](http://vtta.org.uk) and Facebook

Cover photo - Douglas Watson (GTR-Return to Life) storming to a new Scottish record on his silver medal ride in the VTTA 30 mile championship

# THE VETERAN

## THE QUARTERLY MAGAZINE OF THE VETERANS TIME TRIALS ASSOCIATION

*Founded in 1943 to promote cycle time trialling for those aged 40 and over*

Number 63

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This magazine marks the end of another year, which has had a few ups but many downs due to traffic disruption and abnormal weather. Our veterans' races and competitions have been conducted with the aid of the new standards tables, which have evened up some of the inequalities of minority groups and resulted in very committed and highly trained women and trike riders taking more of the national awards. There has again been some excellent competition and all riders are to be complimented on their efforts, whether it be winning a national award or, more modestly, simply achieving a standards medal.

Already we hear grumbles that the new tables are too generous because the majority group of male bike riders are no longer sweeping the board. Results of the remaining championships and the season long competitions are included in this magazine, so we can now form our own opinions and air them at the forthcoming AGM, either as an attendee or through our group delegates.

I always look with interest in the December magazine at the list of "oldies" who continue to compete well into their 80s (and beyond in the case of Syd Wilson). Any recognition which this group gets is richly deserved - they are an example to all of the opportunities provided by our wonderful organisation to remain fit and active. However there is something alarming in our 2019

list - the men's numbers remain fairly constant at 39, but where are all the women?

I recently read the excellent Beryl Burton biography "The Greatest : the Times and Life of Beryl Burton" by William Fotheringham. The book is a great story of achievement mixed with personal recollections of those with whom she mixed, although I found the later chapters rather sad. They recount Beryl's inevitable decline and her refusal to adjust her competitive challenges. She was slipping far down the finishing order, younger riders were beating her, and many were questioning why she continued competing. The answer was because she enjoyed the environs and social ambience of time trialling. Then why did she not embrace VTTA events, with their age adjustments, and continue doing what she clearly loved? BB would surely have mopped up many age records and championship wins.

Upon reflection, her contemporaries who she so regularly beat, such as Carole Gandy, Mary Horsnell and the rest are probably glad that she did not!

I'll close by wishing you all the best for Christmas and for the new Year. May 2020 be kind to you and give you plenty of opportunities to improve on your standards.

*Mike Penrice*

## LETTER FROM THE PRESIDENT

Wet, cold and windy weather seems to be the order of the day as the year progresses and yet even though there has been what seems like a ton of leaves having already dropped there are many more still on the trees, indicating that it perhaps has been fairly warm. Coming back through Spain and France recently it was interesting to see the leaves still clinging to the branches and indeed it was well in to France before there was any hint of autumn. Colours this time of the year are always spectacular and even more enhanced when the sun shines. A truly glorious time of the year but tinged with the fact that winter is only just around the corner.

It is quite scary when at the beginning of November the thought of Christmas hits home hard with the entire festive bunting etc ever present in every shop one goes into. Car parks become full and roads become jammed. I sometimes feel that the true meaning of Christmas is being forgotten with an ever increasing commercial flavour taking over.

This is the time of year for AGMs, dinners and luncheons. This is not the case for the VTTA who do not hold their AGM and prize presentation until January. A good time to celebrate all the achievements that members have attained from championship glory to obtaining their standards, showing that the performances of riders has yet again been high this past season. Make sure you come along to receive your just rewards and perpetuate the continuance of the VTTA - it's a great organisation for the 40+ age group.

Each year Merv Player collects details of our members who are still riding event s at 80+. National statistics show we are living longer and we hope that means that the older members of the Association will continue to ride competitively. Even with our new revised standards a very good 80 year old can still beat an exceptional 40+ on standard. We should be proud of being the only major sport where the older cyclist can compete with their younger competitors and still come out as winners.

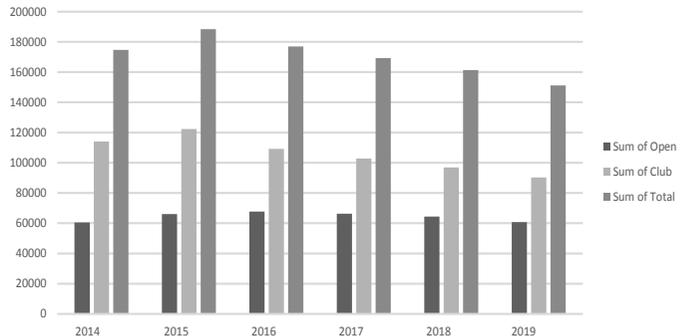
Keep turning your pedals. Every good wish for the festive season.

*Carole Gandy*

## VIEW FROM THE CHAIR

At the NEC meeting in September there was a brief informal discussion about how we felt time trialling was doing overall as a sport. Some members thought there was some decline in participation, but we wondered if we could get actual statistics. So we asked the CTT and got some numbers for the last 3 years. As things happen, a week or so later there

was a discussion on Time Trialling Forum where people added some additional statistics. These reflect participation by all time triallists, not just VTTA members, but are interesting nonetheless. This chart shows total rides in the last 6 years in CTT open and club events.



For open events, the number of rides this year is very similar to 5 years ago (about 60,500) but rose temporarily to nearly 68,000 in 2016. The more noticeable change is in club events where the number of rides has fallen quite sharply from a peak of over 122,000 in 2015 to just over 90,000 this year. An obvious question however is “Are there less riders competing, or are riders competing less?” Spindata made a contribution to the discussion and were able to provide numbers of both rides and riders for the last 3 years. These were also taken from the CTT website but did not include DNS or DNF, hill climbs, TTs and trikes/tandems so the total rides shown in open events is lower. These figures show a decline in both rides and riders although the average number of rides per rider is little different.

Year	No of Riders	No of Rides	Average Rides per Rider
2019	8411	37229	4.42
2018	9046	40580	4.49
2017	9830	45507	4.63

There were various suggestions as to how to explain these figures and their implications. One suggestion is that riders are being drawn to other aspects of the sport - sportives, mountain biking, triathlon, gravel bikes, and Zwift and other turbo-based riding. A different perspective is that some time triallists are being more selective about what events they ride in order to fit racing into a more structured training plan. As usual, statistics can raise more questions than they answer, while anecdotal answers may lack adequate evidence.

We know our VTTA membership numbers have remained stable for the last 3 years at between 2700 and 2800 and have risen from 2500 in 2013. But it would be interesting to have statistics for VTTA members in events. Unfortunately, the ‘VTTA details’ which can be held on the CTT site are not proving wholly reliable as they depend on our members updating them when they join or leave. This is why we are asking members who join or renew online if we can confirm they are VTTA members with the CTT so the accuracy can be improved.

The above statistics do however present us with a challenge as to how the VTTA can help encourage growth in the sport. In 2020 I hope the NEC and the groups can give some thought as to how we can better market our Association and the benefits of its membership, events and competitions.

*Andrew Simpkins*

## NATIONAL SECRETARY’S PIECE

As we reach the end of another year of racing and swap our prized race bikes for mudguard, single-speed steel winter hacks (or, in my case, take the soft option of turbo-ing and logging into Zwift), we start to contemplate on the year that has been.

For me, I am continuing to relish seeing the “charge of the women”. A few years ago, we were debating whether a drastic change was needed to women’s standards as it was so rare to see a woman on a VTTA podium. However, after Jackie Field’s historic win in the VTTA BAR championship in 2018, we have continued to witness outstanding female rides this year: Christina Murray’s 478.42 miles in the 24 hour championship equated to a plus of 162.62 miles and placed her at the top of the overall podium. In the highly competitive 50 mile event, Karen Ledger’s plus of 33:00 saw her edge out the hugely talented male rider Andy Jackson to win on overall standard. With Angela Carpenter finishing in second place on overall standard in the early season 10 mile championship, it certainly offers confirmation that we are finally getting the standards right. Female fields are growing which is fuelling this increase in standard – and you can’t fail to notice that the aero arms race is being fought out just as fiercely in female fields as it is for the men.

I will always be sad that my stroke in 2018, two weeks before my 40th birthday, means I will never be able to compete in this growing subset of immense female talent. What I am grateful for, however, is being lucky to be able to witness the growing popularity of tandem racing. For many, the tandem results are the ones which you overlook on the results board, but us long wheelbasers are having a whale of a time – and we are now beginning to see the same levels of competition that females were experiencing only around two years ago. We are nearly there! I couldn't help but notice there were more tandem riders than female riders in this year's VTTA National 25 Championship, and this was the first event where I've actually felt proper competitive nerves since my stroke. It was so exciting and a reminder of why we do what we do. Being on a tandem also means you want to channel these nerves even more so you don't let the team down – I know I put in far more effort than I ever did as a solo rider, and Ian Greenstreet, my tandem partner, often races with an average heartrate similar to that of 30 years ago. I long to see tandems get the same amount of credibility in events as solo riders, and I know there are some propositions in both the CTT AGM and likely the VTTA AGM to help make this a reality.

So, as you dust down your winter hack and wrap insulating material around your water bottle this winter, you could perhaps break out of your comfort zone and try something new – you won't regret it. I make no secret about the joy of tandem riding, but there are track records to be had, trikes to be mastered and, for the massively adventurous, there are even tandem trike standards to attain (just make sure you have a friend to record your first turn roundabout attempt as YouTube fame certainly beckons).

I wish all members a very peaceful New Year period, and I encourage as many of you as possible to come along to the annual awards ceremony (which precedes the AGM) on 25 January – you will be amazed by some of the performances you witness.

*Rachael Elliott*

## *The Fellowship of Cycling*

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## **MEMBER'S REMINDERS**

Paid for **Life Members** are reminded that they must subscribe £6 p.a. to continue to receive The Veteran magazine.

All **Individual** and **Joint Members** are also reminded that they must rejoin, if not already done so.

All membership and subscription payments can be made either via the online membership system or through your group treasurer.

If you do not make these payments before 28<sup>th</sup> February 2020 you will not receive your March magazine.

## IT MANAGER'S REPORT

Renewal invitations have been sent by email to all active Individual Members and Primary Joint Members. Emails have also been sent to HLMS to ask them to check their details. If you do not have an email address a letter should be sent from your group. In the emails all members have been asked to give their consent for their VTTA number, group, first name, last name and date of birth to be shared with the CTT. This is for the purpose of managing entries and results in CTT events as a VTTA member. We hope all members will tick this box in their profile to give permission.

The Age Records system went live in August. We have just made some improvements to it to make it easier to view both current and beaten records, and to search for records by the first and/or last name of the cyclist. To access the system, go to the VTTA website where you will find the National records under the Records tab and the Group records in the group tabs. You can find a user guide to the system in the About/Documents section. Note for the East Anglian, Kent, Merseyside, North, North Midlands, Nottingham and East Midlands, Scotland, South Wales, Wessex tandems and Yorkshire groups, only records that are, or have been, national records are shown. I hope that the above mentioned groups will send their files of group records for upload.

We now have 2144 registered users on the VTTA website, a 4% increase on the 2055 reported three months ago. If you have not been to the VTTA website [www.vtta.org.uk](http://www.vtta.org.uk) and registered, please do so. If you need any help doing this, please contact your group membership secretary or me.

I completed the 1200km Paris-Brest-Paris race in August, with a time of 79 hours 26 minutes, comfortably within my 90 hour time limit. There were 6374 starters and 1702 non-finishers/out of time (27% of starters). I got about four hours sleep during the ride. As



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usual I stopped for longer than most getting plenty to eat and drink at the controls every 100km or so. The support from the locals was fantastic, night or day there would be people on the streets or beside the roads cheering you on and offering free food and drink. I was surprised by how cold it got at night – several degrees below the weather forecast where there were temperature inversions in the valleys. Wind chill on downhills, especially the long one into Brest, made it worse. I had arm and leg warmers but missed winter gloves. On the last night I was struggling to keep my head up and a kind lady gave me a neck massage which got me through to the finish!

*Jon Fairclough*

## **C.W. COOKE TROPHY AND TED BRICKNELL MEMORIAL AWARDS 2019**

As usual there were some high quality nominations from the groups for these two prestigious awards, with the NEC having to judge between eight for the C.W.Cooke and six for the Ted Bricknell. After careful consideration they are pleased to announce the following most deserving winners.

*C.W.Cooke Trophy for the most meritorious racing performance of the season is awarded jointly to tandem riders Rachael Elliott (Newbury RC) and Ian Greenstreet (AeroCoach), both of London and Home Counties Group.*

Following her remarkable recovery from a stroke in early 2018 and no longer able to ride a solo, Rachael teamed up with Ian to begin tandem time trialling. This was a new discipline for them both but they soon discovered the extra performance depths possible by riding together, through not wishing to let their partner down. They started off in March with a modest 33:45 for 15 miles but after optimising equipment and riding strategy their times soon tumbled. By early June they achieved 15 miles competition record with 28:01. In the months that followed they lowered this record further to 27:55, captured the 25 mile record with 47:09 and twice lowered the 30 mile record - first to 57:19 and then to 56:54. All these rides were age 96 national records, as was their 50 mile ride in 1:44:22.

*Ted Bricknell Memorial Award is given for outstanding services to the Association and for 2019 is made posthumously to our late National Recorder Steve Lockwood of Midlands Group.*

Steve joined the VTTA in 2010 and soon took on various administrative roles, often using his skills in IT and data processing. In 2012 he took over as National Recorder and in addition to the competition administration aspects of the role he became the lead player in the 2012/3 standards review and update, introducing a high level of statistical analysis to the process. Following the enhanced capture of performance data by the CTT website he then repeated the task several years later to produce the newly introduced 2019 standards.

Steve's untimely passing has left a huge gap in the VTTA organisation and he is sadly missed, although he leaves a valuable legacy in the new standards and a wider appreciation of factors to be considered in any further revisions.

### **VACANCY FOR NATIONAL TREASURER**

It was announced in the September Veteran that Mary Corbett is stepping down as our National Treasurer; we invited interest from members in taking up this vital role in the VTTA. This is an important position and the VTTA cannot operate effectively without it being filled.

The National Treasurer manages the financial affairs of the VTTA and is a member of the NEC. The move to online banking, and the implementation of the new National Online Membership System, have helped to streamline the processes involved in the role. Key tasks include liaison with groups over national subscriptions, managing the authorisation and payment of invoices and reimbursement of expenses, the submission of quarterly financial reports to the NEC, and the production of the annual accounts. Records are currently kept using Excel, not any specialist accounting software. NEC meetings are held quarterly, where the Treasurer provides an update on financial matters and may advise on the financial implications or consequences of decisions.

A full description of the role is available on request and Mary is willing to assist with the handover.

If you would like to register a potential interest in the role please contact the Chairman, Andrew Simpkins, on 07767 835004 or email him at [chairman@vtta.org.uk](mailto:chairman@vtta.org.uk).

# RESULTS OF SEASON LONG COMPETITIONS

## Compiled by Glen Knight - National Recorder

We have a big jump in claim numbers in 2019 with a total of 370 riders making a total of 534 claims in our three competitions; this included 48 women who made a total of 66 claims. Total number of claims in 2018 was 446 and in 2017 was 442.

Participation by group is as follows (2018 in brackets):

East Anglian - 9 (19), Kent - 7 (2), London & Home Counties - 27 (23), Manchester & North West - 7 (5), Merseyside - 30 (28), Midlands - 7 (8), North - 7 (5), Nottingham & East Midlands - 18 (15), North Lancashire & Lakes - 33 (27), North Midlands - 36 (41), Surrey/Sussex - 8 (6), Scotland - 42 (50), South Wales - 4 (5), West - 34 (16), Wessex - 34 (40), Yorkshire - 67 (20)

92 claimants are aged 40-49, with 147 in their 50s, 91 in their 60s, 35 in their 70s and 5 in their 80s with two of these gaining top five places.

Angela Carpenter, Jackie Field and Michelle Lee taking the top three positions overall in the 3 Distance Competition is a fantastic result and a testament to their hard work this season. Angela Carpenter also takes first woman and third overall in the Short Distance Competition as well as being a member of the winning club team in the Short Distance Competition and winning group team in the Three Distance Competition.

Ron Hallam (South Pennine RC) continues to lead the way in the Short Distance Competition with the overall win for the fifth consecutive time!

Following a change made at the last AGM, awards are now made in each competition to the first three men, the first three women, the best group team of six and the best club team of three. These award winners are shown in bold in the results tables.

Awards will be presented to all winners at the National Presentation/AGM, to be held at Solihull on Saturday 25<sup>th</sup> January 2020.

## BEST ALL ROUNDER COMPETITION - MEN

Pos	Name	Club	Group	Age	25 time	50 time	100 time	12 dist	Plus
1	<b>David Shepherd</b>	...a3crg	<b>Wsx</b>	58	<b>0:52:19</b>	<b>1:48:05</b>	<b>3:40:47</b>	<b>289.45</b>	<b>1:18:12</b>
2	<b>Andy Jackson</b>	<b>AeroCoach</b>	<b>Yks</b>	43	<b>0:48:06</b>	<b>1:39:36</b>	<b>3:41:19</b>	<b>303.98</b>	<b>1:15:16</b>
3	<b>Darren Yarwood</b>	<b>Vive Le Velo</b>	<b>Yks</b>	45	<b>0:50:02</b>	<b>1:41:35</b>	<b>3:31:17</b>	<b>295.95</b>	<b>1:14:58</b>
4	Steve Williamson	...a3crg	Wsx	48	0:57:15	1:46:09	3:37:14	296.20	1:06:55
5	Andrew Whiteside	Bella in Sella	NL&L	45	0:50:38	1:46:01	3:39:36	281.08	1:06:31
6	Nick Cave	Lutterworth CRT	N&EM	53/54	0:51:29	1:46:20	3:44:42	253.53	1:05:56
7	Mark Sanders	Mid Devon CC	West	59/60	0:54:34	1:49:19	3:52:17	246.51	1:04:14
8	Adrian Hughes	Seamons CC	M&NW	52	0:50:37	1:51:11	3:56:02	267.37	1:03:09
9	Neil Clemminshaw	Vive Le Velo	Yks	49	0:54:12	1:52:33	3:49:45	279.40	1:00:32
10	Andrew Askwith	Vive Le Velo	Yks	54/55	0:53:59	1:51:32	4:02:05	261.66	0:59:07
11	Jeff Roberts	High Wycombe CC	L&HC	54	0:54:32	1:50:35	3:53:13	252.81	0:58:41
12	Robert Bullyment	Catford CC	Kent	46	0:53:45	1:50:05	3:45:29	268.69	0:57:52
13	Martin Bullen	Peterborough CC	NMid	66/67	0:55:52	1:57:26	4:26:52	234.40	0:57:12
14	Nick Jones	Bournemouth Jub Whs	Wsx	43	0:52:53	1:48:02	3:46:38	265.11	0:55:37
15	Victor Chetta	Mid Shropshire Whs	Mer	41/42	0:55:20	1:51:14	3:37:53	279.14	0:55:11
16	Ray Retter	Born to Bike	West	73	0:57:59	2:22:22	4:22:30	223.85	0:53:50
17	Sean Sanders	Drighlington BC	Yks	48/49	0:54:32	1:50:58	4:00:20	252.07	0:51:36
18	Angus Wilson	Dundee Thistle RC	Scot	50	0:55:43	1:57:34	4:09:28	268.91	0:50:00
19	Darren Gough	Barnsley RC	Yks	50	0:54:09	1:58:20	4:14:24	268.73	0:49:54
20	John Murphy	Gloucester City CC	West	79	1:01:39	2:22:47	4:54:59	174.40	0:47:29

Pos	Name	Club	Group	Age	25 time	50 time	100 time	12 dist	Plus
21	Simon Higgins	Liverpool Century	Mer	58/59	0:59:26	2:00:05	4:16:40	243.15	0:45:54
22	Paul Russell	Springfield Financial	NL&L	52	0:56:13	2:00:06	4:04:08	233.08	0:42:51
23	Lez Young (trike)	Lincoln Whs	NMid	65	1:11:45	2:14:41	5:10:12	185.56	0:42:36
24	Jon Fairclough	Woking CC	S/S	65	1:01:54	2:10:15	4:36:01	228.13	0:38:10
25	Peter Baker	Lewes Wanderers CC	S/S	61	0:57:28	2:07:49	4:36:22	221.39	0:36:32
26	Robert Jones	Cardiff 100 Miles RCC	SWIs	67	1:02:05	2:11:12	4:54:02	226.57	0:35:52
27	Gary Simpson	Yorkshire RC	Yks	51	0:59:05	2:01:12	4:32:21	250.42	0:35:36
28	Martin Garget	Halifax Imperial Whs	Yks	46	0:56:36	2:05:49	4:12:09	245.52	0:34:56
29	Jez Willows	Sherwood CC	N&EM	53/54	0:55:22	2:02:55	4:29:30	214.44	0:33:11
30	Ed Neilson	Vive Le Velo	Yks	42	0:57:31	2:02:31	4:16:17	253.06	0:32:22
31	Angus Swanson	Stirling Bike Club	Scot	51	1:02:19	2:06:27	4:24:15	242.10	0:29:46
32	Nigel Briggs	South Pennine RC	N&EM	58	1:03:11	2:11:48	4:39:41	225.18	0:25:20
33	Ian Casson	Birkenhead Victoria	Mer	66/67	1:06:03	2:18:48	4:58:28	205.11	0:20:40
35	Adrian Watkins	Tornado RCC	Wsx	51	1:02:29	2:12:10	4:45:09	229.55	0:18:30
35	Gary Martin	Westerley CC	L&HC	60	1:11:48	2:21:17	4:54:27	206.70	0:06:11

## BEST ALL ROUNDER COMPETITION - WOMEN

Pos	Name	Club	Group	Age	25 time	50 time	100 time	12 dist	Plus
1	Christina Murray	Army Cycling Union	Wsx	42/43	0:54:34	1:55:23	3:58:18	266.43	1:09:51
2	Katja Rietdorf	Born to Bike	L&HC	48	0:56:36	1:57:07	4:03:49	251.55	1:07:57
3	Kathryn Smith	Sleaford Whs CC	N&EM	65	1:03:39	2:16:46	4:51:06	224.10	0:52:30
4	Theresa Taylor	Ribble Valley	NL&L	59	1:02:04	2:15:31	4:36:30	228.88	0:51:07
5	Michelle Walter	Bournemouth Arrow CC	Wsx	58	1:04:50	2:15:22	4:51:21	220.94	0:41:37

### FASTEST ON ACTUAL MPH

Andy Jackson (AeroCoach / Yorkshire Group) is fastest on actual (average) speed with 28.437mph

### GROUP TEAMS OF 6 ON PLUS

Pos	Group	Name	Club	Plus	Team Plus
1	Yorkshire	Andy Jackson	AeroCoach	1:15:16	6:11:24
		Darren Yarwood	Vive Le Velo	1:14:58	
		Neil Cleminshaw	Vive Le Velo	1:00:32	
		Andrew Askwith	Vive Le Velo	0:59:07	
		Sean Sanders	Drighlington BC	0:51:36	
		Darren Gough	Barnsley RC	0:49:54	
2	Wessex	David Shepherd	...a3crg	1:18:12	6:14:20
		Christina Murray	Army Cycling Union	1:09:51	
		Steve Williamson	...a3crg	1:06:55	
		Nick Jones	Bournemouth Jub Whs	0:55:37	
		Michelle Walter	Bournemouth Arrow CC	0:41:37	
		Adrian Watkins	Tornado RCC	0:18:30	

### CLUB TEAMS OF 3 ON PLUS

Pos	Club	Name	Group	Plus	Team Plus
1	Vive Le Velo	Darren Yarwood	Yorkshire	1:14:58	3:14:37
		Neil Cleminshaw	Yorkshire	1:00:32	
		Andrew Askwith	Yorkshire	0:59:07	

## THREE DISTANCE COMPETITION - WOMEN

Pos	Name	Club	Grp	Age	25 time	50 time	100 time	Plus
1	Angela Carpenter	...a3crg	Wsx	50	0:51:56	1:52:48	3:53:16	1:02:24
2	Jackie Field	CC Ashwell	EA	54	0:54:32	1:53:54	3:53:46	1:02:00
3	Michelle Lee	Royal Dean Forest CC	West	46	0:53:16	1:51:40	3:48:23	1:00:03
4	Christina Murray	Army Cycling Union	Wsx	42/43	0:54:34	1:55:23	3:58:18	0:51:38
5	Katja Rietdorf	Born to Bike	L&HC	48	0:56:36	1:57:07	4:03:49	0:51:32
6	Deborah Moss	Team Merlin	NL&L	49	0:55:39	2:04:20	4:15:45	0:46:36
7	Andrea Parish	VeloSistas TT Team	SWIs	51	0:56:30	2:06:38	4:22:33	0:44:18
8	Kathryn Smith	Sleaford Whs CC	N&EM	65	1:03:39	2:16:46	4:51:06	0:37:27
9	Theresa Taylor	Ribble Valley	NL&L	59	1:02:04	2:15:31	4:36:30	0:37:03
10	Patricia Baird	Ecosse Performance	Scot	54	1:02:41	2:13:07	4:33:55	0:34:12
11	Janet Fairclough	St Helens CRC	Mer	58/59	0:58:47	2:16:56	4:59:31	0:33:32
12	Liz Ball	Valley Striders CC	Yks	65/66	1:09:15	2:19:24	4:50:25	0:31:10
13	Michelle Walter	Bournemouth Arrow CC	Wsx	58	1:04:50	2:15:22	4:51:21	0:29:46
14	Helen Tudor	Oswestry Paragon	Mer	50	1:07:00	2:16:11	5:00:08	0:18:55
15=	Alison Vessey	Didcot Phoenix CC	West	65	1:05:48	2:31:32	5:35:45	0:16:45
15=	Susan Sanders	Drighlington BC	Yks	48/49	1:08:14	2:15:39	5:01:18	0:16:45
17	Helen Goldthorpe	Otley CC	Yks	41	1:05:35	2:25:29	4:58:51	0:09:24
18	Nichola Rorke	Exeter Whs	West	49	1:13:49	2:21:49	5:18:21	0:04:02
19	Ala Whitehead	Rockingham CC	NMid	45	1:15:41	2:47:24	5:57:00	-0:23:07

## THREE DISTANCE COMPETITION - MEN

Pos	Name	Club	Grp	Age	25 time	50 time	100 time	Plus
1	David Hargreaves	North Lancs RC	NL&L	72/73	0:55:36	1:55:42	3:58:46	0:59:55
2	Andrew Grant	Cambridge CC	EA	65/66	0:52:09	1:51:05	3:49:03	0:58:45
3	Peter Horsnell	Chelmer CC	EA	89	1:10:40	2:44:42	5:19:45	0:56:59
4	Andrew Meilak	Velorefined Aerosmiths	Kent	52/53	0:51:45	1:40:41	3:38:14	0:56:04
5	Alan Murchison	Drag2Zero	L&HC	48	0:48:49	1:42:37	3:36:49	0:55:27
6	Richard Bideau	Pendle Forest CC	NL&L	48	0:50:09	1:43:05	3:32:29	0:54:58
7	David Shepherd	...a3crg	Wsx	58	0:52:19	1:48:05	3:40:47	0:54:56
8	Darren Yarwood	Vive Le Velo	Yks	45	0:50:02	1:41:35	3:31:17	0:54:13
9	Joseph Costello	Walsall Roads CC	Mids	60	0:52:08	1:47:30	3:53:22	0:53:53
10	Andy Jackson	AeroCoach	Yks	43	0:48:06	1:39:36	3:41:19	0:53:17
11	Nick Cave	Lutterworth CRT	N&EM	53/54	0:51:29	1:46:20	3:44:42	0:52:35
12	Shawn Gough	Tuxford Clarion	NMid	46/47	0:50:00	1:45:37	3:34:26	0:52:19
13	Antony Green	New Forest CC	Wsx	54/55	0:52:15	1:45:14	3:48:31	0:51:51
14	Colin Parkinson	South Western RC	N&EM	57	0:53:52	1:46:30	3:49:45	0:51:11
15	John Lacey	Hemel Hempstead CC	L&HC	55	0:53:26	1:48:52	3:41:05	0:51:10
16	Mat Ivings	Buxton CC	NMid	46	0:50:10	1:45:44	3:38:02	0:50:58
17	Mark Sanders	Mid Devon CC	West	59/60	0:54:34	1:49:19	3:52:17	0:50:34
18	Andrew Whiteside	Bella in Sella	NL&L	45	0:50:38	1:46:01	3:39:36	0:49:19
19	Steven Cottington	Bath CC	West	57	0:51:56	1:53:41	3:52:13	0:48:55
20	Paul Fleming	Preston Whs	NL&L	53/54	0:52:23	1:48:49	3:50:08	0:48:52
21	Chris Scawn	Plymouth Corinthian CC	West	68	0:54:25	1:58:44	4:16:52	0:48:31
22	Joe Le Sage	Rutland CC	NMid	46	0:51:22	1:44:39	3:46:12	0:48:16
23	Steve Burrows	Vive Le Velo	Yks	59/60	0:53:48	1:54:17	3:54:19	0:48:04

Pos	Name	Club	Grp	Age	25 time	50 time	100 time	Plus
24	Keith Dorling	Team Bottrill	EA	60	0:50:33	1:56:31	4:07:11	0:47:30
25	Adrian Hughes	Seamons CC	M&NW	52	0:50:37	1:51:11	3:56:02	0:47:06
26	Craig Horseman	Beacon Whs	NL&L	45	0:52:02	1:48:14	3:41:50	0:46:16
27	Chris Lea	Buxton CC	NMid	56/57	0:55:16	1:52:42	3:52:28	0:45:46
28	Jeff Roberts	High Wycombe CC	L&HC	54	0:54:32	1:50:35	3:53:13	0:45:30
29	John Golder	Chelmer CC	EA	66	0:56:57	2:01:23	4:04:00	0:45:24
30	Steve Williamson	...a3crg	Wsx	48	0:57:15	1:46:09	3:37:14	0:45:09
31	Alastair Semple	Stafford Roads Club	Mids	51/52	0:52:44	1:51:30	3:53:16	0:45:07
32	Steve Ayres	Bronte Whs	Yks	40	0:50:14	1:41:24	3:53:33	0:45:00
33	Ian Elliot	Hawick CC	Scot	69	0:57:43	2:00:36	4:20:00	0:44:49
34	Adrian Blacker	C and N Cycles RT	S/S	55	0:53:18	1:50:27	4:05:59	0:44:17
35	Alan Chorley	Seamons CC	M&NW	47/48	0:49:40	1:51:07	4:00:38	0:44:00
36	Derek Parkinson	Springfield Financial	NL&L	45	0:52:13	1:49:59	3:47:14	0:43:51
37	Andrew Askwith	Vive Le Velo	Yks	54/55	0:53:59	1:51:32	4:02:05	0:43:49
38	Tony Chapman	Frome & Dist Whs	West	47	0:49:59	1:48:41	4:04:40	0:43:39
39	Martin Bullen	Peterborough CC	NMid	66/67	0:55:52	1:57:26	4:26:52	0:43:29
40	Michael Stevens	Melton Olympic CC	N&EM	69	0:57:38	2:09:34	4:08:03	0:43:24
41	Robert Bullyment	Catford CC	Kent	46	0:53:45	1:50:05	3:45:29	0:43:20
42	Nick Jones	Bournemouth Jub Whs	Wsx	43	0:52:53	1:48:02	3:46:38	0:42:57
43	Neil Cleminshaw	Vive Le Velo	Yks	49	0:54:12	1:52:33	3:49:45	0:42:30
44	James Churchard	Reading CC	L&HC	42	0:53:05	1:47:47	3:47:39	0:41:55
45	David Rundall	Chorley CC	NL&L	69	0:55:56	2:07:23	4:25:35	0:41:49
46	John Murphy	Gloucester City CC	West	79	1:01:39	2:22:47	4:54:59	0:40:34
47=	Nick Young	Yeovil CC	West	54	0:54:23	1:58:06	3:59:08	0:40:25
47=	Nick Hanson	Seacroft Whs	Yks	53/54	0:54:50	1:57:43	3:56:23	0:40:25
49	Carlos Riise	Shetland Whs	Scot	54	0:54:47	1:59:27	3:55:36	0:40:13
50	Sean Sanders	Drighlington BC	Yks	48/49	0:54:32	1:50:58	4:00:20	0:40:07
51	Victor Chetta	Mid Shropshire Whs	Mer	41/42	0:55:20	1:51:14	3:37:53	0:39:54
52	Roger Sheridan	North Devon Whs	West	58	0:54:21	1:56:31	4:16:52	0:39:40
53	Ray Retter	Born to Bike	West	73	0:57:59	2:22:22	4:22:30	0:39:21
54	Andrew Simpkins	Solihull CC	Mids	65	0:57:28	2:01:59	4:21:45	0:39:02
55	David Wright	Warrington RC	M&NW	60	0:58:12	1:57:56	4:09:54	0:38:28
56	Anthony Gough	Velo-One CT	N&EM	44/45	0:53:09	1:55:00	3:53:47	0:38:19
57	Gary Hunt	HartlepoolCC	Nth	56	0:55:50	1:54:11	4:15:14	0:38:16
58	Roger Taylor	Frome & Dist Whs	West	73	0:59:23	2:09:16	4:47:52	0:38:09
59	Alastair Washington	Caithness CC	Scot	82	1:09:07	2:25:09	5:06:42	0:38:08
60	Phil Warburton	Liverpool Phoenix CC	Mer	58	0:56:04	1:59:44	4:10:20	0:37:59
61	Brian Muir	Royal Albert CC	Scot	56	0:56:35	1:57:37	4:07:42	0:37:41
62	Daniel Kempe	Bristol South CC	West	53	0:54:24	1:57:55	4:08:08	0:37:33
63	Ian Peacock	Leek Cyclists' Club	M&NW	67	1:01:01	2:00:51	4:26:28	0:37:11
64	James Fritchley	Westbury Whs	West	40	0:54:28	1:47:17	3:56:14	0:37:09
65	Luke Smith	Bristol South CC	West	51	0:54:25	1:53:04	4:14:56	0:36:59
66	Sean Quinn	Law Whs	Scot	46	0:54:59	1:53:30	3:59:25	0:36:55
67	Paul Russell	Springfield Financial	NL&L	52	0:56:13	2:00:06	4:04:08	0:35:01
68	Lez Young (trike)	Lincoln Whs	NMid	65	1:11:45	2:14:41	5:10:12	0:34:49
69	Philip Kennell	G S Metro	Nth	52	0:53:16	1:56:55	4:24:30	0:34:28
70	Simon Ward	Scarborough Paragon	Yks	46	0:56:20	1:54:46	4:02:13	0:34:14

Pos	Name	Club	Grp	Age	25 time	50 time	100 time	Plus
71	Angus Wilson	Dundee Thistle RC	Scot	50	0:55:43	1:57:34	4:09:28	0:34:11
72	Darren Gough	Barnsley RC	Yks	50	0:54:09	1:58:20	4:14:24	0:34:08
73	Matt Stell	Springfield Financial	NL&L	41	0:53:44	1:54:20	4:00:47	0:33:59
74	Simon Higgins	Liverpool Century	Mer	58/59	0:59:26	2:00:05	4:16:40	0:33:24
75=	Arthur Winstanley	Liverpool Phoenix CC	Mer	62/63	0:59:08	2:05:48	4:20:14	0:33:23
75=	Paul Winchcombe	Chippenham & Dist Wh	West	59/60	0:56:12	2:02:39	4:26:35	0:33:23
77	Allan Ross	Fruin RC	Scot	59	0:58:00	2:05:51	4:12:48	0:33:10
78	Cliff Voller	Newbury RC	West	68	0:59:02	2:05:20	4:46:57	0:33:05
79	Ron Lowe	Deeside Thistle CC	Scot	54/55	0:58:16	1:58:28	4:15:16	0:32:34
80	David Ross	Falkirk BC	Scot	41	0:58:07	1:55:09	3:51:36	0:31:29
81	Kenneth Addison	Southport CC	NL&L	63	1:01:47	2:01:26	4:28:18	0:31:16
82	Christopher Green	Drighlington BC	Yks	59	0:58:58	1:59:24	4:31:12	0:30:49
83	Phil Hill	Chester RC	Mer	55	0:57:33	2:02:45	4:18:26	0:30:46
84	Jymmy Trevor	Hull Thursday RC	Yks	46/47	0:55:54	1:57:14	4:16:01	0:30:11
85	Jez Willows	Sherwood CC	N&EM	53/54	0:55:22	2:02:55	4:29:30	0:29:13
86	Peter Baker	Lewes Wanderers CC	S/S	61	0:57:28	2:07:49	4:36:22	0:28:30
87	Mike Giles	Ythan CC	Scot	53/54	0:56:36	2:05:27	4:24:57	0:27:38
88	Jon Fairclough	Woking CC	S/S	65	1:01:54	2:10:15	4:36:01	0:26:54
89	Mark Hulme	West Pennine RC	NL&L	52	0:58:39	2:03:20	4:23:29	0:26:07
90	Martin Garget	Halifax Imperial Whs	Yks	46	0:56:36	2:05:49	4:12:09	0:25:57
91	Grant Whiteside	Pontypool Road CC	Yks	44/45	1:00:42	1:59:36	4:08:57	0:24:55
92	Gary Bratt	Fruin RC	Scot	42	0:55:56	2:01:41	4:17:54	0:24:34
93	Robert Jones	Cardiff 100 Miles RCC	SWIs	67	1:02:05	2:11:12	4:54:02	0:24:03
94	Gary Simpson	Yorkshire RC	Yks	51	0:59:05	2:01:12	4:32:21	0:23:54
95	Dave Nichol	Ferryhill Whs	Nth	67	1:00:59	2:20:38	4:40:49	0:23:44
96	Ed Neilson	Vive Le Velo	Yks	42	0:57:31	2:02:31	4:16:17	0:22:58
97	Angus Swanson	Stirling Bike Club	Scot	51	1:02:19	2:06:27	4:24:15	0:20:04
98	Gareth Brookes	North Shropshire Whs	Mer	51	1:00:42	2:08:09	4:30:05	0:19:23
99=	Alan Manson	Stirling Bike Club	Scot	55	1:03:26	2:09:24	4:28:30	0:19:02
99=	Tim Rex	North Shropshire Whs	Mer	46	0:59:53	2:06:02	4:26:15	0:19:02
101	Nigel Briggs	South Pennine RC	N&EM	58	1:03:11	2:11:48	4:39:41	0:17:29
102	Phil Wright	Hartlepool CC	Nth	64	1:03:07	2:14:00	5:04:12	0:15:41
103	Alastair Bruce	Yorkshire RC	Yks	44	0:58:58	2:01:29	4:47:18	0:15:40
104	Richard Wyeth	Tornado RCC	Wsx	44	0:59:51	2:04:49	4:39:31	0:15:03
105	Ian Casson	Birkenhead Victoria	Mer	66	1:06:03	2:18:48	4:58:28	0:13:59
106	Peter Horsfield	Redmon CC	S/S	68/69	1:05:48	2:15:59	5:20:43	0:13:28
107	John Isard	Hampshire RC	S/S	67	0:59:55	2:28:26	5:14:17	0:12:32
108	Stuart Whitelaw	Fruin RC	Scot	44	1:01:30	2:09:40	4:33:55	0:12:23
109	Adrian Watkins	Tornado RCC	Wsx	51	1:02:29	2:12:10	4:45:09	0:11:49
110	Steve Cowlbeck	VTTA NMid	NMid	49	1:01:32	2:16:08	4:39:23	0:10:58
111	Michael Cox	North Lancs RC	NL&L	73	1:06:15	2:33:12	5:25:38	0:09:53
112	Harry Cowley	Chester RC	Mer	71	1:07:38	2:27:25	5:22:38	0:08:48
113	Howard Heighton	Ferryhill Whs	Nth	46	0:59:39	2:17:49	4:49:18	0:07:37
114	Ian Hayden	Tornado RCC	Wsx	55	1:05:37	2:15:56	5:14:03	0:02:12
115	Gary Martin	Westerley CC	L&HC	60	1:11:48	2:21:17	4:54:27	0:02:03
116	Clifford Degraff	VC Cumbria	NL&L	54	1:06:19	2:23:48	5:05:36	-0:00:59
117	John Savage	Hull Thursday RC	Yks	58/59	1:09:09	2:19:26	5:15:56	-0:01:07
118	David Kirton	Kennoway RC	Scot	54	1:18:35	2:54:54	6:17:29	-0:46:47

## GROUP TEAMS OF 6 ON PLUS

Pos	Group	Name	Club	Plus	Team Plus
1	Wessex	Angela Carpenter	...a3crg	1:02:24	5:08:56
		David Shepherd	...a3crg	0:54:56	
		Antony Green	New Forest CC	0:51:51	
		Christina Murray	Army Cycling Union	0:51:38	
		Steve Williamson	...a3crg	0:45:09	
		Nick Jones	Bournemouth Jub Whs	0:42:57	
2	North Lancs & Lakes	David Hargreaves	North Lancs RC	0:59:55	5:05:56
		Richard Bideau	Pendle Forest CC	0:54:58	
		Andrew Whiteside	Bella in Sella	0:49:19	
		Paul Fleming	Preston Whs	0:48:52	
		Deborah Moss	Team Merlin	0:46:36	
		Craig Horseman	Beacon Whs	0:46:16	
3	West	Michelle Lee	Royal Dean Forest CC	1:00:03	4:52:16
		Mark Sanders	Mid Devon CC	0:50:34	
		Steven Cottington	Bath CC	0:48:55	
		Chris Scawn	Plymouth Corinthian CC	0:48:31	
		Tony Chapman	Frome & Dist Whs	0:43:39	
		John Murphy	Gloucester City CC	0:40:34	
4	Yorkshire	Darren Yarwood	Vive Le Velo	0:54:13	4:46:53
		Andy Jackson	AeroCoach	0:53:17	
		Steve Burrows	Vive Le Velo	0:48:04	
		Steve Ayres	Bronte Whs	0:45:00	
		Andrew Askwith	Vive Le Velo	0:43:49	
		Neil Cleminshaw	Vive Le Velo	0:42:30	
5	North Midlands	Shawn Gough	Tuxford Clarion	0:52:19	4:35:37
		Mat Ivings	Buxton CC	0:50:58	
		Joe Le Sage	Rutland CC	0:48:16	
		Chris Lea	Buxton CC	0:45:46	
		Martin Bullen	Peterborough CC	0:43:29	
		Lez Young (trike)	Lincoln Whs	0:34:49	
6	Notts & E Midlands	Nick Cave	Lutterworth CRT	0:52:35	4:12:09
		Colin Parkinson	South Western RC	0:51:11	
		Michael Stevens	Melton Olympic CC	0:43:24	
		Anthony Gough	Velo-One CT	0:38:19	
		Kathryn Smith	Sleaford Whs CC	0:37:27	
		Jez Willows	Sherwood CC	0:29:13	

Pos	Group	Name	Club	Plus	Team Plus
7	London & Home Counties	Alan Murchison	Drag2Zero	0:55:27	4:07:37
		Katja Rietdorf	Born to Bike	0:51:32	
		John Lacey	Hemel Hempstead CC	0:51:10	
		Jeff Roberts	High Wycombe CC	0:45:30	
		James Churchard	Reading CC	0:41:55	
		Gary Martin	Westerley CC	0:02:03	
8	Scotland	Ian Elliot	Hawick CC	0:44:49	3:51:58
		Carlos Riise	Shetland Whs	0:40:13	
		Alastair Washington	Caithness CC	0:38:08	
		Brian Muir	Royal Albert CC	0:37:41	
		Sean Quinn	Law Whs	0:36:55	
		Patricia Baird	Ecosse Performance	0:34:12	
9	Merseyside	Victor Chetta	Mid Shropshire Whs	0:39:54	3:28:58
		Phil Warburton	Liverpool Phoenix CC	0:37:59	
		Janet Fairclough	St Helens CRC	0:33:32	
		Simon Higgins	Liverpool Century	0:33:24	
		Arthur Winstanley	Liverpool Phoenix CC	0:33:23	
		Phil Hill	Chester RC	0:30:46	

### CLUB TEAMS OF 3 ON PLUS

Pos	Club	Name	Group	Plus	Team Plus
1	...a3crg	Angela Carpenter	Wessex	1:02:24	2:42:29
		David Shepherd	Wessex	0:54:56	
		Steve Williamson	Wessex	0:45:09	
2	Vive Le Velo	Darren Yarwood	Yorkshire	0:54:13	2:26:06
		Steve Burrows	Yorkshire	0:48:04	
		Andrew Askwith	Yorkshire	0:43:49	
3	Springfield Financial	Derek Parkinson	North Lancs & Lakes	0:43:51	1:52:51
		Paul Russell	North Lancs & Lakes	0:35:01	
		Matt Stell	North Lancs & Lakes	0:33:59	
4	Drighlington BC	Sean Sanders	Yorkshire	0:40:07	1:27:41
		Christopher Green	Yorkshire	0:30:49	
		Susan Sanders	Yorkshire	0:16:45	
5	Fruin RC	Allan Ross	Scotland	0:33:10	1:10:06
		Gary Bratt	Scotland	0:24:34	
		Stuart Whitelaw	Scotland	0:12:23	
6	Tornado RCC	Richard Wyeth	Wessex	0:15:03	0:29:04
		Adrian Watkins	Wessex	0:11:49	
		Ian Hayden	Wessex	0:02:12	

## SHORT DISTANCE COMPETITION - MEN

Pos	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Plus
1	Ron Hallam	South Pennine RC	N&EM	88	26:12	26:19	1:07:19	1:08:34	1:28:20
2	Kevin Tye	Velorefined Aerosmiths	Kent	57	19:01	19:08	0:47:51	0:48:22	1:24:14
3	Mark Vowells (trike)	CC Bexley	Kent	66	23:41	23:50	0:58:24	1:02:08	1:23:14
4	Peter Horsnell	Chelmer CC	EA	89	27:25	27:47	1:10:40	1:12:26	1:21:24
5	Keith Ainsworth	Sheffrec CC	NMid	60	19:40	19:57	0:49:34	0:49:41	1:20:26
6	Andrew Grant	Cambridge CC	EA	65/66	20:08	20:41	0:52:09	0:52:44	1:18:38
7	Keith Dorling	Team Bottrill	EA	60	20:00	20:06	0:50:33	0:50:37	1:17:18
8	Liam Maybank	Twickenham CC	L&HC	46/47	19:02	19:15	0:47:56	0:48:02	1:16:03
9	Greg Parker	Estrella Bikes	Wsx	54/55	19:28	19:41	0:50:04	0:50:22	1:15:36
10	Terry Icke	CC Weymouth	Wsx	75	22:30	22:52	0:56:54	0:57:06	1:15:14
11	Neil Mackley	...a3crg	Wsx	55/56	19:25	19:27	0:51:03	0:51:06	1:15:00
12	Alan Murchison	Drag2Zero	L&HC	47/48	18:36	19:46	0:48:49	0:49:48	1:13:56
13	Michael Ellerton	SheHair RT	NL&L	58	20:07	20:39	0:49:44	0:51:14	1:13:55
14	Martin Reynolds	Cambridge CC	EA	55/56	19:36	19:49	0:51:00	0:51:26	1:13:45
15	Conrad Moss	Mid Devon CC	West	44	18:54	19:42	0:47:52	0:48:43	1:12:29
16	Chris Dyason	Cambridge CC	EA	71	21:44	21:55	0:55:51	0:56:55	1:12:11
17	Geir Robinson	Regents Rouleurs	L&HC	50	19:40	20:24	0:48:08	0:49:44	1:12:09
18	Geoff Platts	Team Bottrill	N&EM	64	20:42	21:27	0:52:15	0:53:46	1:11:55
19	Ken Platts	Cambridge CC	EA	66/67	21:01	21:47	0:53:04	0:54:47	1:11:49
20	Ian Pike (trike)	Lincoln Whs	N&EM	50/51	22:42	23:21	0:57:05	1:01:21	1:11:19
21	Mark Ellis	Team Milton Keynes	EA	54	19:55	20:05	0:51:01	0:51:06	1:11:10
22	Chris Lord	Brighton Excelsior CC	S/S	66	20:33	21:12	0:54:03	0:56:46	1:10:43
23	David Hargreaves	North Lancs RC	NL&L	72/73	22:39	23:01	0:55:36	0:56:06	1:10:38
24	James Rix	Team Bottrill	S/S	43	19:44	19:49	0:47:26	0:47:56	1:10:31
25	Chris Scawn	Plymouth Corinthian CC	West	68	21:32	21:56	0:54:25	0:55:31	1:10:21
26	Steven Cottington	Bath CC	West	57	20:05	20:17	0:51:56	0:52:52	1:10:07
27	Peter Lawrence	High Wycombe CC	L&HC	47	19:20	19:35	0:50:09	0:50:26	1:10:04
28	Mike Westmorland	Border City Whs	NL&L	74	22:05	22:54	0:58:53	1:00:01	1:08:55
29	Richard Bideau	Pendle Forest CC	NL&L	48	19:15	19:50	0:50:09	0:51:56	1:08:52
30	James Fawcett	...a3crg	Wsx	53	19:24	19:38	0:52:22	0:53:46	1:08:48
31	Howard Bayley	Blazing Saddles	Wsx	44/45	19:30	19:36	0:49:44	0:49:52	1:08:25
32	Andy Jackson	AeroCoach	Yks	43	19:36	20:20	0:48:06	0:48:39	1:08:10
33	Alan Chorley	Seamons CC	M&NW	47	20:00	20:06	0:49:40	0:49:55	1:08:06
34	Andy Langdown	Blazing Saddles	Wsx	50	19:39	19:54	0:51:06	0:52:42	1:07:30
35	Andrew Meilak	Velorefined Aerosmiths	Kent	52/53	20:04	20:30	0:51:45	0:51:53	1:07:15
36	Simon Norman	Beds Road RT	L&HC	48	18:55	20:27	0:49:47	0:53:26	1:07:02
37	Joseph Costello	Walsall Roads CC	Mids	60	21:16	21:20	0:52:08	0:53:06	1:06:59
38	Stuart Wells	Lindsey Roads CC	NMid	47	20:03	20:21	0:50:06	0:50:15	1:06:35
39	Adrian Blacker	C and N Cycles RT	S/S	55	19:59	20:18	0:53:18	0:53:34	1:06:32
40	Colin Parkinson	South Western RC	N&EM	57	19:58	20:45	0:53:52	0:53:47	1:06:24
41	Darren Maironis	Transition RT	M&NW	46	20:18	20:26	0:49:19	0:49:53	1:06:05
42	David Shepherd	...a3crg	Wsx	58	20:10	20:30	0:52:19	0:56:45	1:06:04
43	Tony Chapman	Frome & Dist Whs	West	47	20:10	20:23	0:49:59	0:50:48	1:05:46
44	Antony Green	New Forest CC	Wsx	54/55	19:37	21:24	0:52:15	0:53:18	1:05:36
45	Adrian Hughes	Seamons CC	M&NW	51/52	20:40	21:02	0:50:37	0:51:20	1:05:09
46	Sean Vincent	Race Hub	N&EM	49	20:09	20:50	0:50:50	0:51:20	1:04:49
47	Andy Hazell	Nova Raiders	Mer	72	22:34	23:03	0:58:12	0:59:06	1:04:40
48	Ian Elliot	Hawick CC	Scot	69	21:31	22:40	0:57:43	0:57:57	1:04:22

Pos	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Plus
49	Andrew Whiteside	Bella in Sella	NL&L	45	19:29	19:54	0:50:38	0:52:58	1:04:21
50	Tim Beaven	Bicester Millennium CC	L&HC	45	19:33	20:12	0:51:14	0:51:33	1:04:16
51=	Robert West	AeroCoach	L&HC	44	19:47	20:03	0:49:12	0:52:46	1:04:01
51=	Richard Harrison	Drag2Zero	L&HC	41/42	19:52	19:56	0:49:39	0:50:06	1:04:01
53	Paul Fleming	Preston Whs	NL&L	53/54	20:36	20:58	0:52:23	0:52:40	1:03:43
54	Ray Retter	Born to Bike	West	73	23:40	23:48	0:57:59	0:58:12	1:03:13
55	Mark Woolford	Team Swindon Cycles	West	53	20:25	21:16	0:52:34	0:52:38	1:03:07
56	John Lacey	Hemel Hempstead CC	L&HC	55	20:34	20:49	0:53:26	0:54:08	1:03:04
57	Darren Yarwood	Vive Le Velo	Yks	44/45	20:17	20:28	0:50:02	0:51:28	1:02:50
58	Russell Richardson	Teesdale CC	Nth	62	21:42	21:59	0:54:41	0:54:21	1:02:40
59	Peter Leonard	Southport CC	NL&L	67	21:28	22:34	0:57:00	0:57:41	1:02:38
60	Jim Moffatt	CC Luton	L&HC	62	20:30	20:32	0:57:06	0:58:38	1:02:35
61	Nigel Sign	Fareham Whs CC	Wsx	62	20:55	21:33	0:55:57	0:56:16	1:02:31
62	Derek Parkinson	Springfield Financial	NL&L	45	19:40	19:59	0:52:13	0:53:20	1:01:44
63	Mark Sanders	Mid Devon CC	West	59/60	21:27	21:29	0:54:34	0:54:50	1:01:44
64	Tim May	PDQ Cycle Coaching	Mids	41	19:46	20:00	0:50:52	0:51:21	1:01:25
65	Philip Watts	North Hants RC	Wsx	59	21:03	21:44	0:54:36	0:55:16	1:00:53
66	Shawn Gough	Tuxford clarion	NMid	46	20:40	21:10	0:50:00	0:51:55	1:00:37
67=	Michael Stevens	Melton Olympic CC	N&EM	69	22:54	22:59	0:57:38	0:57:41	1:00:29
67=	John Murphy	Gloucester City CC	West	79	25:18	25:39	1:01:39	1:04:15	1:00:29
69	Anthony Ashworth	Wetherby Whs	Yks	50/51	20:56	20:59	0:52:17	0:52:52	1:00:27
70	John Golder	Chelmer CC	EA	65/66	22:13	22:18	0:56:57	0:57:19	1:00:02
71	James Cusick	Dooleys R.T.	Scot	54	20:35	21:12	0:54:13	0:54:38	0:59:59
72	Dave Williams	Velotik Racing	Mer	40	19:57	20:41	0:49:24	0:51:17	0:59:54
73	Mark Hill	Velorefined Aerosmiths	Kent	51/52	20:59	21:07	0:51:53	0:54:20	0:59:53
74	Alastair Semple	Stafford Roads Club	Mids	51	20:43	20:43	0:52:44	0:54:55	0:59:46
75	Wayne Hughes	Hinckley CRC	N&EM	71	22:57	23:04	0:59:37	0:59:42	0:59:43
76=	Cliff Beldon	Selby CC	Yks	72	23:11	23:57	0:59:09	0:59:52	0:59:09
76=	Stephen Wilkinson	Folkestone VC	Kent	53	20:52	21:27	0:53:42	0:53:53	0:59:09
78	Mat Ivings	Buxton CC	NMid	46	21:03	21:07	0:50:10	0:52:24	0:59:08
79	Steve Ayres	Bronte Whs	Yks	40	19:25	21:34	0:50:14	0:50:31	0:58:57
80	Mark Bradley	Bristol South CC	West	54	21:30	21:47	0:52:47	0:53:30	0:58:48
81	Nick Cave	Lutterworth CRT	N&EM	53/54	21:26	22:06	0:51:29	0:53:58	0:58:47
82	Andrew Askwith	Vive Le Velo	Yks	54/55	20:45	21:24	0:53:59	0:55:44	0:58:36
83	Steve Burrows	Vive Le Velo	Yks	59	21:50	22:06	0:53:48	0:55:40	0:58:25
84	Rich Dean	Rockingham CC	Yks	40	20:14	20:19	0:51:27	0:51:29	0:57:52
85	Joe Le Sage	Rutland CC	NMid	46	21:06	21:23	0:51:22	0:52:15	0:57:17
86	Joe Schwartz	Team Swindon Cycles	West	57	21:44	21:49	0:54:27	0:55:14	0:57:16
87	Roger Taylor	Frome & Dist Whs	West	73	24:27	24:30	0:59:23	0:59:23	0:56:56
88	Carlo Toledo	Gloucester City CC	West	53	21:44	22:06	0:52:55	0:53:07	0:56:54
89	Blair Buss	Halifax Imperial Whs	Yks	54	20:34	21:36	0:54:37	0:56:38	0:56:37
90	Jez Willows	Sherwood CC	N&EM	53/54	20:51	21:12	0:55:22	0:56:00	0:56:34
91	Jerry Bromyard	...a3crg	Wsx	64/65	22:09	22:36	0:57:39	0:57:53	0:56:31
92	Graham Harman	Sotonia CC	Wsx	48	20:34	20:55	0:53:42	0:54:47	0:56:28
93	Roger Sheridan	North Devon Whs	West	58	21:12	22:51	0:54:21	0:55:52	0:56:27
94	Carlos Riise	Shetland Whs	Scot	54	20:56	21:25	0:54:47	0:56:15	0:56:23
95	Neil Pendrich	SVTTA	Scot	48	20:33	20:56	0:54:03	0:54:36	0:56:19
96	Phil Guy	North Shropshire Whs	Mer	71	23:39	23:42	0:59:52	0:59:41	0:56:10
97	Steve Hancock	Calder Clarion	Yks	56	21:45	21:50	0:54:29	0:55:50	0:55:41

Pos	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Plus
98	Evan Jardine-Skinner	Sotonia CC	Wsx	42/43	19:48	20:24	0:54:20	0:54:26	0:55:16
99	Cliff Voller	Newbury RC	West	68	22:54	23:07	0:59:02	0:59:54	0:54:58
100	Bob Richardson	Bournemouth Jub Whs	Wsx	54	21:18	21:51	0:55:09	0:55:22	0:54:54
101	Peter Baker	Lewes Wanderers CC	S/S	61	21:56	22:08	0:57:28	0:57:16	0:54:51
102	Sean Sanders	Drighlington BC	Yks	48/49	20:36	21:30	0:54:32	0:54:33	0:54:45
103	Karl Caton	Elmsall RC	NMid	51/52	21:03	21:17	0:54:31	0:56:35	0:54:36
104	John Martin	Sth Elmsall SCC	NMid	57	21:49	22:18	0:54:54	0:56:05	0:54:34
105	John Morgan	Coveryourcar.co.uk RT	NL&L	42/43	20:21	20:54	0:53:22	0:53:33	0:54:04
106	David Smith	Sleaford Whs CC	N&EM	67/68	23:00	23:14	0:58:19	1:00:17	0:54:00
107	Michael Stevens	Fareham Whs CC	Wsx	58	21:36	22:02	0:56:16	0:57:48	0:53:39
108=	Kevin Stokes	Born to Bike	L&HC	56/57	21:53	22:00	0:55:29	0:56:24	0:53:34
108=	James Churchard	Reading CC	L&HC	42	20:28	20:50	0:53:05	0:54:00	0:53:34
110	Andrew Simpkins	Solihull CC	Mids	65	23:01	23:11	0:57:28	0:58:10	0:53:25
111	Mark Hamer	Stratford CC	Mids	44	21:00	21:04	0:53:27	0:53:36	0:53:21
112	Mark Wolstenholme	Team Swift	Yks	41	20:37	20:50	0:51:03	0:55:09	0:53:14
113	Ian Wroblewski	Lutterworth CRT	N&EM	45	20:59	21:29	0:53:05	0:54:30	0:52:40
114=	David Rundall	Chorley CC	NL&L	69	23:06	23:14	0:55:56	1:06:10	0:52:34
114=	Rob Vessey	Didcot Phoenix CC	West	55/56	21:51	21:52	0:56:19	0:56:34	0:52:34
116	James Petrie	Dundee Whs	Scot	66	22:22	23:11	0:59:35	0:59:59	0:52:28
117	Martin Andrews	VC Venta	L&HC	44	20:34	20:54	0:53:55	0:55:36	0:52:23
118	Peter Hatt	VC St Raphael	Wsx	52	21:04	21:53	0:55:57	0:56:05	0:52:17
119	John Shehan	Bynea CC	SWIs	73	24:36	25:01	1:00:40	1:01:05	0:52:16
120	Anthony Gough	Velo-One CT	N&EM	44/45	21:06	21:54	0:53:09	0:53:20	0:52:13
121	Angus Wilson	Dundee Thistle RC	Scot	49/50	20:49	21:20	0:55:43	0:56:53	0:52:03
122	Daniel Kempe	Bristol South CC	West	53	22:16	22:22	0:54:24	0:54:40	0:51:52
123	Trevor Mayne	Birdwell Wh	NMid	55	22:19	22:23	0:54:05	0:56:30	0:51:46
124	Stuart McCormick	Pirate Juice CC	Mer	51	21:13	21:38	0:55:33	0:56:44	0:51:36
125	John Isard	Hampshire RC	S/S	67	22:32	22:52	0:59:55	1:02:26	0:51:33
126	Chris Lea	Buxton CC	NMid	56/57	22:29	22:52	0:55:16	0:55:53	0:51:05
127	Danny McCabe	Garstang CC	NL&L	58/59	22:05	22:23	0:55:43	0:59:23	0:50:59
128	Tony Harvey	Mid Shropshire Whs	Mer	58	22:16	22:48	0:55:10	0:58:08	0:50:50
129	Paul Mapletoft	Kiveton Park CC	NMid	55	21:57	22:31	0:55:53	0:56:14	0:50:49
130	Daniel Shaw	Halifax Imperial Whs	Yks	50/51	21:55	22:27	0:54:35	0:54:42	0:50:23
131	Arthur Winstanley	Liverpool Phoenix CC	Mer	63	22:26	22:47	0:59:08	0:59:55	0:50:00
132	Simon Henderson	Thanet RC	Kent	56	21:49	22:08	0:57:31	0:57:38	0:49:56
133	Michael Dodson	UK Feather Flags	NMid	47	21:35	21:41	0:54:16	0:55:37	0:49:53
134=	Kevin Larmer	Port Sunlight Whs	Mer	48	21:10	21:50	0:55:42	0:55:42	0:49:46
134=	ABG Washington	Caitness CC	Scot	82	27:09	27:17	1:09:07	1:09:29	0:49:46
136=	Phil Hill	Chester RC	Mer	55	21:39	22:09	0:57:33	0:57:33	0:49:30
136=	Luke Smith	Bristol South CC	West	50/51	20:54	21:40	0:54:25	1:00:28	0:49:30
138	James Moss	North Road CC	L&HC	42	20:55	21:30	0:53:22	0:55:01	0:49:29
139	Anthony Keyworth	Kiveton Park CC	NMid	72	24:06	25:14	1:00:32	1:02:41	0:49:27
140	Stephen Skinner	Bognor Regis CC	Wsx	64	22:35	22:51	0:59:38	1:00:46	0:49:19
141	Gordon Graham	Fullarton Whs	Scot	54	21:56	22:09	0:56:45	0:57:09	0:49:11
142	Neil Cleminshaw	Vive Le Velo	Yks	49	22:04	22:08	0:54:12	0:55:36	0:49:09
143	John French	Oxford City RC	West	65/66	23:23	23:25	0:58:58	1:00:17	0:48:59
144	Andrew Hicklin	Peak RC	NMid	53	22:14	22:24	0:53:19	0:58:42	0:48:55
145	Andy Whitehead	Rockingham CC	NMid	53	21:47	23:04	0:54:53	0:56:38	0:48:52
146	Sean Owens	Croston Velo	NL&L	46/47	20:56	21:04	0:54:28	0:59:25	0:48:39

Pos	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Plus
147	Geoff Perry	Born to Bike	L&HC	59	22:22	22:38	0:58:10	0:58:26	0:48:37
148	Andrew Legge	Bristol South CC	West	43	21:22	21:35	0:54:00	0:54:49	0:48:33
149	Robert Brown	E.H. Star Cycling	Scot	75	25:00	25:22	1:03:04	1:05:33	0:48:07
150	Lez Young (trike)	Lincoln Whs	NMid	65	24:50	26:37	1:11:45	1:12:39	0:47:57
151	James Fritchley	Westbury Whs	West	40	20:38	21:23	0:54:28	0:54:47	0:47:53
152	Graham Jones	Edinburgh RC	Scot	54	22:03	22:07	0:57:09	0:57:54	0:47:49
153	Paul Winchcombe	Chippenham & Dist Wh	West	59/60	21:28	23:15	0:56:12	1:02:18	0:47:41
154	Sandy Wallace	Fife Century RC	Scot	72/73	24:12	24:48	1:03:04	1:03:20	0:47:36
155	Fred Connor	V.C. Glasgow South	Scot	67	23:23	23:28	0:59:52	1:02:49	0:47:35
156	Anthony Nash	Scunthorpe Poly CC	NMid	53/54	22:10	22:20	0:57:22	0:57:33	0:46:57
157	Matt Stell	Springfield Financial	NL&L	41	21:06	21:59	0:53:44	0:54:40	0:46:56
158	Denis Thompson	West Pennine RC	NL&L	68/69	23:33	23:53	1:01:36	1:03:05	0:46:50
159	Jymmy Trevor	Hull Thursday RC	Yks	46/47	21:25	22:00	0:55:54	0:56:31	0:46:47
160	Mike Boyce	...a3crg	Wsx	63	23:11	23:20	0:59:27	0:59:38	0:46:43
161	Peter Briscoe	North Lancs RC	NL&L	65	22:57	23:08	1:01:38	1:01:51	0:45:51
162	Melvin Blackford	Vive Le Velo	Yks	55/56	22:19	22:41	0:57:21	0:58:42	0:45:46
163	Gareth Metcalf	Otley CC	Yks	59/60	23:41	24:29	0:55:52	0:56:34	0:45:37
164	Sean Quinn	Law Whs	Scot	46	21:55	22:24	0:54:59	0:55:59	0:45:22
165	David Pritchard	Kennoway RC	Scot	62	22:38	23:06	1:00:11	1:01:25	0:44:58
166	David Wright	Warrington RC	M&NW	60	22:42	23:55	0:58:12	0:59:10	0:44:49
167	Martin Beale	VC St Raphael	Wsx	46	21:35	22:02	0:56:01	0:57:20	0:44:44
168	Richard Tyson	Rock to Roll CC	NL&L	51	21:34	22:09	0:58:10	0:58:59	0:44:33
169	Gordon Wordsworth	Rutland CC	NMid	66	23:52	23:52	1:00:26	1:01:45	0:44:24
170	Alan Cooke	Peak RC	NMid	54/55	22:29	23:34	0:55:55	0:58:21	0:44:06
171	Stuart Timmons	North Lancs RC	NL&L	60	22:37	22:41	0:57:09	1:04:15	0:44:04
172	Allan Ross	Fruin RC	Scot	58/59	22:47	24:12	0:58:00	0:58:03	0:44:00
173	Phil Barnes	SheHair Racing	Yks	64	25:08	25:13	0:56:49	0:56:44	0:43:52
174	Mark Hulme	West Pennine RC	NL&L	52	21:49	22:31	0:58:39	0:58:41	0:43:32
175	David Leckenby	Ilkley CC	Yks	55	22:44	25:24	0:55:07	0:55:12	0:43:27
176	Derek McMillan	SVTTA	Scot	58	23:21	23:38	0:57:29	0:58:29	0:43:23
177	Ciaran Pickering	Team Sportslab	Yks	41/42	21:42	22:14	0:53:29	0:57:05	0:43:04
178	Murray Kirton	A5 Rangers CC	Mids	78	26:50	27:08	1:05:33	1:07:11	0:43:00
179	Stephen Scott	Elmsall RC	NMid	60	22:50	23:13	1:00:19	1:00:25	0:42:52
180	Simon Geraci	Team Swift	Yks	51	22:20	22:52	0:57:30	0:57:39	0:42:51
181	Richard Durham	Settle Whs	Yks	64/65	24:00	24:39	0:58:38	1:00:31	0:42:49
182	David Taylor	Ravensthorpe CC	Yks	63/64	23:43	24:00	0:59:11	1:01:26	0:42:46
183	Ben Hamilton	Rutland CC	NMid	72/73	24:22	24:45	1:04:08	1:07:00	0:42:37
184	Mark Burtonshaw	Team Swift	Yks	60/61	23:49	24:16	0:57:44	0:58:57	0:42:19
185	David Roe	Revo Racing	West	69/70	24:46	25:34	1:01:24	1:02:21	0:42:12
186	Mike Giles	Ythan CC	Scot	53/54	22:33	23:23	0:56:36	0:59:28	0:41:57
187	Robert Barnard	Team Cystic Fibrosis	NMid	47	22:22	23:36	0:54:36	0:56:34	0:41:51
188	Alex Munro	SVTTA	Scot	86	29:17	29:51	1:15:51	1:17:50	0:41:47
189	Brian Nicol	Velo Club Vitesse	Scot	56/57	22:48	23:07	0:59:01	1:00:17	0:41:31
190	Paul Russell	Springfield Financial	NL&L	52	22:54	23:32	0:56:13	0:58:08	0:41:16
191	Les Thomas	Port Talbot Whs CC	SWls	57/58	23:44	24:10	0:57:34	0:57:36	0:41:10
192	Steve Cornish	Mid Shropshire Whs	Mer	63	24:03	24:42	0:58:05	1:01:03	0:41:05
193	Simon Higgins	Liverpool Century	Mer	58/59	23:21	23:45	0:59:26	0:59:27	0:40:50
194	Nick Hanson	Seacroft Whs	Yks	53	23:45	24:39	0:54:50	0:56:07	0:40:34
195	James Muir	Glasgow Nightingale CC	Scot	56	23:17	23:18	0:58:59	0:59:04	0:40:27

Pos	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Plus
196	Keith Jones	Bikmo Cycle Insurance	Mer	45	21:42	22:29	0:57:45	0:57:46	0:40:26
197	Conor Boyle	Woking CC	S/S	46	21:56	22:22	0:57:12	0:58:51	0:40:19
198	Steve Aston	Wrexham RC	Mer	42	21:09	21:32	0:58:10	0:58:56	0:40:05
199	Peter Macklam	Yorkshire RC	Yks	76	26:42	26:37	1:05:44	1:06:14	0:39:51
200	Richard Gray	Norton Whs	NMid	65/66	23:52	25:43	1:00:04	1:01:43	0:39:29
201	Andrew Clarke	North Shropshire Whs	Mer	59/60	23:56	23:59	0:59:20	0:59:58	0:39:08
202	Luke Vallance	Wrexham RC	Mer	48	22:02	23:17	0:57:16	0:59:07	0:39:00
203	Gary Bates	Team Swift	NMid	55/56	23:19	23:20	0:57:09	1:01:37	0:38:55
204	Derek Dowdeswell	Gloucester City CC	West	64/65	23:14	24:13	1:01:41	1:04:54	0:38:43
205	Wayne Fuller	Rotherham Wh CC	NMid	74	25:25	26:17	1:03:35	1:08:50	0:38:37
206	Simon Hulme	Royal Airforce CC	Yks	50	23:01	24:03	0:55:32	0:58:27	0:38:32
207	Geoff Edgerton	North Shropshire Whs	Mer	71/72	25:13	26:02	1:03:14	1:05:12	0:38:29
208	Glen Knight	Newbury RC	L&HC	41	21:21	22:28	0:56:28	0:59:17	0:37:45
209	Robert Jones	Cardiff 100 Miles RCC	SWIs	67	25:05	25:06	1:02:05	1:02:43	0:37:09
210	Ed Atkinson	Elgin CC	Scot	52	23:10	23:35	0:58:05	1:00:01	0:36:43
211	Chris Harris	Holmfirth CC	Yks	61	23:49	24:53	1:00:20	1:01:01	0:36:39
212	Sean McHugh	Transition RT	NL&L	45	21:33	23:11	0:59:17	0:59:31	0:35:47
213	Gary Bratt	Fruin RC	Scot	42	22:27	22:30	0:55:56	0:59:51	0:35:44
214	Paul Ruta	Barnsley RC	NMid	72	24:56	25:07	1:06:52	1:08:44	0:35:17
215	Nigel Vuagniaux	Bath CC	West	58	23:40	24:36	0:55:37	1:05:30	0:35:01
216	William Munro	Glasgow Whs	Scot	67	23:36	25:23	1:03:22	1:06:45	0:34:50
217	Paul Freegard	Chippenham & Dist Wh	West	62	24:53	25:07	0:59:15	1:01:51	0:34:48
218	Richard Dixon	Team Swift	Yks	55/56	23:29	24:12	0:57:08	1:03:39	0:34:32
219	Daryl May	Sheffrec CC	NMid	45	23:15	23:22	0:57:56	0:58:02	0:33:54
220	Jon Fairclough	Woking CC	S/S	65	23:56	26:19	1:01:54	1:03:23	0:33:38
221	Craig Moody	Giant Halifax RT	Yks	52	22:43	28:22	0:55:28	0:55:34	0:32:58
222	Gary Kondor	Sherwood CC	NMid	56/57	22:34	23:01	1:03:33	1:04:48	0:32:53
223	Patrick O'Connor	Calder Clarion	Yks	54	23:33	24:04	0:59:45	1:01:45	0:32:44
224	Kevin Lackie	R.T. 23	Scot	56	23:48	23:48	0:59:00	1:04:17	0:32:40
225	Stephen Woodrup	Yorkshire RC	Yks	72	26:07	28:24	1:03:17	1:03:49	0:32:36
226	Mark Phillipson	City RC (Hull)	Yks	62	23:19	25:21	1:03:40	1:03:42	0:31:52
227	George Aldridge	Birkenhead North End	Mer	67	25:10	25:13	1:04:27	1:05:21	0:31:38
228	David England	Crabwood CC	Wsx	76	25:43	29:29	1:07:31	1:08:12	0:31:24
229	Richard Wyeth	Tornado RCC	Wsx	44	22:16	22:26	0:59:51	1:03:13	0:30:45
230	Mike McLeavy	City RC (Hull)	Yks	64	24:39	24:42	1:03:41	1:05:39	0:30:36
231	Dave York	Mid Shropshire Whs	Mer	64	25:17	25:29	1:01:08	1:04:40	0:30:35
232	William Armstrong	VC Cumbria	NL&L	65	24:36	24:39	1:04:42	1:06:35	0:30:09
233	John Hassall	Bossard Whs	L&HC	73/74	25:55	26:31	1:08:08	1:09:17	0:30:06
234	David Buxton	Rotherham Wh CC	NMid	63/64	23:32	24:36	1:01:27	1:10:31	0:30:05
235	Phil Wright	Hartlepool CC	Nth	64	24:42	25:10	1:03:07	1:05:27	0:30:04
236	Brendan McCabe	Aberdeen Whs	Scot	55	24:11	24:34	1:00:42	1:01:42	0:29:50
237	George Skinner	Royal Albert CC	Scot	73	25:09	27:22	1:07:06	1:10:01	0:29:39
238	Alex McPhee	Dooleys R.T.	Scot	58	24:05	24:08	1:03:20	1:03:51	0:29:04
239	Adrian Watkins	Tornado RCC	Wsx	51	22:46	24:07	1:02:29	1:03:16	0:28:02
240	Chris Lawson	Graham Weigh Racing	Mer	54	23:51	24:55	1:01:41	1:01:43	0:27:58
241	Paul Brierley	Huddersfield RC	Yks	52	24:34	24:38	0:59:48	1:01:03	0:27:51
242	Martin Shields	Fullarton Whs	Scot	58/59	24:11	24:31	1:03:56	1:04:02	0:27:32
243	Christopher Johnson	Valley Striders CC	Yks	43/44	23:07	24:14	0:59:27	1:00:45	0:26:48
244	Howard Heighton	Ferryhill Whs	Nth	46	23:26	23:57	0:59:39	1:02:50	0:26:10

Pos	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Plus
245	Steve Cowlbeck	VTTA NMid	NMid	49	23:38	24:03	1:01:32	1:02:39	0:26:03
246	John Robertson	VTTA Mer	Mer	64	26:02	26:24	1:00:02	1:06:19	0:25:52
247	Harry Cowley	Chester RC	Mer	71	26:19	26:23	1:07:38	1:09:31	0:25:11
248	Alastair Bruce	Yorkshire RC	Yks	44	24:21	24:28	0:58:58	0:59:51	0:24:42
249	Ian Casson	Birkenhead Victoria	Mer	66/67	25:45	25:51	1:06:03	1:06:33	0:24:41
250	Guy Lewis	Holmfirth CC	Yks	51/52	24:07	24:55	1:01:46	1:02:35	0:24:35
251	Paul Heggie	Birdwell Wh	NMid	65/66	25:09	26:14	1:05:08	1:06:45	0:24:33
252	Gary Simpson	Yorkshire RC	Yks	51	24:11	26:58	0:59:05	0:59:50	0:24:13
253	John Gemmell	Ayr Roads CC	Scot	62	24:33	25:35	1:05:32	1:06:24	0:23:38
254	Alan Gay	Team Swift	Yks	71/72	25:32	25:59	1:11:00	1:12:06	0:23:06
255	Gary Clarke	Rutland CC	NMid	54	24:19	25:27	1:01:33	1:04:44	0:22:35
256	Eric S. Davidson	Moray Firth CC	Scot	42	23:35	23:57	0:58:56	1:03:43	0:22:25
257	David Wright	Cheshire Roads Club	Yks	65	25:04	25:43	1:06:16	1:09:29	0:21:51
258	Mike Cole	Huddersfield RC	Yks	74	27:35	27:46	1:09:39	1:10:33	0:21:43
259	James Robb	Deeside Thistle CC	Scot	62/63	25:12	26:46	1:04:55	1:05:03	0:21:18
260	Ken Rayson	...a3crg	Wsx	72/73	27:10	27:23	1:08:19	1:10:36	0:21:14
261	Robert Hutchinson	Bristol South CC	West	66	25:42	26:15	1:05:21	1:09:42	0:21:00
262	John Orridge	Witham Whs	NMid	48	23:26	23:43	1:03:29	1:06:21	0:20:58
263	Paul Atkinson	Port Sunlight Whs	Mer	55	25:02	25:06	1:03:47	1:04:16	0:20:43
264	Bob Jolliffe	New Forest CC	Wsx	66/67	25:55	26:43	1:06:47	1:07:47	0:20:30
265	Andy Clark	Rutland CC	NMid	53	24:00	25:30	1:04:05	1:04:36	0:20:05
266	John Leach	Rossendale RC	NL&L	74	27:31	28:00	1:10:42	1:11:03	0:19:45
267	Michael Weaver	Rotherham Wh CC	NMid	70	26:59	27:16	1:06:20	1:10:40	0:19:36
268	Gerry Peppin	Corinium CC	West	56/57	25:08	25:32	1:05:02	1:05:51	0:17:38
269	Terry Belbin	Poole Whs	Wsx	55	25:10	26:27	1:03:24	1:04:15	0:17:25
270	Andrew Wilson	St. Christopher CC	Scot	69	26:17	27:00	1:09:45	1:11:57	0:15:36
271	Stephen Messenger	Bicester Millennium CC	L&HC	50	24:27	25:17	1:01:41	1:09:04	0:15:06
272	Rich Banks	Calder Clarion	Yks	50	25:25	25:27	1:00:21	1:08:29	0:14:11
273	Russell Carter	South Pennine RC	N&EM	57/58	24:52	26:12	1:07:39	1:08:17	0:12:58
274	Melvyn Bentley	West Yorks Police CC	Yks	64/65	26:10	26:25	1:09:35	1:10:28	0:12:42
275	Ian Hayden	Tornado RCC	Wsx	55	24:46	25:51	1:05:37	1:09:37	0:12:20
276	Paul Drake	Clitheroe CC	NL&L	50	23:17	24:35	1:04:32	1:14:18	0:11:41
277	Christopher Thomas	Rossendale RC	NL&L	49/50	23:56	25:04	1:07:27	1:08:14	0:11:38
278	Greg Kershaw	Drighlington BC	Yks	40	23:45	24:08	1:05:12	1:06:22	0:10:54
279	Chris Summers	Sotonia CC	Wsx	67	26:41	26:47	1:12:30	1:12:35	0:08:39
280	Les Boughey	North Shropshire Whs	Mer	56	26:12	26:39	1:06:48	1:07:38	0:08:24
281	David Lacy	Airedale Olympic	Yks	58	26:41	27:46	1:03:34	1:09:55	0:07:11
282	Colin Birchall	HD Revelutions	Yks	48	25:12	25:30	1:07:25	1:07:58	0:06:32
283	Paul Dawson	VTTA North	Nth	58	26:22	26:33	1:10:04	1:10:58	0:03:29
284	Clifford Degraff	VC Cumbria	NL&L	54	25:51	27:57	1:06:19	1:09:53	0:02:35
285	John Barnett	Otley CC	Yks	64	27:18	28:42	1:10:07	1:14:05	-0:00:54
286	Peter Norman	Wrexham RC	Mer	81/82	30:46	31:12	1:22:41	1:29:23	-0:04:27
287	Derek Black	Wigan Whs	NL&L	70	28:33	29:48	1:16:58	1:18:13	-0:08:50
288	David Kirton	Kennoway RC	Scot	54	31:27	31:42	1:18:35	1:19:39	-0:42:49

## SHORT DISTANCE COMPETITION - WOMEN

Pos	Name	Club	Group	Age	10 time	10 time	25 time	25 time	Plus
1	Angela Carpenter	...a3crg	Wsx	50	20:45	20:53	0:51:56	0:53:39	1:23:32
2	Karen Ledger	Ace Test Team	N&EM	46	20:41	21:13	0:53:31	0:53:51	1:17:48
3	Jackie Field	CC Ashwell	EA	53/54	21:59	21:59	0:54:32	0:54:50	1:17:11
4	Sarah Matthews	...a3crg	Wsx	59	22:05	22:10	0:56:32	0:58:08	1:16:18
5	Michelle Lee	Royal Dean Forest CC	West	46/47	21:51	22:50	0:53:16	0:53:18	1:11:51
6	Claire Emons	Newbury RC	L&HC	50	21:56	22:06	0:55:45	0:55:51	1:11:31
7	Danuta Tinn	Maidenhead & Dist CC	L&HC	54	22:16	22:45	0:55:38	0:57:59	1:10:34
8	Deborah Moss	Team Merlin	NL&L	49	22:05	22:07	0:55:39	0:57:55	1:08:17
9	Linda Dewhurst	Team Milton Keynes	L&HC	60	23:08	22:48	0:59:35	1:00:03	1:08:16
10	Joy Payne	Amersham Road CC	L&HC	62	23:53	24:03	1:00:28	1:00:25	1:04:25
11	Virginia McGee	...a3crg	Wsx	56	23:25	23:29	0:58:39	1:01:04	1:01:38
12	Susan Semple	Born to Bike	Mids	53	22:49	23:02	1:01:13	1:01:25	0:58:31
13	Karen Taylor	Team Sportslab	Yks	52/53	23:48	24:41	0:56:40	0:59:43	0:57:45
14	Janet Fairclough	St Helens CRC	Mer	58/59	24:47	25:22	0:58:47	1:00:06	0:57:05
15	Sue Cheetham	North Lancs RC	NL&L	56	23:10	24:35	1:00:41	1:02:00	0:56:33
16	Fiona Sharp	Team Swift	Yks	40	22:47	23:02	0:55:07	0:58:30	0:56:11
17	Carol O'Connor	Calder Clarion	Yks	54	23:49	24:00	0:59:25	1:01:46	0:56:00
18	Kathryn Smith	Sleaford Whs CC	N&EM	65	24:18	25:17	1:03:39	1:06:41	0:54:57
19	Joanna Knight	Bristol South CC	West	59	24:17	25:01	1:02:14	1:02:20	0:53:46
20	Jo Corbett	Mapperley CC	N&EM	63	23:40	26:00	1:01:48	1:07:08	0:53:22
21	Theresa Taylor	Ribble Valley	NL&L	59	24:23	25:16	1:02:04	1:03:33	0:51:50
22	Michelle Walter	Bournemouth Arrow CC	Wsx	58	23:45	23:57	1:04:50	1:04:59	0:51:29
23	Patricia Baird	Ecosse Performance	Scot	54	23:33	24:04	1:02:41	1:04:28	0:50:32
24	Sarah Lewthwaite	Team Sportslab	Yks	45	23:20	23:30	0:59:56	1:01:47	0:50:14
25	Tracy Rowlinson	Lyme RC	M&NW	54	24:30	26:10	0:59:10	1:01:15	0:49:38
26	Carol Westmorland	Border City Whs	NL&L	50	23:35	23:50	1:04:33	1:04:33	0:45:34
27	Michelle Morley	Team Swift	Yks	53	24:44	25:12	1:02:57	1:04:36	0:43:24
28	Sandra Burrows	Vive Le Velo	Yks	53	25:18	25:23	1:04:00	1:04:58	0:40:07
29	Carol Middleton	Ythan CC	Scot	59	25:46	26:16	1:07:10	1:07:20	0:37:00
30	Rachel Hackman	RNRMCA	West	54	24:36	25:07	1:08:50	1:09:34	0:34:01
31	Maria Mulleady	Team Swift	Yks	40	24:39	24:47	1:02:00	1:05:19	0:33:26
32	Claire Jessop	Otley CC	Yks	49/50	25:03	26:50	1:02:04	1:10:08	0:30:39
33	Lynsey Astles	Weaver Valley CC	M&NW	43	24:56	26:42	1:02:25	1:06:15	0:29:28
34	Samantha Messenger	Bicester Millennium CC	L&HC	47	24:41	25:36	1:08:16	1:08:59	0:27:49
35	Mary-Jane Hutchinson	Bristol South CC	West	62	26:42	28:05	1:07:41	1:14:06	0:26:24
36	Helen Tudor	Oswestry Paragon	Mer	50	26:23	26:25	1:07:00	1:07:49	0:26:23
37	Gillian Campbell	Born to Bike	N&EM	55	26:49	27:00	1:07:03	1:10:35	0:25:26
38	Rosslyn Young	Serpentine Running Club	L&HC	75	29:52	30:14	1:20:10	1:21:10	0:17:42
39	Susan Sanders	Drighlington BC	Yks	48/49	24:19	30:34	1:08:14	1:10:29	0:15:47
40	Nichola Rorke	Exeter Whs	West	49	27:02	27:02	1:13:49	1:18:11	0:05:11
41	Ala Whitehead	Rockingham CC	NMid	45	28:36	31:01	1:15:41	1:22:11	-0:17:52
42	Jennifer Nicol	Velo Club Vitesse	Scot	61	30:05	30:25	1:22:43	1:27:57	-0:18:00

**GROUP TEAMS OF 6 ON PLUS**

Pos	Group	Name	Club	Plus	Team Plus
1	East Anglian	Peter Horsnell	Chelmer CC	1:21:24	7:40:29
		Andrew Grant	Cambridge CC	1:18:38	
		Keith Dorling	Team Bottrill	1:17:18	
		Jackie Field	CC Ashwell	1:17:11	
		Martin Reynolds	Cambridge CC	1:13:45	
		Chris Dyason	Cambridge CC	1:12:11	
2	Wessex	Angela Carpenter	...a3crg	1:23:32	7:34:28
		Sarah Matthews	...a3crg	1:16:18	
		Greg Parker	Estrella Bikes	1:15:36	
		Terry Icke	CC Weymouth	1:15:14	
		Neil Mackley	...a3crg	1:15:00	
		James Fawcett	...a3crg	1:08:48	
3	Notts & East Midlands	Ron Hallam	South Pennine RC	1:28:20	7:20:35
		Karen Ledger	Ace Test Team	1:17:48	
		Geoff Platts	Team Bottrill	1:11:55	
		Ian Pike (trike)	Lincoln Whs	1:11:19	
		Colin Parkinson	South Western RC	1:06:24	
		Sean Vincent	Race Hub	1:04:49	
4	London & Home Counties	Liam Maybank	Twickenham CC	1:16:03	7:14:17
		Alan Murchison	Drag2Zero	1:13:56	
		Geir Robinson	Regents Rouleurs	1:12:09	
		Claire Emons	Newbury RC	1:11:31	
		Danuta Tinn	Maidenhead & Dist CC	1:10:34	
		Peter Lawrence	High Wycombe CC	1:10:04	
5	North Lancs & Lakes	Michael Ellerton	SheHair RT	1:13:55	6:54:58
		David Hargreaves	North Lancs RC	1:10:38	
		Mike Westmorland	Border City Whs	1:08:55	
		Richard Bideau	Pendle Forest CC	1:08:52	
		Deborah Moss	Team Merlin	1:08:17	
		Andrew Whiteside	Bella in Sella	1:04:21	
6	West	Conrad Moss	Mid Devon CC	1:12:29	6:53:47
		Michelle Lee	Royal Dean Forest CC	1:11:51	
		Chris Scawn	Plymouth Corinthian CC	1:10:21	
		Steven Cottington	Bath CC	1:10:07	
		Tony Chapman	Frome & Dist Whs	1:05:46	
		Ray Retter	Born to Bike	1:03:13	
7	Kent	Kevin Tye	Velorefined Aerosmiths	1:24:14	6:43:41
		Mark Vowells (trike)	CC Bexley	1:23:14	
		Andrew Meilak	Velorefined Aerosmiths	1:07:15	
		Mark Hill	Velorefined Aerosmiths	0:59:53	
		Stephen Wilkinson	Folkestone VC	0:59:09	
		Simon Henderson	Thanet RC	0:49:56	

Pos	Group	Name	Club	Plus	Team Plus
8	North Midlands	Keith Ainsworth	Sheffrec CC	1:20:26	6:18:39
		Stuart Wells	Lindsey Roads CC	1:06:35	
		Shawn Gough	Tuxford clarion	1:00:37	
		Mat Ivings	Buxton CC	0:59:08	
		Joe Le Sage	Rutland CC	0:57:17	
		Karl Caton	Elmsall RC	0:54:36	
9	Yorkshire	Andy Jackson	AeroCoach	1:08:10	6:08:09
		Darren Yarwood	Vive Le Velo	1:02:50	
		Anthony Ashworth	Wetherby Whs	1:00:27	
		Cliff Beldon	Selby CC	0:59:09	
		Steve Ayres	Bronte Whs	0:58:57	
		Andrew Askwith	Vive Le Velo	0:58:36	
10	Midlands	Joseph Costello	Walsall Roads CC	1:06:59	5:53:27
		Tim May	PDQ Cycle Coaching	1:01:25	
		Alastair Semple	Stafford Roads Club	0:59:46	
		Susan Semple	Born to Bike	0:58:31	
		Andrew Simpkins	Solihull CC	0:53:25	
		Mark Hamer	Stratford CC	0:53:21	
11	Scotland	Ian Elliot	Hawick CC	1:04:22	5:41:34
		James Cusick	Dooleys R.T.	0:59:59	
		Carlos Riise	Shetland Whs	0:56:23	
		Neil Pendrich	SVTTA	0:56:19	
		James Petrie	Dundee Whs	0:52:28	
		Angus Wilson	Dundee Thistle RC	0:52:03	
12	Merseyside	Andy Hazell	Nova Raiders	1:04:40	5:40:15
		Dave Williams	Velotik Racing	0:59:54	
		Janet Fairclough	St Helens CRC	0:57:05	
		Phil Guy	North Shropshire Whs	0:56:10	
		Stuart McCormick	Pirate Juice CC	0:51:36	
		Tony Harvey	Mid Shropshire Whs	0:50:50	
13	Manchester & North West	Alan Chorley	Seamons CC	1:08:06	5:23:15
		Darren Maironis	Transition RT	1:06:05	
		Adrian Hughes	Seamons CC	1:05:09	
		Tracy Rowlinson	Lyme RC	0:49:38	
		David Wright	Warrington RC	0:44:49	
		Lynsey Astles	Weaver Valley CC	0:29:28	
14	Surrey/Sussex	James Rix	Team Bottrill	1:10:31	5:17:24
		Adrian Blacker	C and N Cycles RT	1:06:32	
		Peter Baker	Lewes Wanderers CC	0:54:51	
		John Isard	Hampshire RC	0:51:33	
		Conor Boyle	Woking CC	0:40:19	
		Jon Fairclough	Woking CC	0:33:38	

**CLUB TEAMS OF 3 ON PLUS**

Pos	Club	Name	Group	Plus	Team Plus
1	...a3crg	Angela Carpenter	Wessex	1:23:32	3:54:50
		Sarah Matthews	Wessex	1:16:18	
		Neil Mackley	Wessex	1:15:00	
2	Cambridge CC	Andrew Grant	East Anglian	1:18:38	3:44:33
		Martin Reynolds	East Anglian	1:13:45	
		Chris Dyason	East Anglian	1:12:11	
3	Team Bottrill	Keith Dorling	East Anglian	1:17:18	3:39:44
		Geoff Platts	Notts & E Midlands	1:11:55	
		James Rix	Surrey/Sussex	1:10:31	
4	Velorefined Aerosmiths	Kevin Tye	Kent	1:24:14	3:31:22
		Andrew Meilak	Kent	1:07:15	
		Mark Hill	Kent	0:59:53	
5	Vive Le Velo	Darren Yarwood	Yorkshire	1:02:50	2:59:51
		Andrew Askwith	Yorkshire	0:58:36	
		Steve Burrows	Yorkshire	0:58:25	
6	Born to Bike	Ray Retter	West	1:03:13	2:55:18
		Susan Semple	Midlands	0:58:31	
		Kevin Stokes	London & Home Counties	0:53:34	
7	North Lancs RC	David Hargreaves	North Lancs & Lakes	1:10:38	2:53:02
		Sue Cheetham	North Lancs & Lakes	0:56:33	
		Peter Briscoe	North Lancs & Lakes	0:45:51	
8	Bristol South CC	Mark Bradley	West	0:58:48	2:44:26
		Joanna Knight	West	0:53:46	
		Daniel Kempe	West	0:51:52	
9	Newbury RC	Claire Emons	London & Home Counties	1:11:31	2:44:14
		Cliff Voller	West	0:54:58	
		Glen Knight	London & Home Counties	0:37:45	
10	Gloucester City CC	John Murphy	West	1:00:29	2:36:06
		Carlo Toledo	West	0:56:54	
		Derek Dowdeswell	West	0:38:43	
11	Team Swift	Fiona Sharp	Yorkshire	00:56:11	02:32:49
		Mark Wolstenholme	Yorkshire	00:53:14	
		Michelle Morley	Yorkshire	00:43:24	
12	Team Sportslab	Karen Taylor	Yorkshire	0:57:45	2:31:03
		Sarah Lewthwaite	Yorkshire	0:50:14	
		Ciaran Pickering	Yorkshire	0:43:04	
13	Springfield Financial	Derek Parkinson	North Lancs & Lakes	1:01:44	2:29:56
		Matt Stell	North Lancs & Lakes	0:46:56	
		Paul Russell	North Lancs & Lakes	0:41:16	

Pos	Club	Name	Group	Plus	Team Plus
14	Calder Clarion	Carol O'Connor	Yorkshire	0:56:00	2:24:25
		Steve Hancock	Yorkshire	0:55:41	
		Patrick O'Connor	Yorkshire	0:32:44	
15	Rutland CC	Joe Le Sage	North Midlands	0:57:17	2:24:18
		Gordon Wordsworth	North Midlands	0:44:24	
		Ben Hamilton	North Midlands	0:42:37	
16	SVTTA	Neil Pendrich	Scotland	0:56:19	2:21:29
		Derek McMillan	Scotland	0:43:23	
		Alex Munro	Scotland	0:41:47	
17	North Shropshire Whs	Phil Guy	Merseyside	0:56:10	2:13:47
		Andrew Clarke	Merseyside	0:39:08	
		Geoff Edgerton	Merseyside	0:38:29	
18	Mid Shropshire Whs	Tony Harvey	Merseyside	0:50:50	2:02:30
		Steve Cornish	Merseyside	0:41:05	
		Dave York	Merseyside	0:30:35	
19	Sotonia CC	Graham Harman	Wessex	0:56:28	2:00:23
		Evan Jardine-Skinner	Wessex	0:55:16	
		Chris Summers	Wessex	0:08:39	
20	Bicester Millennium CC	Tim Beaven	London & Home Counties	1:04:16	1:47:11
		Samantha Messenger	London & Home Counties	0:27:49	
		Stephen Messenger	London & Home Counties	0:15:06	
21	Yorkshire RC	Peter Macklam	Yorkshire	0:39:51	1:37:09
		Stephen Woodrup	Yorkshire	0:32:36	
		Alastair Bruce	Yorkshire	0:24:42	
22	Rockingham CC	Rich Dean	Yorkshire	0:57:52	1:28:52
		Andy Whitehead	North Midlands	0:48:52	
		Ala Whitehead	North Midlands	-0:17:52	
23	Rotherham Wh CC	Wayne Fuller	North Midlands	0:38:37	1:28:18
		David Buxton	North Midlands	0:30:05	
		Michael Weaver	North Midlands	0:19:36	
24	Drighlington BC	Sean Sanders	Yorkshire	0:54:45	1:21:26
		Susan Sanders	Yorkshire	0:15:47	
		Greg Kershaw	Yorkshire	0:10:54	
25	Otley CC	Gareth Metcalf	Yorkshire	0:45:37	1:15:22
		Claire Jessop	Yorkshire	0:30:39	
		John Barnett	Yorkshire	-0:00:54	
26	Wrexham RC	Steve Aston	Merseyside	0:40:05	1:14:38
		Luke Vallance	Merseyside	0:39:00	
		Peter Norman	Merseyside	-0:04:27	
27	Tornado RCC	Richard Wyeth	Wessex	0:30:45	1:11:07
		Adrian Watkins	Wessex	0:28:02	
		Ian Hayden	Wessex	0:12:20	



# OBITUARIES



## DAVE BATES

**22<sup>nd</sup> February 1948 - 10<sup>th</sup> September 2019**

Dave Bates, South Pennine Road Club, died after a collision with a lorry close to his home in Ashbourne, Derbyshire.

Dave Bates, along with his wife Ellen, joined the South Pennine Road Club in the late 1980s. They soon became well known in the club and the time trialling scene and he was always supported by Ellen until her death in 2015.

Dave was quite a late comer to the sport of time trialling, having been a keen amateur footballer for much of his life. One of his proudest achievements was winning the match ball in the annual Ashbourne Shrovetide football festival. His other passions, as well as his family, were motorcycling and breeding canaries and budgerigars.

He started competing in time trials in his late 30s or early 40s, riding in solo events for a number of years. He then joined up with Jeff Bowler to ride tandem events. This partnership lasted 23 years with numerous wins in open events as well as VTTA national age records and age group standards ranging from ten miles to one hundred miles. Over this period he and Jeff broke a total of 28

national tandem age records, 14 of which remain unbroken.

His funeral took place on 30th September in the church at Clifton, near Ashbourne, where Dave had grown up and had returned to live several years ago. His coffin was escorted to the church by club mates and friends on

bikes. The church was full to capacity with many mourners having to stand outside in the churchyard.

Dave had been diagnosed with a heart condition in early 2019 which had curtailed his racing but he was still able to ride his bike for pleasure. He was also an ever presence at open events on marshalling duties.

His ready smile and good humour will be missed, not only by his club mates and the wider cycling community but also by his family. Our thoughts are with his daughter Margaret, son-in-law Phil, two grandchildren Scott and Colette as well as the latest addition to the family, great-grandson Riley.

*Sue Bowler.*



## CYCLE IN THE ORANGE AND LEMON GROVES OF PORTUGAL

If you want the most pleasant winter escape, you can do little better than the Sotavento district of the Algarve in southern Portugal.

We can offer luxury accommodation for cyclists and this is a pleasure as I am myself a lifelong cyclist. I can advise on routes, destinations and perhaps more importantly, cafes and restaurants. You can hardly go wrong eating here. A typical Casa de Pasto (rough translation, house of food) will serve you a meal, wine and coffee for around five to eight euros.

You can bring your own bike or borrow one of mine. If you advise in advance, I could sort out the best option for fit and style.

The accommodation comprises an independent house with two bedrooms (sleeps four), bathroom and kitchen. There is an outside covered area overlooking the garden. It is difficult to explain how quiet and secluded we are here. At night the cicadas are all you will hear unless there is a southern wind bringing the distant whisper of the sea.

You can fly economically from many UK airports to Faro which is 30 minutes away by car. You can get to Faro centre by bus and take a magnificent coastal train journey to within 3 km of our house where we would happily collect you. Alternatively, car hire is cheap in the winter months.

I live next door and share the garden with the holiday cottage. My partner is Italian and she will probably be making bread and/or pasta at some point.

If you have ever thought of going somewhere apart from Majorca, then I thoroughly recommend this area. It has a reputation for tranquility and good roads so your only concern may be how many kilometres it takes to work off one of the local sweet cakes. My estimate is one hour riding per cake - make it two hours if you drink beer (One Euro is an average price for a beer. Eighty cents for a milky coffee, "uma meia de leite")

Inland there are modest hills whereas the coastal area, away from the one busy road, is fairly flat and quiet. It is the perfect place for cycling in safety.

I hope to see you here, Stephen Howells

Tel +351 281961820 or email [steveinjava@gmail.com](mailto:steveinjava@gmail.com)

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Luz de Tavira 8800-111  
Portugal



## VINCENT (VIN) FITZGERALD

23<sup>rd</sup> March 1926 - 30<sup>th</sup> July 2019

The Manchester & North West Group must regretfully advise of the passing of our Honorary Life Member, Vin Fitzgerald. Vin joined our group in 1968 and reached 93 years of age. In his working life Vin was a mechanical engineer, but he also had a comprehensively equipped workshop at home where just one of his projects was to build a tandem frame from two singles.

As part of tandem teams, Vin set a total of 34 VTTA national age records at 10, 25, 30 and 50 miles. As of the publication of the 2019 National Handbook, three of Vin's records still stand, all at 10 miles. Two of these were set with Jack Brownhill (Abbotsford Park RC), as his 'stoker' in 1997 and 1998, and then in 2002 with his favourite lady partner, Wynn Clarke of the Seamons CC. Wynn and Vin's combined age for that ride was 158 years!

Vin's name appears a further three times in the National Handbook as the holder of three age records at 10 miles, as part of a two-man, three-wheels team on a tandem trike. In 2003, he was partnered by Ellis Smith, then twice with John Nicholson in 2005.

Vin was riding with Warrington RC during the 1960s but he was 59 years old in 1985 when he set his first tandem age record. His partner that day was Wynne Clarke, with whom he went on to set a

further 25 age records over a 17 year period. Vin had also been a member of the Leigh Premier RC, but from 1991 until 1995 he competed as a member of the M&NW group, then spent seven years in the colours of Seamons CC before returning to the M&NW group.

Vin was obliged to stop riding when he was beset by poor health, due to

diabetes; he then suffered the loss of a leg, after which he seemed to have little or no contact with the cycling community.

Our National Editor, Mike Penrice, was kind enough to provide the details of Vin's age records. Mike and his wife, Barbara, came to know Vin and Wynne Clarke when they competed in the same tandem events, but lost contact when Vin became ill.



Unfortunately, the group only became aware of Vin's passing when his copy of 'The Veteran' was returned to the VTTA, marked only with the date of his death. Therefore no-one from our group knew the funeral details and we have been unable to obtain these.

*Ken Workman, M&NW Group News Editor*

## BARRY QUICK 1944 - 2019

Barry had many hobbies in life but the one constant throughout was his love of cycling. He began in his early teens and over the next 60 years would enter hundreds of events, win numerous awards, be meticulous with his training, and endure several broken bones and accidents. However, none of this ever dented his enthusiasm for doing what he loved; getting out in the open air and trying to go “full gas”.

Not content with just being a cyclist, Barry was also heavily involved in organising and supporting the events of his local club; Reading CC.

One such event was one of the club's annual 50-mile time trials which always fell on or around Father's Day.

Many of these were well before the internet and so start sheets, results and prize monies all had to be manually collated, checked and verified, printed and posted out.

He ran this event successfully for many years despite it being a very time-consuming and often stressful task, even though he roped in his wife and son every year to help!

In addition to being a Time Triallist of the highest capability, Barry was a member of the VTTA National Committee and of the London West District Committee of Cycling Time Trials. This didn't mean that he was a fan of officialdom! A few years ago, the National Committee of CTT (known as 'The Board') issued several didactic instructions on the subjects of traffic counts and risk assessments to district

councils and Barry, along with other members of the district committee, debated the subject at length, much of Barry's contribution disparagingly. Nevertheless, it was Barry who took on the task of organising a website containing details of each of the District's 86 courses, each including a risk assessment; it is doubtful whether any of the other 21 DCs have produced anything as comprehensive.

As a Committee man, Barry didn't waste time talking – he listened. Often, as discussion seemed to be reaching its conclusion, he would introduce a point of view contrary to everyone else's, he was expert at what appeared to be perversity although on many occasions he was right.

Barry was also a skilful photographer. There are numerous professionals who photograph time trials that take place each season and as appropriate for those occasions, the resulting pictures are much the same; face on or sideways. But Barry's pictures aren't like that, they have individuality. For many years he acted as photographer at the London Group luncheons and, together with his action shots, London Group has an archive of photographs which are 'different'.

We will miss you Barry – you didn't make a noise but we always knew of your presence.

*David Quick*



## LES DAWSON

3<sup>rd</sup> June 1926 - 14<sup>th</sup> October 2019

Les was a lifelong cyclist who grew up and lived his entire life in Eaglescliffe, Stockton-on-Tees. He began riding as a teenager with the CTC Tees-side DA during the war years.

On leaving school, aged 14, he began working in the local iron foundry, which was the start of a career lasting more than forty years in the various companies that made up the once large and prosperous engineering industry of Teesside.

Les began his racing career in 1945 joining the Stockton Wheelers CC, but he was soon told that the CTC Tees-side District's racing team was the Tees-side Road Club and he should be racing for them. He joined the Tees-side Road Club and became a life-long member, touring, racing, organising and officiating; he was to become Club Secretary for many decades.

He always said his best season was 1947, as he had trained hard through the previous winter, which although the winter was a hard one, once the roads had been ploughed they remained clear enough for training and the absence of traffic meant he could ride by moonlight. He won the Tees-side RC championship that year but missed out on the Teesside Cycling Association championship by 0.023mph.

It was whilst riding with the local CTC that he met his future wife Mary, who was becoming a very successful racing cyclist herself. They were married in

1952 and then spent their honeymoon on their bikes touring Switzerland.

The 1950's were a very successful time for Les and Mary and the Tees-side RC. They travelled the country riding the fast courses, with Les giving support to Mary in her successful BAR seasons of 1954 and 1955 and again in 1956 when unsuccessfully attempting to defend her title. This was why he was riding the Bath Road 100 in August that year when Ray Booty beat 4 hours for the first time, Les also improved his personal best on

that day. In 1958 with the delivery of his new Higgins tricycle Les began what was to become a great passion for racing trikes.

After taking a break to bring up a family they resumed their racing careers again in 1978. Both Les and Mary joined the VTTA in 1979. In the following years Les and Mary, both individually and together on tandem, set an amazing number of age records. Les holds the greatest number of records set by a man and Mary the greatest number set by a woman, 173 and a 160 respectively.



Les was also a dedicated VTTA official. In 1985 he became Deputy Chairman of North Group and took over as Chairman in 1994, a post which he held until 2006, when he took on the role of Group Secretary. He was also Group Recorder from 1993 to 2012. Les retired as North Group Secretary in 2017 at the age of 91, after over 30 years of unbroken service to VTTA North Group.

Les was also a prolific event organiser. He ran the North Group 50 for most of the 1990s, which included the VTTA National Championship. When he and Mary were competing and promoting events, he was always trying to persuade those riders, newly turned 40, to join the Vets. If anyone

wanted to know how the standards system worked, he was the man to ask.

Les Dawson had an unerring enthusiasm for the sport, was a great competitor, a tireless official and an inspiration to other vets. We will miss him.

## JACKIE CONNOR

**4<sup>th</sup> October 1922 - 18<sup>th</sup> August 2019**

Jackie slipped away on the 18<sup>th</sup> August having led a full life. At the early age of 13 he fell in love with cycling and soon joined the local club, St Christopher's CC in 1935, and was introduced to touring and club runs, which were the stuff of life for him, with an aspect and camaraderie he never forgot. These took the shape of "drum-ups" at many locations in the countryside, and oft times on the banks of Loch Lomond - the favourite meeting place for many Glasgow clubs.

Like most budding cyclists he soon took to racing and got the bug for track racing, at which he excelled. He was to be found competing on a regular basis at the Ibrox and Helenvale tracks but, not confined to track alone, he also proved successful on the time trialling scene while competing against Alex Hendry and other leading lights of that period.

After a number of years racing he decided it was time to return to his first love of cycling - touring. Dunoon and Peebles were only a few of the many forays he spent with friends; however, if any of the friends got dropped during these runs they were "on their own", as the "habble" on the road home did not wait - no prisoners! Those halcyon days passed as did friends like Peter Harley, Jim Reilly, Arthur Campbell, Jim McGinty and numerous others.

Having established himself in business his next venture was to sponsor the Regent CC at a time when it was one of the most successful clubs in the country. He thus became one of the first sponsors in Scotland and he himself joined the club and remained a life-long member.

Jackie had also taken part in a number of road race events and, now a member of the Scottish VTTA Group and with the VTTA's goal being that of catering for time trialling, in June 1974 he offered up a road race trophy. His aim was to open up a diverse competition within the Group and encourage members who would not normally do so to compete in road race events. This proved a success and the first event took place in 1974 and was organised by his friend, the late George Burns.

In 1994, he presented a further trophy, and this acknowledges the member with the "most improved standard plus" from the previous year.

Such was his benevolence that he was a valuable benefactor to the SVTTA and Regent CC, as well as many others within and outside the sport. The numerous friends that turned out for his service were testament to his respect and popularity, for which the family would like to give thanks.

## GEOFF ALLUM

13<sup>th</sup> January 1938 - 8<sup>th</sup> August 2019

Geoffrey Allum was born in Hatfield, Hertfordshire. Following his apprenticeship and National Service he had a 50 year career as a Scriber Designer & Technical Optical Engineer with RPD Precision Drawings in Potters Bar.

Geoff and Averil married in October 1964, and 5 years later as a family they moved east to Norfolk. Geoff was a loving father to five children, and much loved granddad to 14 grandchildren, and great granddad to 11 great grandchildren.

Apart from his family, Geoff's great passion was cycling. As a teenager he joined the Welwyn Wheelers in Hatfield, then became a member of Elyngge Racing Club between from 1956 to 1962. He joined the Kings Lynn Cycling Club in 1972 and he was awarded VTTA honorary life membership in 2017.

Geoff was Kings Lynn's veteran champion from 1992 to 1997 and 2001. He was also their club representative on the East District Cycling Association committee as well as being their treasurer for many years.

Geoff had many achievements in cycling, but one of his prouder moments was at the classic North Road Hardriders 25 mile time trial in 1987. At age 49, in challenging conditions Geoff rode well to record 1:21:59, finishing strongly in a top class field which included three British champions. Geoff was pleased to find that his finishing time was only 44 seconds slower than his original effort in

the same race when he competed 30 years earlier as a 19 year old in 1957.

Go forward another 20 years, and at the age of 70 and after a serious operation Geoff returned to ride the same event. The hardriders course has many twists and turns, as it climbs and dives through minor roads between Hertford and Potters Bar, an area once dubbed "Little Switzerland". Overnight rain left several parts flooded and washed sand and debris across others. Corners demanded great care and descents considerable courage and discretion. In his 70th year, Geoff deemed 35mph fast enough and fingered the brakes on some of the steep drops as he recorded 1:32:32 on a classic time trial bike with 6-speed block and down tube gear-change. The Bert Sizen Trophy, for the most meritorious ride of the year nominated by club members, was awarded to Geoff.



Throughout his membership of KLCC Geoff competed at all distances except for 12 hour, in both club and open events. For many years, Geoff was race secretary for open club events and was also a willing helper. He made many good and life-long friends in the cycling community, and was well liked and respected for his wealth of cycling knowledge and commitment to sharing his skills and knowledge, encouraging up and coming cycling enthusiasts.

In retirement Geoff continued cycling, completing his last race at the age of 79, and was still turning the pedals a matter of weeks before he passed away, at home with his family around him.

# RIDER Q&A - PETER HORSNELL

Jon Fairclough Asks the Questions



Photo by  
Fergus Muir

The cyclist answering the questions this month is Peter Horsnell, who has won the National Three Distance Championship five years in a row from 2014 to 2018 and the BAR in 2015. Peter has set 28 national records in his career and is the current holder of 11. He is 89 and still racing. Peter is also President of the East Anglian Group and the Chelmer Cycling Club.

*Q: When did you start time trialling?*

I started riding in an organized manner in the autumn of 1944, when I was 14 years old. I rode with my stepfather and the members of the Chelmsford CTC, who by age or medical problems had failed to qualify for HM Forces in WW2. They were very kind and helpful. Later I joined their racing offshoot – the Viking Road club and enjoyed grass track racing on Saturdays throughout the season with some success. My first time trial was the Glendene Novices 25 on E3. Conditions that day were described in “The Bicycle” edition of 26<sup>th</sup> March 1947 as “wet roads, gale force winds”, and a 10 mile ride to the start! The winner was another Viking, Ron Brown, who was off at number 1. His 1:11:44 put him a clear 3 minutes ahead of the next man, Roy Godbeer of Marsh Road Club. My time was 1:18:25 and I was placed 8<sup>th</sup>, not bad from 49 entrants, so I was encouraged to continue. Early in 1949 I joined the newly formed Chelmer Cycling Club and met my wife Mary. After my first run with the hardriders we rode home together from the tea-place on a winter’s night and the rest is history!

*Q: What are the greatest achievements in your time trialling career?*

Out of 73 consecutive years of competitive cycling, winning both the VTTA National BAR and 3 Distance competitions in 2015 are my greatest achievements. I just managed to hold off that prolific winner Adam Topham, who applies complete dedication to all his undertakings, which commands the greatest respect from me. My personal bests are 10 miles: 23:13 (1990), 25 miles: 1:00:44 (1990), 30 miles: 1:11:32 (1991), 50 miles: 2:03:37 (1991), 100 miles: 4:30:00 (1977), 12 hours: 240.29 miles (1977). In contrast to the impressive record of Ron Hallam (who appeared in Q&A in the last issue), I have not won events on scratch, only on standards, or as a team member.

*Q: What is your TT bike?*

It’s a carbon frame LOOK bike. Bill Broadfield sold it to me in 2010 after my Columbus steel frame fell apart on the E72 during an event! Bill was a member of the Cyclos Uno winning team in the VTTA National 10 and had used it for only that event, so it was nearly new.

*Q: What innovations in cycling technology have you found useful?*

Tribars have been a great help, but the most beneficial innovations have been turbo trainers used in conjunction with heart rate monitors. These have enabled me to control the whole of my training, assessing my fitness at any time and helping me judge from previous records how to progress to heart rate and wattage targets. I concentrate on deep breathing when approaching them. This avoids irreparable damage and is especially important for older people.

*Q: What is your approach to training?*

At home all major jobs which cause physical strain or mental stress should be completed before undertaking an annual training routine. The brain needs to be completely clear and concentrated before starting this, not just at the start of the event. I follow a daily exercise routine, mainly stretching, and find Pilates very helpful all the year round, and especially when increasing training mileage on the bike. I am fortunate to have the support of an excellent masseur, specialising in natural therapy, expensive but worth it. Finally, sleep is important to me. I need 10 hours before I feel like tackling anything.

*Q: What have you done (and not done!) to allow you to keep racing into your late 80's?*

We have given up on holidays, which were always cycling with my wife Mary all over the UK and abroad. We gave up on passports at least 10 years ago.

*Q: How many more years do you plan to keep racing?*

I have stopped doing 12 hour events now but will continue racing at the other distances while I am still able.

*Q: What is your favourite type of time trialling event?*

Being a slow starter, I prefer the longer races.

*Q: What sacrifices do you make to perform so well in time trialling?*

We have no social life in the racing season. Relatives and friends have had to accept this. People generally find it hard to understand when we refuse invitations. Funerals are of a course a duty and excepted.

*Q: How has your season worked out this year?*

This season has been my worst so far, disappointing and frustrating. I have completed 10 events, only half of those planned. It was not possible to plan in the usual way, due to cancellations. Weather and accidents (not to riders fortunately) generally caused them. One was when I was actually on the start line, first off. The timekeeper had a phone call, and I got a nasty shock! It has become increasingly difficult to enter by post, with forms being lost or mislaid. In several cases no start sheet or result sheet arrived. All the officials have worked hard to keep things on track, with reruns pushed into the programme, although the final rerun had to be cancelled. It must have been a nightmare for them.

My first 25 in April was my best this year, and May saw my best 10. Then I did two 25's, 50 and 100 in consecutive weeks. After that I did another 50 on the hottest day. I ran out of steam and, having already had trouble in the other 50, was left with my worst time ever at that distance.

For those with faster qualifying times there were other options available, but for the older and slower riders only VTTA and ECCA are available, and the latter not always. The odds are stacked against us!

*Q: What are you aiming to achieve next season?*

To keep up with the top performers on standard I would at least need a new bike, or a new pair of wheels. I have had to settle for a new chain!

*Photo courtesy of Fergus Muir - Peter receiving a welcome sponge from wife Mary during the 2012 ECCA 12*

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# VTTA NATIONAL 15 MILE CHAMPIONSHIP

## Sunday 8<sup>th</sup> September 2019

NEC Representative Mike Penrice



*Fiona Sharp and Ron Hallam - men's and women's champions*

Catterick was a popular time trialling venue in the days when competition thrived on the Great North Road - Peter Longbottom beat Alf Engers' 12 year old competition record '49' there. Since then racing was curtailed firstly due to high traffic levels and more recently due to upgrade of the A1 to motorway standard. That work now being complete there is a quiet and very well surfaced, but quite lumpy, service road alongside the A1M and this, along with the new Bedale By-pass, was used for the 15 mile championship, with the headquarters in a nearby leisure centre.

Organiser Gavin Russell of VTТА North group had assembled a good field of 66 solo riders and 3 tandems for the VTТА championship along with 16 for the supporting 'all ages' event. The day was blessed with the normal North Yorkshire weather of bright sunshine and warmth and with only a very slight wind conditions were absolutely perfect.

The battle for top spot was expected to be between defending champion Ron Hallam and Keith Ainsworth (who this season has won the 10 championship, been second in the 25 and third in the 50). Ainsworth's plus of 10:14 looked good enough to win by a big margin until Hallam (benefitting from a birthday two days before) edged him with +10:22, but nobody would begrudge Ron his repeat win at 89 years of age.

The group team competition was a local victory with North Group's Keith Murray, Russ Richardson and Nev Martin, who beat teams from North Midlands, Yorkshire, Scotland, Notts & E Mids and North Lancs & Lakes. The club team competition also stayed local with the GS Metro trio of Nev Martin, Ben Lane and Phil Kennell.

As expected the women's gold went to Fiona Sharp of Team Swift, but what was not widely known was that she did this the day after being support driver for her husband Richard on his successful attempt on the RRA Edinburgh to York record.

Mention must also be made of tandem winners Murray Kirton and David Stockley of A5 Rangers, who left their homes in Northamptonshire at about 3.30am for their 9.01am starting time.

Thanks to Gavin and his team from North Group and friends for a very successful championship.



*Murray Kirton and David Stockley - tandem champions*

### AWARD WINNERS - 2019 VTTA NATIONAL 15 MILE TIME TRIAL CHAMPIONSHIPS

Award	Name	Club	Group	Std.	Medals
1st Man on Std.	Ron Hallam	South Pennine RC	Notts & E Mids	+ 10:22	Gold
2nd Man on Std.	Keith Ainsworth	Sheffrec CC	North Midlands	+ 10:14	Silver
3rd Man on Std.	Keith Murray	Drag2Zero	North	+ 08:12	Bronze
1st Woman on Std.	Fiona Sharp	Team Swift	Yorkshire	+ 06:35	Gold
2nd Woman on Std.	Sue Cheetham	North Lancashire RC	N Lancs & Lakes	+ 04:30	Silver
3rd Woman on Std.	Louise Hamilton	Mountain Goat Coaching	North	+ 03:59	Bronze
Group Team Champions	Keith Murray	Drag2Zero	North	+ 24:07	Gold
	Russ Richardson	Teesdale CRC			Gold
	Nev Martin	GS Metro			Gold
Club Team Champions	Nev Martin	GS Metro	North	+ 22:47	Gold
	Ben Lane				Gold
	Philip Kennell				Gold
Tandem Champions	Murray Kirton	A5 Rangers CC	Midlands	+ 05:48	Gold
	David Stockley				Gold

First man and first woman on standard also each receive a champion's jersey and cap.

### FINISH ORDER - 2019 VTTA NATIONAL 15 MILE TIME TRIAL CHAMPIONSHIP

Pos.	Name	Club	Group	Gdr	Age	Std.	Actual	Plus
1	Ron Hallam	South Pennine RC	N&EM	M	89	54:07	43:45	+10:22
2	Keith Ainsworth	Sheffrec CC	N Mids	M	60	41:42	31:28	+10:14
3	Keith Murray	DRAG2ZERO	North	M	44	39:45	31:33	+08:12
4	Russ Richardson	Teesdale CRC	North	M	62	42:01	33:50	+08:11
5	Stephen Ayres	Bronte Whs	Yorks	M	40	39:14	31:10	+08:04
6	Steve Gibson	Peak Road Club	N Mids	M	53	40:46	32:48	+07:58
7	Nev Martin	GS Metro	North	M	60	41:42	33:58	+07:44
8	Ben Lane	GS Metro	North	M	48	40:12	32:31	+07:41
9	Steve Gore-Browne	Team Swift	Yorks	M	51	40:32	32:58	+07:34
10	Shaun Tyson	Ribble Pro Cycling	North	M	48	40:12	32:44	+07:28
11	Philip Kennell	GS Metro	North	M	52	40:39	33:17	+07:22
12	Chris Dyason	Cambridge CC	EA	M	71	43:59	36:41	+07:18
13	Kenneth Stevens	South Pennine RC	N&EM	M	89	54:07	46:51	+07:16
14	Neil Pendrich	SVTTA	Scot	M	48	40:12	32:58	+07:14
15	David Leckenby	Ilkley CC	Yorks	M	55	41:01	34:19	+06:42
16	Fiona Sharp	Team Swift	Yorks	W	40	42:33	35:58	+06:35
17	Mark Wolstenholme	Team Swift	Yorks	M	41	39:22	32:55	+06:27
18	Sean Quinn	Law Wheelers	Scot	M	46	39:59	33:43	+06:16
19	Paul Thirling	Hartlepool CC	North	M	43	39:37	33:23	+06:14

Pos.	Name	Club	Group	Gdr	Age	Std.	Actual	Plus
20	Alexander Munro	SVTTA	Scot	M	86	51:16	45:22	+05:54
21	Andrew Askwith	Vive Le Velo	Yorks	M	55	41:01	35:13	+05:48
22	Frank Anderson	SVTTA	Scot	M	67	42:59	37:15	+05:44
23	Jez Willows	Sherwood CC	N&EM	M	54	40:53	35:16	+05:37
24	David Nichol	Ferryhill Whs	North	M	67	42:59	37:23	+05:36
25	Rob Vessey	Didcot Phoenix CC	West	M	56	41:08	35:35	+05:33
26	Gary Hunt	Hartlepool CC	North	M	56	41:08	35:40	+05:28
27	Steven Fullerton	Darlington Cycling Club	North	M	51	40:32	35:15	+05:17
28	Roger Clarke	Tyneside Vagabonds CC	North	M	48	40:12	34:56	+05:16
29	Nicholas Stevenson	Wearside Triathlon	North	M	47	40:05	34:51	+05:14
30	Darren Moody	Team Backstedt	Yorks	M	49	40:19	35:13	+05:06
31	Cliff Beldon	Selby CC	Yorks	M	72	44:16	39:18	+04:58
32	Andrew Simpkins	Solihull CC	Mids	M	65	42:34	37:39	+04:55
33	Peter Macklam	Yorkshire Road Club	Yorks	M	76	45:37	40:46	+04:51
34	Mark Burtonshaw	Team Swift	Yorks	M	61	41:51	37:15	+04:36
35	Sue Cheetham	North Lancashire RC	NL&L	W	56	44:40	40:10	+04:30
36	Richard Durham	Settle Wheelers	Yorks	M	65	42:34	38:09	+04:25
37=	Gary Bates	Team Swift	N Mids	M	56	41:08	36:58	+04:10
37=	Richie Grant	Hartlepool CC	North	M	54	40:53	36:43	+04:10
39	Louise Hamilton	Mountain Goat Coaching	North	W	49	43:45	39:46	+03:59
40	Richard Tyson	Rock to Roll CC	NL&L	M	52	40:39	36:51	+03:48
41	Alan Gay	Team Swift	Yorks	M	72	44:16	40:46	+03:30
42=	Paul Tyler	Ferryhill Whs	North	M	61	41:51	39:03	+02:48
42=	Ian Hutchinson	Cleveland Wheelers CC	North	M	63	42:12	39:24	+02:48
44	Jo Scott	Team Swift	North	W	56	44:40	41:55	+02:45
45	Dennis Potter	Adept Cycling	North	M	59	41:33	39:09	+02:24
46	Graham Sheard	North Lancashire RC	NL&L	M	71	43:59	42:06	+01:53
47	Howard Heighton	Ferryhill Whs	North	M	46	39:59	38:10	+01:49
48	Roy Oakes	South Pennine RC	N&EM	M	74	44:54	43:10	+01:44
49	John Johnstone	Icarus Racing	Scot	M	77	46:01	44:24	+01:37
50=	William Armstrong	Velo Club Cumbria	NL&L	M	65	42:34	41:06	+01:28
50=	Caroline Ratcliff	Ferryhill Whs	North	W	54	44:23	42:55	+01:28
52	George Skinner	Royal Albert CC	Scot	M	73	44:34	43:11	+01:23
53	Phil Wright	Hartlepool CC	North	M	64	42:22	41:32	+00:50
54	James Skinner	SVTTA	Scot	M	45	39:52	39:14	+00:38
55	Paul Dawson	VTTA (North)	North	M	58	41:24	42:06	-00:42
56	Derek Black	Wigan Whs CC	NL&L	M	70	43:42	46:28	-02:46
57	Colin Chandler	Darlington Cycling Club	North	M	50	40:26	44:41	-04:15
58	Caroline Heighton	Stockton Wheelers CC	North	W	41	42:42	48:41	-05:59

DNF	Mick Bradshaw (GS Metro), Ben Hamilton (Rutland CC)
DNS (A)	Steve Loraine (Team Swift), Gray Walker (VTTA North), Keith Alderson (Cleveland Whs), Blair Buss (Halifax Imp Whs)
DNS	John Hatfield (Ravensthorpe CC), Ed Neilson (Vive le Velo)

### FINISH ORDER - 2019 VTТА NATIONAL 15 MILE TIME TRIAL TANDEM CHAMPIONSHIP

Pos.	Name	Club	Group	Gdr	Age	Std.	Actual	Plus
1	Murray Kirton	A5 Rangers CC	Mids	M	78	44:4	39:00	+05:48
	David Stockley	A5 Rangers CC	Mids	M	79	8		
2	Tim Humphries	Team Swift	North	M	55	39:2	34:53	+04:33
	Richard Dixon	Team Swift	Yorks	M	56	6		
DNS-A	Mike & Elaine Holtby (Cleveland Wheelers CC)							



North Group's men's bronze medallist - Keith Murray (Drag2 Zero)



North Group's women's bronze medallist - Louise Hamilton (Mountain Goat Coaching)



NEC representative Mike Penrice with the GS Metro trio of Nev Martin, Ben Lane and Philip Kennell

15 mile championship photos are reproduced with acknowledgements to [Kimroy Photography](#)

# VTTA NATIONAL 30 MILE CHAMPIONSHIP

## Sunday 1<sup>st</sup> September 2019

*NEC Representative Andrew Simpkins*

The Scotland VTTA Group hosted this year's 30 mile championship, held on the flat single carriageway WH30/2 course near Stirling, which is famous for its medieval castle perched atop a volcanic outcrop and which is a gateway to the Highlands. The previous day had seen heavy rain and strong winds, but fortunately, the Sunday morning dawned bright and clear although with a stiff and chilly north westerly breeze. 54 solo riders and two tandems contested the championships plus a smattering on non-vets and non-members. 8 riders had entered from south of the border.



*Women's podium - Catherine Logan, Patricia Baird and Aileen Fisher*

In the men's championship visitor Gavin Hinxman on his trike took a second title to add to his win in the 100 mile championship. In silver medal position was a new VTTA member who we can expect to hear more of, Douglas Watson, with an outstanding actual time and new Scottish record of 1:00:34, with Steve Nutley taking the bronze medal.

The women's championship was won convincingly by Patricia Baird who afterwards promised to ride more VTTA championships next season. Catherine Logan took silver and Aileen Fisher the bronze medal.



*Scotland's Group Team Champions - Steve Nutley, Ian Elliot and Douglas Watson*

Unsurprisingly Scottish VTTA members were out in force with the opportunity to ride a national championship on 'home' roads and Scotland Group took the Group Team award. Scotland VTTA (SVTTA) also functions as the first choice club for several members and they took the Club Team award. The Glasgow pairing of Isobel Fletcher and Alan Maclean took the tandem gold medal.

Thanks to the Scotland VTTA chairman Michael Devlin for organising this championship and to the timekeepers, marshals and other helpers.

**AWARD WINNERS - 2019 VTТА NATIONAL 30 MILE TIME TRIAL CHAMPIONSHIPS**

<b>Award</b>	<b>Name</b>	<b>Club</b>	<b>Group</b>	<b>Std.</b>	<b>Medals</b>
1st Man on Std.	Gavin Hinxman (Trike)	Drag2Zero	East Anglian	+21:47	Gold
2nd Man on Std.	Douglas Watson	GTR-Return to Life	Scotland	+20:33	Silver
3rd Man on Std.	Steve Nutley	RT23	Scotland	+16:38	Bronze
1st Woman on Std.	Patricia Baird	Ecosse Performance CC	Scotland	+14:26	Gold
2nd Woman on Std.	Catherine Logan	Fullarton Wheelers	Scotland	+10:14	Silver
3rd Woman on Std.	Aileen Fisher	Ayr Roads CC	Scotland	+08:26	Bronze
Group Team Champions	Douglas Watson	GTR-Return to Life	Scotland	+52:57	Gold
	Steve Nutley	RT23			Gold
	Ian Elliot	Hawick CC			Gold
Club Team Champions	Neil Pendrich	SVTTA	Scotland	+39:01	Gold
	Derek McMillan				Gold
	Alexander Munro				Gold
Tandem Champions	Isobel Fletcher	VC Glasgow South	Scotland	+06:40	Gold
	Allan Maclean				Gold

First man and first woman on standard also each receive a champion's jersey and cap.  
Gavin Hinxman is also awarded the Fred Thorpe Trophy for fastest overall on standard.

**FINISH ORDER - 2019 VTТА NATIONAL 30 MILE TIME TRIAL CHAMPIONSHIP**

<b>Pos.</b>	<b>Name</b>	<b>Club</b>	<b>Group</b>	<b>Gdr.</b>	<b>Age</b>	<b>Std.</b>	<b>Actual</b>	<b>Plus</b>
1	Gavin Hinxman (Trike)	Drag2Zero	EA	M	51	1:32:41	1:10:54	+21:47
2	Douglas Watson	GTR-Return to Life	Scot	M	46	1:21:07	1:00:34	+20:33
3	Steve Nutley	RT23	Scot	M	63	1:25:46	1:09:08	+16:38
4	Ian Elliot	Hawick CC	Scot	M	69	1:28:25	1:12:39	+15:46
5	Brian Muir	Royal Albert CC	Scot	M	56	1:23:34	1:07:50	+15:44
6	Eddie Addis	RT23	Scot	M	40	1:19:34	1:04:12	+15:22
7	Jim Petrie	Dundee Wheelers	Scot	M	66	1:26:59	1:12:06	+14:53
8	Neil Pendrich	SVTTA	Scot	M	48	1:21:36	1:07:07	+14:29
9	Patricia Baird	Ecosse Performance CC	Scot	W	54	1:30:09	1:15:43	+14:26
10	Chris Dyason	Cambridge CC	EA	M	71	1:29:32	1:15:10	+14:22
11	Derek McMillan	SVTTA	Scot	M	59	1:24:25	1:10:08	+14:17
12	Sandy Wallace	Fife Century RC	Scot	M	73	1:30:48	1:16:48	+14:00
13	Allan Ross	Fruin Road Club	Scot	M	59	1:24:25	1:11:21	+13:04
14	Robert Brown	EH Star Cycling	Scot	M	75	1:32:14	1:19:11	+13:03
15	Gordon Graham	Fullarton Wheelers	Scot	M	54	1:23:02	1:10:01	+13:01
16	Sean Quinn	Law Wheelers	Scot	M	46	1:21:07	1:08:20	+12:47



*Gavin Hinxman gave a master class in trike cornering skills in winning the 30 championship*



*Patricia Baird on her way to a comfortable win in the women's championship*

*30 mile championship photos are reproduced with acknowledgements to Harry Tweed*



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Pos.	Name	Club	Group	Gdr.	Age	Std.	Actual	Plus
17	Graham Jones	Edinburgh RC	Scot	M	54	1:23:02	1:10:16	+12:46
18	David Ross	Falkirk BC	Scot	M	41	1:19:51	1:07:45	+12:06
19	Andrew Simpkins	Solihull CC	Mids	M	65	1:26:33	1:15:36	+10:57
20	David Pritchard	Kennoway RC	Scot	M	62	1:25:24	1:14:28	+10:56
21	Brian Nicol	Velo Club Vitesse	Scot	M	57	1:23:50	1:13:19	+10:31
22	Alexander Munro	SVTTA	Scot	M	86	1:45:11	1:34:56	+10:15
23	Catherine Logan	Fullarton Wheelers	Scot	W	54	1:30:09	1:19:55	+10:14
24=	William Munro	Glasgow Wheelers	Scot	M	67	1:27:26	1:18:15	+09:11
24=	Alan Manson	Stirling Bike Club	Scot	M	55	1:23:18	1:14:07	+09:11
26	Gary Bratt	Fruin Road Club	Scot	M	42	1:20:07	1:11:19	+08:48
27	Aileen Fisher	Ayr Roads CC	Scot	W	50	1:29:04	1:20:38	+08:26
28	Alex McPhee	Dooleys - Cycles	Scot	M	57	1:23:50	1:17:11	+06:39
29	James Robb	Deeside Thistle CC	Scot	M	63	1:25:46	1:19:45	+06:01
30	Graham Sheard	North Lancashire RC	NL&L	M	71	1:29:32	1:24:09	+05:23
31	Martin Shields	Fullarton Wheelers	Scot	M	59	1:24:25	1:19:49	+04:36
32	James Skinner	SVTTA	Scot	M	45	1:20:53	1:17:50	+03:03
33	Christine MacKenzie	Stirling Bike Club	Scot	W	42	1:26:54	1:24:59	+01:55
34	Lindsay Foster	Ayrodynamic Tri Club	Scot	M	58	1:24:07	1:24:06	+00:01
35	Steve Donaldson	Fullarton Wheelers	Scot	M	57	1:23:50	1:24:36	-00:46
36	Brian Laffoley	Fife Century RC	Scot	M	55	1:23:18	1:28:49	-05:31
37	Jennifer Nicol	Velo Club Vitesse	Scot	W	61	1:32:24	1:44:18	-11:54
38	George Adam	SVTTA	Scot	M	59	1:24:25	1:47:58	-23:33
DNF	John Johnstone (Icarus Racing), George Skinner (Royal Albert CC), Frank Anderson (SVTTA), Steve Loraine (Team Swift)							
DNS -A	Keith Ainsworth (Sheffrec CC), Andrew Stewart (Dunfermline CC), Nev Ashman (Manchester Velo CRC)							
DNS	Geoff Perry (Born to Bike), Iain Duguid (SVTTA), Katja Rietdorf (Born to Bike), Stuart Whitelaw (Fruin RC), John Gemmell (Ayr Roads CC), Michelle Highfield (Berwick Whs CC), James Smith (Glasgow Nightingale), Liam Farrell (SVTTA)							

#### FINISH ORDER - 2019 VTTA NATIONAL 30 MILE TIME TRIAL TANDEM CHAMPIONSHIP

Pos.	Name	Club	Group	Gdr.	Age	Std.	Actual	Plus
1	Isobel Fletcher	VC Glasgow South	Scot	W	58	1:23:42	1:17:02	+06:40
				M	54			
2	George Berwick	Edinburgh RC	Scot	M	78	1:29:25	1:32:58	-03:33
	Phillip Jurczyk	West Lothian Clarion	Scot	M	74			

30 mile championship photos are reproduced with acknowledgements to Harry Tweed.

# VTTA NATIONAL 12 HOUR CHAMPIONSHIP

## Sunday 11<sup>th</sup> August 2019

*NEC Representative Keith Dorling*

This year's National 12 Hour was held in conjunction with the CTT 12 Hour Championship promoted by CC Breckland.

Mark Fairhead, along with an extensive team of helpers and timekeepers, put on a great promotion on what can only be described as an extremely blustery day. It certainly was not the sort of day you would have thought that records would fall.

Both the women's and men's events were hotly contested with less than 6 miles on standard between the men and 8 miles between the women.

After a lengthy dispute lasting several weeks the CTT finally published the results; this had in turn delayed the publication of the VTTA result.

Considering how windy the day was some incredible rides were done.

Andy Jackson won overall with 303.981 miles. Mark Smith's 302.841 just over a mile behind gave him second place overall. Dave Shepherd, the VTTA winner, was just outside the top ten in 11<sup>th</sup> place, but giving 15 years on Andy.

Christina Murray's 266.431 was enough for her to get second overall, just a couple of weeks after her record breaking ride in the National 24 Hour. Becky Taylor, riding only her second 12 hour, did enough for third overall and increased her mileage by nearly 5 miles in very different conditions from last year when it was warm, sunny and calm. Past CTT national champion Katja Rietdorf came a creditable sixth overall and third on standard.

Just in case you are wondering what the dispute was. It was all about what would have been a record breaking mileage ride by (non-vet) Joe Skipper, but after a lengthy enquiry he was deemed to have not completed the official course.

### AWARD WINNERS - 2019 VTTA NATIONAL 12 HOUR TIME TRIAL CHAMPIONSHIPS

Award	Name	Club	Group	Std.	Medals
1st Man on Std.	David Shepherd	a3crg	Wessex	+97.01	Gold
2nd Man on Std.	Mark Smith	Crawley Whs	Surrey/Sussex	+93.41	Silver
3rd Man on Std.	Andy Jackson	AeroCoach	Yorkshire	+91.69	Bronze
1st Woman on Std.	Christina Murray	Army Cycling	Wessex	+75.90	Gold
2nd Woman on Std.	Becky Taylor	Wisbech Whs	East Anglian	+74.47	Silver
3rd Woman on Std.	Katja Reitdorf	Born to Bike	London & Home Counties	+68.47	Bronze
Group Team Champions	David Shepherd	a3crg	Wessex	+263.65	Gold
	Stephen Williamson	a3crg			Gold
	Christina Murray	Army Cycling			Gold
Club Team Champions	Darren Yarwood	Viva Le Velo	Yorkshire	+200.97	Gold
	Neil Cleminshaw				Gold
	Ed Neilson				Gold

First man and first woman on standard also each receive a champion's jersey and cap.

David Shepherd is also awarded the Jim Painter for fastest overall on standard.



Women's 1-2-3 Katja Rietdorf, Christina Murray and Becky Taylor with VTTA rep Keith Dorling



Dave Shepherd's 289.45 miles earned him the VTTA men's champion title

#### FINISH ORDER - 2019 VTTA NATIONAL 12 HOUR TIME TRIAL CHAMPIONSHIP

Pos.	Name	Club	Group	Gdr.	Age	Std.	Actual	Plus
1	David Shepherd	a3crg	Wsx	M	58	192.44	289.45	+97.01
2	Mark Smith	Crawley Whs	S/S	M	45	209.43	302.84	+93.41
3	Andy Jackson	AeroCoach	Yorks	M	43	212.29	303.98	+91.69
4	Stephen Williamson	a3crg	Wsx	M	48	205.46	296.20	+90.74
5	Darren Yarwood	Viva Le Velo	Yorks	M	45	209.43	295.95	+86.52
6	Christina Murray	Army Cycling	Wsx	W	42	190.53	266.43	+75.90
7	Neil Cleminshaw	Viva Le Velo	Yorks	M	49	204.19	279.40	+75.21
8	Becky Taylor	Wisbech Whs	EA	W	44	187.87	262.34	+74.47
9	Nigel Sign	Fareham Whs C C	Wsx	M	62	186.34	258.42	+72.08
10	Iain Boardman	Dulwich Paragon C C	EA	M	46	208.08	278.25	+70.17
11	Katja Reitdorf	Born to Bike	L&HC	W	48	183.08	251.55	+68.47
12	Victor Chetta	Mid Shropshire Whs	Mer	M	41	215.42	279.14	+63.72
13	Kathryn Smith	Sleaford Whs C C	N&EM	W	65	161.36	224.10	+62.74
14	Chris Tye	Plomesgate C C	EA	M	52	200.41	262.57	+62.16
15	Theresa Taylor	Ribble Valley Cycling Team	NL&L	W	59	170.19	228.88	+58.69
16	Martin Bullen	Peterborough C C	EA	M	67	177.25	234.40	+57.15
17	Mark Sanders	Mid Devon C C	West	M	60	189.5	246.51	+57.01
18	Jeff Roberts	High Wycombe C C	L&HC	M	54	197.85	252.81	+54.96
19	Dan Bromilow	Ely & District C C	EA	M	46	208.08	261.43	+53.35
20	Nick Jones	Bournemouth Jubilee Whs	Wsx	M	43	212.29	265.11	+52.82
21	Neil Allonby	Icknield R C	L&HC	M	49	204.19	256.70	+52.51
22	Peter Richards	Icknield R C	EA	M	55	196.55	248.46	+51.91
23	Michelle Walter	Bournemouth Arrow C C	Wsx	W	58	171.48	220.94	+49.46



*Christina Murray added the 12 hour title to her 24 hour*



*Stephen Williamson's 296 miles earned him a slot in the winning Wessex group team*



*Yorkshire's Darren Yarwood led Vive le Velo as best club team*



*Mark Smith broke the 300 mile barrier to take the VTTA silver*

*12 hour championship photos are reproduced with acknowledgements to [Kimroy Photography](#)*

24	Paul Vickers	West Suffolk Whs	EA	M	48	205.46	254.00	+48.54
25	Ivan Carr	Team PedalRevolution.co.uk	EA	M	51	201.67	250.03	+48.36
26	Brian Hygate	Fareham Whs C C	Wsx	M	81	138.5	185.68	+47.18
27	Philip Jones	Peterborough C C	EA	M	60	189.5	236.58	+47.08
28	Nigel Brookes	Stirling Bike Club	Scot	M	65	181.11	226.57	+45.46
29	Angus Swanson	Stirling Bike Club	Scot	M	51	201.67	242.10	+40.43
30	Ed Neilson	Viva Le Velo	Yorks	M	42	213.82	253.06	+39.24
31	Joanna Cebrat	Bury Clarion C C	M&NW	W	40	193.45	232.41	+38.96
32	Dale Lush	Kingston Phoenix R C	S/S	M	40	217.1	255.37	+38.27
33	Jason Turner	Norwich ABC	EA	M	48	205.46	241.91	+36.45
34	Lez Young (Trike)	Lincoln Whs C C	NMids	M	65	153.06	185.56	+32.50
35	John J Murphy	Gloucester City CC	West	M	79	145.56	174.40	+28.84
36	Adrian Watkins	Tornado RCC	Wsx	M	51	201.67	229.55	+27.88
37	John Glaysher	a3crg	Wsx	M	41	215.42	227.90	+12.48
DNF	Michelle Lee (PDQ Cycle Coaching), Gray Turnock (Finsbury Park CC), Liz Powell (Drag2Zero), Paul Jackson (Team Bottrill), Derek Parkinson (Springfield Financial RT), Jackie Field (CC Ashwell), Ray Retter (Born to Bike), Philip Waring (Cambridge CC), Charles Mitchell (...a3crg), Nick Cave (Team Lutterworth), Chris Lea (Buxton CC), Matt Ivings (Buxton CC), Jan Smith (Gt Yarmouth CC), Dave Green (CC Breckland), Steve Burrows (Vive le Velo)							
DNS -A	Kate Bradley (Born to Bike), Harry Cowley (Chester RC), Roger Sheridan (NopinZ), Adam Laycock (VTTA East Anglia), David Barry (Sport Fagley), Alan Morris (Hinckley CRC), Gordon Scott (Weymouth CC), John Golder (Chelmer CC)							

## AGE 80+ MEMBERS WHO COMPETED IN 2019

*(Listed in decreasing age order based on date of birth)*

Syd Wilson	North Midlands	90	Peter Knott	N Lancs & Lakes	83
John Lee**	London & HC	90	Wilf Lewis	Manchester & NW	83
Peter Horsnell	East Anglian	89	Brian Hall	Wessex	83
Cyril Wynne	Manchester & NW	89	John Draper	N Lancs & Lakes	83
Brian James	London & HC	89	Alasdair Washington	Scotland	82
Ken Stevens	Notts & East Mids	89	Bryan Hygate	Wessex	83
Ron Hallam	Notts & East Mids	89	Anthony Bowles	West	81
Norman Harvey	Wessex	86	John Smith	North Midlands	81
Les Hayman	Kent	86	Brian Lewis	West	81
Bob Loader	Kent	86	Gordon Johnston	Scotland	81
Alex Munro	Scotland	86	Barrington Day	Wessex	81
Malcolm Gisbey	Scotland	85	Iain McLeod	Scotland	82
Derek Hodgins	Manchester & NW	85	Neil Stuart	North	81
Robert Bush	East Anglian	85	Ron Back	East Anglian	80
Peter Wilson	West	85	Rod Goodfellow	N Lancs & Lakes	80
Geoff Hornby	Yorkshire	84	Nev Ashman	Manchester & NW	80
Peter Smith	Midlands	85	Trevor Bracegirdle	Manchester & NW	80
Terry Law	East Anglian	84	Malcolm Adams	Kent	80
Mike Daniels	Kent	84	** John Lee (London & HC) has achieved outdoor track records, at age 90, but will no longer race on the open road.		
Brian Ward	Yorkshire	84			
Bob Ibell	South Wales	84			

# AROUND THE GROUPS

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## EAST ANGLIAN

### Mary Horsnell's musings

There was a time when Alf was King of the Road and Beryl was the Queen. The place to be, and to be seen and maybe to see them, was on the A12 in Essex. This was the fabled E72 course between Hatfield Peverel and Marks Tey.

So there was I, on a sunny Sunday morning, powering my top gear and with not far to go. I was dreaming of a personal best if I could safely negotiate the dreaded and difficult left turn into Freebourne's Road without crossing the centre white line, which would have merited disqualification. Approaching Kelvedon fly-over, suddenly and without any warning, a tall figure stepped out of the roadside bushes with his back to me and arm extended - the law! I applied both brakes and skidded to a halt in the debris of the gutter. As I did so my front tubular (Dunlop No. 1 - recommended for track use only, at 150 psi) exploded with a loud report, with fragments flying into the air. The policeman jumped, he obviously had not seen me, but he continued with his beckoning. It was only then that I realised that a car had left the road, ploughed through the bushes and embedded its front into a fence post. Next time I looked up from struggling with my spare, all had vanished. I never did see a police car, it must have been parked on the slip road.

It was the shock I suppose, because I cannot remember another thing about that day, was it a dream? If so, the cost of a new tub and a missed PB was enough of a wake-up call. Later people told me that the driver was a foreign national who had just driven from the Harwich ferry, which annoyed me even more.

This and other anecdotes were brought to mind by re-reading Alf Engers' illuminating biography and, more recently, by William Fotheringham's excellent book "The Greatest: The Life and Times of Beryl Burton". People who I knew and those that were known in those days, have contacted me and all are agreed that it is a good read and "he dealt with his subject in a masterly manner" - well recommended....

Beryl always remembered her adversaries, notably Shirley Jo Bowers, now Mrs Pennington, who made a startling comeback. She eventually moved to Ashford in Kent and has replaced her cycling by membership of a walking group, enjoying the countryside. Later, Sue Fenwick's meteoric rise to fame made her a serious rival, especially when she achieved a 100 mile time inside 4 hours 10 minutes. Sue, now Mrs Rogers, moved to the Fens, but still rides to work and keeps in touch with her old club, Crest CC.

Beryl used to visit the Crest CC country HQ, Stag Hall, when staying at the nearby Shaftesbury CC hut, for a chat and comparison of knitting patterns with Tex Murphy. It is sad to report that Stag Hall is now a private residence, although Shaftesbury still thrive and our group meetings are still held at the Comrades hut nearby and now taken over by Essex Roads CC. These are survivors of the 32nd Association, based off the A11. Sue and her husband are next but one neighbours to Ted Wells, whose name was once well known in our group as he was a good rider. Peter Horsnell recalls aiming for Ted's 66 years old group age record for 12 hours in 1993 and his joy when he failed by 300 yards! He was active, still driving and timing Cambridge events until a serious health lapse in 2018, since when he has been looked after by a live-in carer. Luckily his son and daughter are nearby and visit often.

Peter Horsnell has the last word about Beryl. He was standing on the kerbside as she finished the last 25 that season, she pulled up beside him and put her foot down. He said "Congratulations on winning the BBAR for the 25th time". "Thank you", she replied - they always got on well. I guess she was then engulfed by fans. How many women gave up, believing that she was invincible, such was the aura around her? Many others, in more recent years, have been inspired - witness the wonderful results of women recently recorded in the pages of The Veteran.

Talking of The Veteran, how much the colour photographs have enhanced this publication. It is good to see that top riders of the past are honoured by presenting awards at VTTA National Championships. The latest I noticed was Pete Smith, from the days earlier mentioned; I wonder does he recall the gloomy, wet, but exciting power

PITTAWAY Cycling

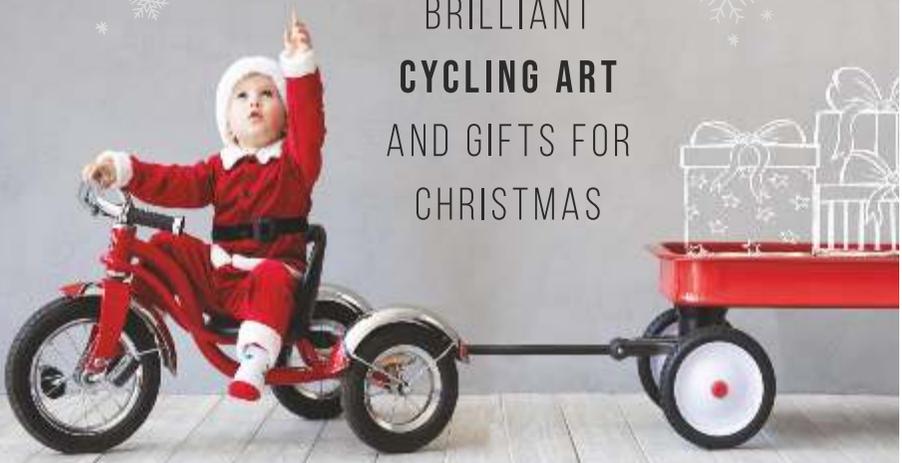


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struggle in the National 12 in Essex in 1967. This was won by Roy Cromack from Pete Smith and with John Watson third - all were members of Clifton CC and their mileages were 268, 266 and 265. The most moving picture in The Veteran, which must have brought a tear to many an eye, was the one of Richard Bideau with George Nowland's lovely ladies, Val, Sue and Janet. George stood out as a flamboyant personality, not only in dress but for the bright light he shone into the VTTA. The NLTTA 100, in which the VTTA National 100 was incorporated, was rightly his memorial event.

Moving on to the present and the strange results of this strange season. At our recent committee meeting, which preceded the AGM, it was a shock to hear that our TT secretary, John Golder, was in hospital following a fall when out riding and had needed hip surgery. John's partner Chris, group secretary, had been at his hospital bed all night, so it was a different meeting without these two key figures. However the group is financially sound, benefitting from the cancelled events, and membership is holding up at 408, against 410 in 2018 and 400 in 2017.

Gavin Hinxman was our Man of the Year, sweeping all before him on his high tech aerodynamic trike, taking a host of records and awards. It has been reported that nothing like it has previously been seen north of the Border (or anywhere else for that matter), but this colourful combination may not be seen again following his announcement of retirement.

For the first time ever there were no claims for the BAR contest. with five major trophies going unclaimed; the remainder are equally shared between chairman Andrew Grant and Jackie Field. Andrew takes the 3 Distance Competition from Peter Horsnell, holder for the last 5 years, although the latter got his own back by winning the Short Distance Competition. Keith Dorling was third and Jackie Field was best lady. Martin Reynolds broke in to win the 10 mile points (for 2020 only 4 of the 7 events will count for the 10 league), with Jackie again the ladies winner. Becky Taylor put her name on the 12 hour cup with a splendid +74.474 miles.

Matt Smith took the two open events, for the Stourvale Shield and the even more imposing Leo 'George Hicks' Memorial.

Claims have been put in for nine national records and by the time this is read we shall hear whether they have been ratified.

Ken Platts, recorder and age records secretary, was very critical of those who travelled miles and spent much money to improve their performance, but then did not appear to be interested in claiming to back up even for national team awards. All were agreed - what can one say?

It was encouraging that all officials stood for re-election, but a new awards secretary will be needed soon. The AGM which followed was enlivened by the attendance of Kevin and Denese Hallahan, from Wisbech on the periphery of our territory and Kevin has kindly offered to take over as awards secretary about September 2020, when they will have more free time - so ends the year.

I have been asked to mention the prizegiving luncheon on Sunday 9th February 2020. It is again at the Roseberry Hotel, Eriswell. Details from Keith Dorling on 07595 151315. See you there.

I will wrap up with greetings to members and old friends and may 2020 be good to you and with plenty of good times.

## **KENT** **Ian Turner**

The Group's AGM was held on Sunday 17 November at Lenham Community Hall. The meeting was attended by nine members, including eight committee members. The election of officers and committee members for 2020 resulted in the following individuals being elected: President - Carole Gandy (replacing Mark Vowells who comes to the end of his Presidency this year); Vice Presidents - Peter Baker, Bob Giles and Ian Turner; Chair - Mark Vowells; Vice-Chair - John Hawkridge; General Secretary - Carole Gandy; Treasurer - Chris Bax; Social Secretary - Tom Morton; Time Trial Secretary - Robert Giles; Recorder and Reporter - Ian Turner; KVN Editor - Neil Quarby; Committee Members - Dave Wright, Anthony Bee and Paul Mephram; Accounts Examiner - Andy McCall; KCA Delegates - Bob Giles and Tom Morton; CTT Delegates - Carole Gandy and Tom Morton; National VTTA Delegates - Bob Giles and Tom Morton.

A vote of thanks to Mark Vowells for his Presidency for the last three years was proposed and passed unanimously.

Reports were received from officers, including the General Secretary; the Treasurer, the Time Trial Secretary; the Recorder and the Social Secretary, KCA delegates and CTT delegates.

The Secretary pointed out that the Group had adopted the national membership system during the year which, *inter-alia*, allowed members to renew on-line, at the same time applying for standards and paying for their ticket for the annual lunch. It is still possible to do these things 'manually' and to pay by cheque or bank transfer, but it is preferable to the Secretary and Treasurer if members use the system by logging on at [www.vtta.org.uk](http://www.vtta.org.uk).

Our current membership stands at 163 – one less than this time last year – including 35 Honourary Life Members. There have been four new members in the year and sadly four people who had been members for many years passed away, namely, Laurie Broad, Geoff Abraham, Fred Jackson and John Smith. They will all be fondly remembered.

The Treasurer, in presenting the annual accounts - which were approved – stated that the financial situation of the Group was quite healthy, with an improved surplus. This was mainly brought about by improved time trial income net of levies.

The Time Trial Secretary noted that it had been a good year with eight open events and the Wednesday Ten series all running successfully. Bob Giles passed on his thanks to the promoters of all of these events. Unfortunately, the June 25 mile event for the Aubrey Sheather Shield was disrupted by road works and had to be reduced to 20 kms. Bob also was happy to report that there had been improved marshal volunteering during the year, possibly due to the financial incentive by way of discounts on entry fees offered to marshals. However, complacency in this area would be a little premature and members are reminded that with no marshals, there will be no events!

On the social side, a most important date for Kent Group members is Saturday 8th February 2020, when the Annual Lunch and Prize Giving will be held. This event is once again at the Weald of Kent Golf Club, and the Guest of Honour is Paul Tuohy, Chief Executive of Cycling UK, who is bound to promote interesting discussion with his talk. The Annual Lunch is always a hugely entertaining event, with Paul Mepham once again taking on the Master of Ceremony's role in his inimitable way. Trophies,

medals and certificates will be handed to all prize winners who attend the lunch by Paul Tuohy.

My Recorder's report noted that it has been a good year in terms of claims, with two claimants for the BAR and six claimants for the 85 Competition, the first winner of the Ladies BAR for a considerable period with the same contestant also winning the Pete Avis Cup, the first winner of this trophy for seven years. Six individuals have claimed for standards awards compared with only one last year.

Dick Claxton (VC Elan Harry Perry Cycles) is the Group's Best All Rounder this year with a plus of 2.664 mph. David Greenwood (Rye & District Wheelers) was second with +2.166 mph.

The Ladies BAR was won by Charmaine Pullen (Folkestone Velo Club) with +3.849 mph.

Mark Vowells (CC Bexley) is winner of the 2019 85 Competition with +1:00:16. Second to sixth places were: Andrew Meilak (+57:01), Simon Henderson (+41:10), Charmaine Pullen (+38:02), Paul Kirkness (+25:02), David Greenwood (+22:54).

The Pete Avis Cup was won by Charmaine Pullen (Folkestone Velo Club) with +38:02.

The Group's champions for 2019 are:-

10 miles - Mark Vowells (+7:37)  
25 miles - Mark Vowells (+17:39)  
30 miles - Andrew Meilak (+17:37)  
50 miles - Andrew Meilak (32:12)  
100 miles - Andrew Meilak (1:16:44)  
12 hours - Robert Bullyment (+60.606)  
24 hours - Martin Brown (+118.65)

The Wednesday '10' Series was won by Mark Vowells. Other awards in this series in descending order went to Chris Bax, Mike Hawkins, Ian Turner, Les Hayman, Mike Perry and Mike Daniels.

The following new Group records have been established in 2019:-

Men's solo bike: R Bullyment (Catford CC) - 484.210 miles in 24 hours at age 46, A Meilak - 100 miles in 3:38:14 at age 52; K Tye (Velorefined Aerosmiths) - 10 miles in 19:01, 25 miles in 29:14, 25 miles in 47:51, 30 miles in 58:39, all at age 57; R Claxton (VC Elan) - 210.113 miles in 12 hours at age 75; R Loader (Sydenham Whs) - 135.431 miles in 12 hours at age 86.

Men's solo trike: M Vowells - 10 miles in 23:41, 15 miles in 37:38, 25 miles in 58:24, 30 miles in 1:13:28, 50 miles in 2:06:35, all at age 66.

Men's tandem bike: T Bayley and A Broyad (both Arctic Tacx RT) - 100 miles in 3:29:35.

Kevin Tye, Mark Vowells, Bob Loader Tim Bayley and Adam Broyad have submitted claims for national records.

Congratulations to all riders who have taken part in the Group's 2019 programme, and in particular to trophy, medal and certificate winners and record breakers. Medals are awarded for places in all of the Group's open events, and the list is too long to be reproduced in this report. All medals and trophies will be presented at the annual lunch on Saturday 8th February to those winners who attend.

So, on to winter training once again - stay safe out there!

## LONDON & HOME COUNTIES

**John Hoskins**

The LH&C Annual Luncheon & Prize Giving was held on Sunday 17<sup>th</sup> November at the usual venue of Alderman Golf Club. Alf Engers was the guest speaker and attendees were provided with a free copy of his book (I Like Alf) due to the generosity of one of the committee members, providing a unique memento of the event. Many attendees had in fact competed against Alf, or perhaps more correctly had at least ridden in the same race! The event was superbly organised by social secretary Katja Rietdorf. With over fifty attendees the atmosphere was excellent, and the immediate rapport felt between Alf and his audience was obvious. His presentation finished with a question and answer session and that would have gone on much longer if the audience could have had their way! But even good times have to come to an end – so we'll just have to wait until next year for a repeat.

One feature of the Lunch was the attendance of no less than four Distinguished Life Members from the group. Frequent attendees Jim Burgin (Group President and Honorary Vice President of the VTTA) and new DLM Roy May were joined by Jack and Sylvia Armstrong a few days after Jack's 90<sup>th</sup> birthday. Jack and Sylvia virtually ran the group between them for many years and all of the current members owe them a great debt. It was really good that they were able to attend.

The move to a November date seemed to find approval and will almost certainly be continued for

the time being. The event had started at midday and was still going strong until after 4pm. This date does put some time pressure on those preparing the engraving and prize giving (Geir Robinson and Geoff Perry) but if there were any cracks they were expertly papered over. Congratulations to Katja and many thanks to Alf Engers.

### Trophy winners 2019

Dick Goodman Cup (Best 10 on standard) - Alan Murchison +8:04  
Don Byham Cup (2<sup>nd</sup> on standard in May BH 10) - Geir Robinson +7:09  
Russ Cup (Best 25 on standard) - Geir Robinson +19:55  
Arthur Wilkins 25 Trophy (Fastest 25 of season) - Liam Maybank 47:56  
The Robinson Trophy (Best 30 on standard) - Claire Emons +21:08  
Tom Drew Medallion (Fastest 50 of season) - Alan Murchison 1:42:37  
Charlie Cole Cup (Best 50 on standard) - Alan Murchison +36:01  
Laurie Dixon Bowl (Fastest 100 of season) - Alan Murchison 3:36:49  
Members' Cup (Best 100 on standard) - John Lacey +1:16:51  
Ladies 100 Cup (Fastest woman's 100 of season) - Katja Rietdorf 4:03:49  
Mal Rees Shield (Best 12 hour on standard) - Katja Rietdorf +68.47  
24 Hour Perpetual Award (Best 24 hour on standard) - Russell Kealey +72.62  
Mae & Dolf Lang Medallion (WBAR on standard - 10/25/50) - Claire Emons +52:28  
B.A.R Founders Trophy (BAR on standard - 10/25/50/100) - Alan Murchison +1:15:37  
Screwed Down Trophy (BAR runner up on standard) - John Lacey +1:07:45  
Jim Burgin Award (1<sup>st</sup>) (L&HC open events on standard) - Joy Payne +17:15  
Jim Burgin Award (2<sup>nd</sup>) (L&HC open events on standard) - Gillian Reynolds +17:03  
Jim Burgin Award (3<sup>rd</sup>) (L&HC open events on standard) - Michael Bennett +15:35  
The Rocco 25 - Event cancelled

### Other Achievements

Fastest 10 of season - Alan Murchinson 18:36  
Fastest 15 of season - Liam Maybank 28:41  
Best 15 of season on standard - Liam Maybank +11:24

Fastest 30 of season - Richard Harrison 1:01:29  
Best women's 100 on standard - Katja Rietdorf  
+1:12:12  
Best 12 hour of season - Neil Allonby 256:70  
Best 24 hour of season - Samuel Crossley 437:30

### Oldest Members

The L&HC oldest competing member is riding outside track and beating age records (both group and national); he is John Lee from the Icknield RC, aged 90 years.

Our oldest time trialist riding open events is Brian James of Brighton Mitre aged 88/89, but we appear to have no other current riders over 80. Our oldest woman racing member is Rosslyn Young of the Serpentine Running Club aged 75.



*Alf Engers (L) congratulates John Lee on his recent age 90 track records at the L&HC Presentation*

### AGM

The Annual General Meeting was held once again at Great Missenden in November. Bringing the event forward (to allow for the Lunch also to be held in November) meant Audrey Hughes did not have long to audit the accounts but all was well on the day. All of the officials were re-elected, with the exception of outgoing Chairman David Guy, who has moved to Spain (which must be the best excuse to step down from this role), but will remain on the committee and will return to the UK occasionally for racing and a bit of marshalling. His legal insight has and will continue to be a valuable resource for the group. With technology these days we can easily keep in touch, and many of our recent committee meetings have been video conference calls, which should work well despite the one hour time difference with Spain.

Subsequent to the AGM, (with no arm twisting) Katja Rietdorf has volunteered to take over the role of Chairperson as well as continuing with her existing role as Social Secretary, and racing at a top level. I wonder how many other VTTA Groups have a current VTTA Champion as their Chairperson.

All other committee members were re-elected unopposed in their roles. David Devine stepped down from the committee due to health reasons and unfortunately Barry Quick died earlier in the year. As has become normal in the group we co-opted event organisers onto the committee, so we welcome Rachael Elliott who is organising the VTTA National 10 and Geir Robinson who is organising on the F11/10.

Two motions were approved for forwarding to the National AGM in January regarding running separate championships for tricycles and tandems alongside all of the current championships.

The committee would welcome any volunteers to add to their numbers to give a broader view of members' activities and opinions. With about three hundred current members there are surely more people out there with opinions. Give the secretary (John Hoskins, 07717 086689) a ring if you are interested. All of the officers have already been elected so the workload may be minimal.

### 2020 Promotions

Saturday 25<sup>th</sup> April, 2pm - National VTTA Championship 10 - H10/3a - Rachael Elliott (07931 722817, [rachael.elliott@gmail.com](mailto:rachael.elliott@gmail.com))

Thursday 28<sup>th</sup> May, 2pm - Don Byham 10 - F11/10 - Geoff Perry (07808 905879, [geoffreyperry@aol.com](mailto:geoffreyperry@aol.com))

Tuesday 16<sup>th</sup> June, 2pm - Mid-week 10 - HCC178c - Joy Payne (01494 817658, [joypayne27@gmail.com](mailto:joypayne27@gmail.com))

Sunday 19<sup>th</sup> July, 8am - 10 - F11/10 - Geir Robinson (07557 398469, [geirrobinson123@outlook.com](mailto:geirrobinson123@outlook.com))

Thursday 6<sup>th</sup> August 2pm - Mid-week 10 - HCC178c - Joy Payne (01494 817658, [joypayne27@gmail.com](mailto:joypayne27@gmail.com))

Sunday 4<sup>th</sup> October, 8am - Rocco 25 - H25/4 - John Hoskins (07717 086689, [westerleyjohn@btinternet.com](mailto:westerleyjohn@btinternet.com))

The mid-week tens have had to move from the Bath Road Knowl Hill course as traffic levels forced London West to no longer allow afternoon promotions on courses that used that part of the A4. Joy Payne has made a few minor alterations to the Longwick circuit so as to facilitate use of

Haddenham Village Hall as HQ, due to the more used Longwick Hall not being available.

Currently it seems that the July 10 on the F11 may be using the school rather than Aylesbury Rugby Club as HQ due to another event using the Club.

Many of you will know that this year's Rocco 25 had to be cancelled on the morning due to the headquarters not being opened as agreed with the owners. The committee are still attempting to get some compensation for this, and even a proper apology and explanation would be nice! Anyway, with this matter still unresolved, combined with the great difficulty of finding enough marshals for this course has prompted the L&HC committee to move the event back to the Amersham Road – seen by many as its traditional home.

With thanks to Geoff Perry for providing all of the results and some of the content.

## **MANCHESTER & NORTH WEST**

### **Ken Workman**

The group AGM was once again held on Remembrance Sunday, 10th November, with 16 members attending. The meeting paused at 11.00am, for a minute's silence to honour those who had fallen in armed conflicts; also remembered were those group members who had passed away this year.

Our Recorder, David Wright's report stated he was delighted we have enjoyed a successful year, with members achieving 28 standards awards. An increase in interest in setting age records saw the following six riders set these nine new group age records: Tracy Rowlinson (54) updated three group age records at 25, 30 and 50 miles; while Alan Chorley, aged 47 and 48 respectively, did the same at 25 and 30 miles. Adrian Hughes (52) and Darren Maironis (46) updated the 25 mile figures. On his trike, and at the age of 72, Alan Shuttleworth; and 85 year-old Derek Hodgins, both updated the 50 mile records.

David Wright also named those members due to receive awards at our group Luncheon/Prize Presentation at Middlewich Masonic Hall on Sunday 24th November, as follows:

Adrian Hughes (Seamons CC) will again be the major prize-winner. He retains the Stan Livingston Memorial Trophy as our group BAR Champion on "local" courses. Adrian also takes the Bert Starkey Shield as our highest placed member in the VTTA

National BAR, the Butterworth Cup for the 3 Distance Competition and the 3 Distance Shield for "local" courses.

Ian Peacock takes the Lamp Trophy as the last group member in the 3 Distance Competition.

The 25-mile Championship Cup will go to Darren Maironis (Transition Race Team), he'll also receive the Ted Ward Memorial Championship Cup plus the FTA Trophy.

The Memorial Handicap Shield winner is Alan Roberts.

The 3 Distance Watterson Team Shield winners: Alan Chorley, Adrian Hughes (Seamons CC).

Alan Chorley also takes the Short Distance Trophy, for best on standard in two open 10s and two open 25s.

David complimented the VTTA IT Manager, Jon Fairclough, for his work on publishing our group's age records on the website. David also proposed that the fees for standards attempts for next year, remain the same as 2019, ie. £15 to cover any number of attempts at any or all distances on a single machine.

The Secretary Nev Ashman reported that although the group is in general good health, both financially and racing-wise, we were only able to welcome one new member since the last magazine - Steven Johnson. Nev advised that membership figures were slightly down this year and suggested a recruitment drive. With enhanced relations between us and the Manchester & District TTA, their 20 'Cheshire Series' events would present opportunities to raise our profile to riders over 40.

Nev stated that we have 38 group members aged over 80, who he wrote to, inviting them to our AGM and the Luncheon/Prize Presentation. Those who responded, like 90 year old Fred Nightingale from Cheshire, were grateful we were trying to keep them involved, but many now find it difficult to travel. Many of these old acquaintances would really appreciate a visit, not just around Christmas, but throughout the year. If any member has lost another's contact details, it would be easy for a group Secretary to look them up.

In my own report as News Editor, having taken over part way through the year I complimented my predecessor, Jim Ogden, for his remarkable 43 year stint. I commented that if I were to merely equal

Jim's length of service, I would need to be the group scribe until I reached the age of 116.

Edgar Reynolds, presented a comprehensive report of his first full year as our Treasurer, stating that our assets of £6,129.29 were *pari passu* with the preceding year.

All those committee members and officials who indicated their willingness to continue were re-elected.

In Any Other Business, the meeting accepted Mike Cotgreave's proposal that the committee consider moving the group AGM date away from Remembrance Sunday.

As a final note on the AGM, thanks must also be offered to Billie, the wife of our group chairman, Tony Farrell, for again dispensing hot drinks and toasted hot cross buns.

I had been awaiting this edition to highlight the exploits of the late S.P.V. (Stan) Bray of Solihull CC, who for nearly 50 consecutive seasons had an incredible record of never failing to finish an event - including some at 24 hours! However, I recently became aware of the record of 'our' Trevor Bracegirdle, who has just competed in his 65th consecutive racing season - including 40 years as a Vet! Trevor started racing in 1955 with the Stretford Wheelers and has ridden up to and including 12 hours. Those are eye-watering achievements, leaving me to wonder how many racing miles he has amassed? In an effort to perhaps stimulate some friendly inter-group rivalry, I'd venture to suggest that vets from other groups who are still competing, will need to furnish some heavy duty statistics to top those of Trevor Bracegirdle! Both Trevor and Stan are an example to us all.

Nev Ashman has asked me to include some words about prostate cancer. It is a subject he feels very strongly about and wants to put the message across at every opportunity. There is some evidence to show that regular cycling increases the risk of prostate cancer, but the overall benefits of regular exercise can outweigh the possible causal factors. Nev strongly recommends our male members have a simple, annual PSA blood test. This can be done at your Health Centre, often without the need for a doctor's appointment, but you may wish to talk to your GP about it beforehand. The PSA (prostate-specific antigen) blood test helps to detect prostate cancer. It is not perfect and will not detect all

prostate cancers, but it can be a good indication. If prostate cancer can be found in its early stages there is an excellent chance it can be eradicated, but if it remains undetected it can spread throughout your body, sometimes without obvious symptoms. Of course, prostate cancer can indirectly affect wives of cyclists, who will surely suffer its knock-on, but no less traumatic effects.

I occasionally read, and post, on the Time Trialling Forum (TTF) website where I recently enjoyed a 32 minute Youtube video showing the VTTA Wessex 50 mile event from 3rd July 1977. Other viewers commented on its nostalgia value, showing vets riding steel frame bikes on empty roads, with an absence of Lycra and pointy helmets. This ageing technophobe has tried without success to include a link to the video, so to view it you'll need to get onto the TTF site, navigate to the Main Topic Area, then scroll through the topic headings to click onto "Time Trialling 1977. Great video." Enjoy. (*Editor's note - What's the problem Ken, the link is <https://youtu.be/Yqn5-BUMhcc>*)

If I leave this comment to the next issue, it will perhaps be slightly unfair on the organisers of early season events, but it's that eternal topic of getting people to help with events. It's probably true that every one of us has benefited from people standing on (sometimes windy and rainy) corners so we can enjoy our sport. An event organiser's job is sometimes a thankless one, and they deserve every assistance, so please consider making it less onerous by volunteering, preferably in advance.

Should 'The Veteran' drop onto your doormat in time, apart from my exhortations to take care on the road, my last words this year must be to wish everyone a Merry Christmas and a happy, healthy, safe and prosperous New Year.

## MERSEYSIDE

Geoff Edgerton

The Group held its AGM in early November. We decided to have a change of venue and time to try and attract more members to attend but sadly this did not really work. We did have a handful of apologies and a couple of lads from En Velo CC club attended, which we appreciated. Overall the group is in good shape with a really active cycling membership. We are the smallest group number wise but have one of the highest number of

members claiming their standards, which is a pretty good achievement. It does mean quite a bit of extra work for me but it is still satisfying. On a financial footing, the group is in pretty good shape with ample funds in hand. We did make a loss for a couple of years but organising our 15 mile time trial in March has halted this trend. That's the good news. The other outcome from the meeting is that Phil, Mel and myself have given twelve months notice of our intention to resign our positions in the group. Phil has been treasurer for thirteen years and I have been recorder and news editor for six years with Mel coming to help us out as chairman. We have also been operating without a secretary for the last three years which has also increased the workload on us. All three of us are approaching seventy years from the wrong side and feel it is time for younger blood to take the reins.

A couple of races to report on. The North Shropshire Wheelers 25 mile time trial was the latest group event. Held in late August and in near perfect conditions, twenty members made it to the start line. Dave Williams put in a super ride to finish fastest in a time of 52:46 (+13:14) to claim the Joe Brooke Cup. Phil Warburton's time of 56:04 was good enough to finish third vet but more importantly first on standard with +12:40 to win the Gomersall Cup. Second fastest on the day was Victor Chetta in 55:37 (+10:37) with Stuart McCormick claiming fourth in 56:44 (+1:31). The top five was completed by Tony Harvey in a time of 58:08 (+11:36). Two other vets finished under the hour - Steve Aston in 58:56 (+7:31) and Phil Hill in 59:13 (+9:50). Andy Hazell was another to have a pretty good morning to finish third on standard with +13:14 and a time of 1:01:27. Others competing were: Tim Rex 1:00:42 (+6:34), Gino Trasatti 1:01:14 (+12:01), Simon Higgins 1:01:53 (+8:06), Gareth Brookes 1:02:52 (+5:23), Phil Guy 1:04:12 (+9:58), Dave York 1:05:55 (+5:29), George Aldridge 1:06:36 (+5:51), Helen Tudor 1:07:00 (+6:51), Jenny York 1:07:46 (+8:49), Les Boughey 1:08:06 (+1:01), John Robertson 1:08:55 (+2:29), Peter Norman 1:22:01 (+0:40).

The final group event of the year was Nova Raiders 10 mile time trial which was a replacement for the cancelled Rhos-on-Sea event. Held on the Waters Upton-Espley course, the group had twelve members competing. Arthur Winstanley was fastest on the day, completing the course in a time of 23:36 (+4:23) for which he wins the Derek Ireland Cup. Second on the day was the host club's Steve Chapman in a time of 24:19 (+3:14) with Andy

Hazell joint third in 24:22 (+4:58). Tied with Andy and with probably the ride of the day was Brigid Night who proved to be the best on standard with an impressive plus 5:05 to claim the Oscar Dover Shield and best lady on standard to win the Hilda Dover Cup. Others competing were Steve Cornish 24:42 (+3:17), George Aldridge 25:10 (+3:20), Janet Fairclough 25:22 (+4:33), Jenny York 25:44 (+4:25), Ian Casson 25:45 (+2:45), Helen Tudor 26:34 (+2:32), Geoff Edgerton 26:38 (+2:42), Peter Norman 31:12 (+0:53),

I think that's about it. Just leaves me wishing you a good Christmas and New Year and hopefully see you at the Annual Dinner and Prize Presentation on the 19<sup>th</sup> January.

## MIDLANDS

### Alastair Sample

2019 has been another busy and successful year for Midlands Group VTTA members, with 74 members participating in 311 event rides held on Midlands courses alone and clocking up 3,904 racing miles in the process! Members have succeeded in achieving no less than 33 standards awards and four new Midlands age records during the season, despite the chaotic rainstorms that led to a number of cancellations in our region.

The Midlands VTTA Group cup winners this year were:

Individual events:

Williams Rose Bowl (BOS men, VTTA Mids 10, 14/9/19) - David Kiernan (Race Rapid) +6:36

Bart Cup (BOS women, VTTA Mids 10, 14/9/19) - Susan Sample (Born to Bike) +5:26

Billy Steer Cup (BOS men, VTTA Mids 25, 28/4/19) - Joseph Costello (Walsall RCC) +13:26

Wells Cup (BOS men, Mids CTT 50, 15/9/19) - Philip Brown ~ Walsall RCC) +31:57

Victory Cup (BOS women, Mids CTT 50, 15/9/19) - Fenella Brown (Beacon Roads CC) +16:38

Stokes Cup (actual fastest, Mids CTT 50, 15/9/19) - Simon Adcock (Team Botrill) 1:51:35

Birks Cup (BOS, Stafford RC 10, 18/5/19) - John Lucock (Born to Bike) +5:39

Season long awards based on four VTTA counting events:

Massie Plate (Rider BOS aged 65 and over) - Bob Awcock (Born to Bike) +21:02

Jones Cup (Rider BOS aged 50 to 64) - Joseph Costello (Walsall RCC) +56:14

Nomads Cup (Rider BOS aged under 50) - Simon Adcock (Team Bottrill) +31:44

Best All Rounder Trophies:

Cyclo Shield (BAR – men and women BOS across any open 25, 50 and 100 miles) - Joe Costello (Walsall RCC) +53:53

Bayliss Cup (Women's short distance BAR – BOS across any two open 10 and two open 25 miles) - Susan Semple (Born to Bike) +58:32

Godiva Cup (Men's short distance BAR - BOS across any two open 10 and two open 25 miles) - Joe Costello (Walsall RCC) +1:06:59

Les Lowe Trophy (Greatest distance ridden in open events on K courses ~ taken from a riders' events recorded in the Midlands Points Series) - Joseph Costello (Walsall RCC) with 165 miles.

In the Midlands Group we run a points series for our members based on their best six results from Midlands K course open events, with points being awarded to each VTTA member based on their overall position on standard set against the number of riders participating. This year competition was a close run thing with just 27 points separating the top 3 riders and first place going to David Keirnan (Rapid Racing) who has been prevalent in the Midland VTTA competitions since he turned 40 just



*Prolific Midlands Group award winner Joe Costello of Walsall RCC*

a few years ago. Fastest team again this year were Team Echelon (Jon Howard, David Dickerson, Simon Garrett and David Evans) and most improved rider was Bob Lane (Leamington C&AC). We would especially like to thank Tim Wood of Echelon Cycles in Pershore who sponsor the Midlands Group VTTA points series.

Top 10 riders in the Midland VTTA Points Series: 1. David Kiernan (Race Rapid); 2. Jon Howard (Team Echelon); 3. David Dickerson (Team Echelon); 4. Jon Simpkins (Drag2Zero); 5. Joe Costello (Walsall RCC); 6. Simon Garrett (Team Echelon); 7. John Lucock (Born to Bike); 8. Richard Coleman (Stourbridge Velo); 9. Simon Adcock (Team Bottrill); 10. Edward Priddy (Solihull CC)

#### Prize Presentation Lunch

For anyone interested in joining us in our annual celebration, whether Midlands Group VTTA members or not, the date for your diary is 12:30 for 1pm on Sunday 26<sup>th</sup> January 2020, at the Kings Court Hotel, Kings Coughton, Nr. Alcester B49 5QQ. For full details contact Margaret Colburn: [Margaret.colburn@martley.org](mailto:Margaret.colburn@martley.org)

In the meantime, we in the Midlands Group wish you and yours, a very Happy Christmas and a successful New Year.

### **NORTH** **Gavin Russell**

I must start this report with the sad news that Les (sometimes referred to as George) Dawson, one of our group stalwarts and national age record breaker (173 in total, the most anyone has achieved), sadly passed away in late October. His son, Paul has kindly provided an obituary, printed elsewhere in this edition of the Veteran. He will be sadly missed by all that knew him.

Elsewhere, the health bug has impacted on a number of our members, with one of our northern contingent, Peter Manners, having experienced a heart attack earlier in the year announcing his retirement from time trialling. He is however not lost to our sport, as he has now joined the increasing number of people who are purchasing electric road bikes. Also not feeling too well at present is one of the consistent group trophy winners, Steve Fullerton, who has had surgery and is hoping to return to action (and winning ways) in the not too

distance future. I am aware of a number of others of our cycling fraternity (members and non-members) who are currently experiencing health issues with all our best wishes going out to them for a speedy recovery.

### 2019 Remaining Group Events & Competitions

With the group's cycling season and competitions having now reached their conclusion, it is time to look at honouring those amongst us who have had a successful season. Highlights from 2019, saw the group host the VTTA National 15 mile Championship on a new Catterick course adjacent to the A1M in North Yorkshire. Many will remember these roads from the past as being some of the fastest in the country (several CTT competition records set at 25, 50 & 100 miles). With the event now being run on a single carriageway, persistent winner, Ron Hallam was successful in adding another championship to his palmares with a plus of 10:22. Stephen Ayres was the fastest overall with a time of 31:10. The full report and result is reported elsewhere. Local success was recorded in the event by the North Group with Keith Murray making the podium with a third both on standard and actual. The North Group also celebrated with an overall best on standard group team award as well as also providing the best on standard club team award with GS Metro. Thanks go out to all the group's members and friends who provided support in ensuring that this event was a success. Thanks also goes out to the riders who made the effort to support this VTTA National Championship.

The 2019 Nouveau Trophy, awarded each year to the best on standard in the Sunderland Clarion event went this year to Nev Martin, an award he has won on a number of previous occasions.

Finishing off the time trialling season, Hartlepool CC in association with VTTA (North Group) ran a 10 mile event on Saturday 31 August 2019. This, following discussion with the relevant affected clubs, police and the Teesside District Committee, being the last event to be held on this course (both for open and club events), following the horrendous accident earlier in the season to a young rider. Winner this time was Russ Richardson with a plus of 5:53 (actual 21:59). Fastest overall was Keith Murray with a time of 20:46. The full result was published on the CTT website.

The last North group championship to be competed for in 2019 is for those soles who like a vertical

challenge - the hill climb trophy. After missing out last year, Ian Hutchinson returned this year to regain the crown he has won now on a number of occasions.

Locally within the Group, with all the claims for standards and the competitions being received it is noticeable that only 11 members who paid for their standards in 2019 managed to achieve at least one of them. This is a slight drop in previous years. A number of 15 mile group age records were achieved by Colin Knapp on solo bicycle, trike and tandem (with Ruth Crossley) and tandem trike (again with Ruth Crossley).

### The group competition winners are as follows:

Best All Rounder: won by Gary Hunt (age 56) with a plus of 1:15:59.

2<sup>nd</sup> – Phil Kennell (age 52) with a plus of 1:08:59

Team: Hartlepool CC (Phil Wright & Gary Hunt) with a plus of 1:41:57

Three Distance BAR: won by Gary Hunt with a plus of 47:07

2<sup>nd</sup> - Phil Kennell with a plus of 45:08

Short Distance Competition: won by Russell Richardson (age 62) with a plus of 44:35

2<sup>nd</sup> – Howard Heighton (age 46) with a plus of 17:42

Group Points Competition: Gary Hunt retained his standard category title, with Richie Grant winning in the actual time category and Gray Walker meeting with success in the handicap category. Hartlepool CC were again the winners of the team award, with Gary, Richie, supported by Phil Wright.

### Annual Group Luncheon

All the above awards, together with a number of other trophies, shields and standard medals will be available for presentation at the North Group luncheon, organized by Ruth Crossley and to be held on 5<sup>th</sup> January 2020 at Hardwick Hall Hotel. Commencing at 12 noon, the 4 course luncheon is the ideal time to come and socialize whilst also receiving your awards and be recognized for your 2019 achievement(s). The guest of honour this year is Don Urwin of Cleveland Coureurs, who for decades has supported the group, in both a timekeeping and handicapping capacity. Ruth will be contacting members and friends with copies of the booking/menu. Otherwise, copies of the menu and booking form are available from Ms Ruth

Crossley, "Merle Cottage", 66 Cooper Lane, Potto, Northallerton, DL6 3HA. Tel: 01642 701264. This year, for the first time, electronic payment is available, please contact Ruth for details. Any donations towards the raffle at the luncheon would be most welcome, as the sale of tickets goes to offset group and luncheon costs. Those attending will also be presented with any awards they have won in the Teesside CTT District Championships and competitions. Whilst it is a North group VTTA event, all interested in attending, (including non members) will be made very welcome.

### North Group AGM

On 10 November, the group held their AGM at the late Les Dawson's home (for the last time). The meeting confirmed that the annual VTTA (North Group) subscriptions and fees should remain as 2019 and remain as follows: individual membership: £15.00, joint Membership: £16.50

Standards: £12 for a full set of distances per machine.

All the current group officials were re-elected for the 2020 season.

### 2020 Group Events

Also confirmed was next year's open VTTA (North Group) event calendar. The following group events are being organized:

17 May (Sunday) 09:00 10 T107 VTTA(North)/  
Hartlepool CC (P Wright)  
30 May (Saturday) 14:00 10 T104 VTTA(North)/  
Cleveland Coureurs (G Russell)  
14 June (Sunday) 08:00 25 T252/3  
VTTA(North)/ Hartlepool CC (P Garstang)  
19 July (Sunday) 07:00 50 T502/2  
VTTA(North)/ Hartlepool CC (P Wright)  
9 August (Sunday) 08:00 25 T252/2  
VTTA(North)/ Cleveland Coureurs (G Russell)  
6 September (Sunday) 09:00 15 T154  
VTTA(North) (G Russell)

All the above events are open to all ages, with each event counting towards the group's competitions

The Group Hill Climb Championship will again be held in conjunction with the Cleveland Wheelers hill climb (Hasty Bank - THC33) on Sunday 27 September 2020 at 10am.

The Nouveau Trophy will use the result from the Houghton CC 25 to be held on 21 June 2020 on the

M254 course. The best on standard will be calculated for the members competing in this event.

A copy of all the Competition's conditions together with all the trophies available to win in 2020 will be available at North group events throughout the season. If you require the information earlier regarding the awards to be won, please do not hesitate to contact the group secretary (details below).

Finally, should any group members require information regarding the group's activities or wish for anything to be included in future "Veteran" magazines, please do not hesitate to contact the writer either by email on

[gavin\\_russell@hotmail.co.uk](mailto:gavin_russell@hotmail.co.uk) or by telephone on 01642 654419.

## **NORTH LANCASHIRE & LAKES**

**Dave Brown**

Our Group AGM was held on Sunday 3<sup>rd</sup> November at the new venue for us of Cabus Village Hall on the A6 - right alongside the famous old 'Brock' courses. For some reason only 21 of our members – who total almost 150 including all categories of membership – were present on the day.

Our Chairman Richard Taylor welcomed those present. He asked us to observe a minute's silence for members Peter Knott and William Sellars who had passed away this year.

Our hard working Group Secretary Sue Cheatham then took over with firstly passing on the apologies of non attendance from our treasurers Hazel and Bob Matthews. In her secretary's report Sue gave a comprehensive assessment of our Group's activities for the year of 2019. This included her thanks – and our Group's thanks – to Richard Taylor who promoted all three of the events held by our Group this year. These were the 25 in April, which is now noted for the road works that seem to trouble us each year on one of the quietest roads in the country! Our 25 in June on the Clitheroe course and the 50 on the course in the Lake District had no problems. It was good to see Dave Pritchard – who had a nasty accident in last year's event – back again and setting a new 50 PB this time round!

The VTTA National 100 in July was held on the scenic course in The Lakes using a new HQ for us in Keswick as the usual one alongside the course

was already booked. We should again thank Nigel Clementson and the NLTTA for promoting this one.

One of the functions often unknown to many group members is the attending of the National Prize Presentation and AGM each year. Sue along with Barbara Bell represented our Group in Solihull in January this year. Amongst other items the meeting included a presentation on the new Standards and how they were calculated. This is available to all members in the documents section of the website [www.vtta.org.uk](http://www.vtta.org.uk)

Sue reported that our Group currently has 147 members comprising of 94 single members and 15 couples. There are also 23 members with either: Distinguished Life Membership, Honorary Life Membership or Life Membership. Membership renewals have been evenly split between payment on line and payment by post or at the AGM. Of the new members joining this year 83% have joined on line. Sue requested that members check their details on line or otherwise to complete a membership form just to confirm that we hold the correct details for you.

The Treasurer's report was presented on behalf of joint treasurers Hazel and Bob Matthews. All was shown to be good and topped off by kind donations from 13 of our members whom we should thank. The subs had been increased to allow for the increase in the National fees. Our Group Recorder Richard said that he had encouraged any non VTTA members entering his events to join us and this has resulted in several new members for our group this year.

Richard gave his Group Recorders Annual Report. Shortening his very detailed version he started by saying that our Group had enjoyed another good year.

We had promoted three successful events (Richard being Event Secretary for all of them!)

Under the heading 'Standards' Richard stated that it had been the most successful year for standard applications under his tenure. Only one rider out of the 24 applications did not file a winning claim. Although he was not a big supporter of on line membership and standard applications Richard said that not only have we seen an increase in new active members but he had seen a vast number of successful standard chasers.

Under the heading 'Group Championships' Richard said that 'surprisingly' the winner of the Traders Cup in 2019 had been none other than Richard Bideau

of the Pendle Forest club! 'Surprising' because Richard has never previously won this award. He had won 5 of the 8 qualifiers on standard, thus giving him maximum points and being a very worthy winner. Second in this competition – and as our Recorder stated – 'close on his heels' came Dave Hargreaves of the North Lincs. Road Club – just one point behind. Dave had won the 3 events that Richard didn't win on standard so the two of them dominated our local events. Third place went to our Ladies Champion for the second year running, Debbie Moss of Team Merlin, after some excellent performances this year. Recorder Richard did suggest that these results may show that the new standards may be providing fairer competition.

Overall from our Group 11 riders completed the minimum of 4 qualifying rides in our Group Championship with 48 riders riding in at least one of the events.

Richard Bideau was also the winner of three other championships after being best on standard at 25, 50 and 100 miles. He will once again have to arrange a lift home - at least for his trophies - from our luncheon in early January. It is quite normal for Richard to ride out and then home from our venue which is at least 30 miles each way for him!

Of the other trophy/shield winners newer members David Rundall of Chorley CC takes the Crowther Shield for fifth on Standard in the 100 whilst Andy Whiteside of Bella in Sella takes the award for winning the 100 Handicap Baxter Rose Bowl and also the Ken Priestley 12 Hour Award. The Team Shield goes to the Springfield Financial team of Derek Parkinson, Paul Russell and Matt Stell.

The VTTA National 100 mile Championship held on the increasingly popular Lake District course between Keswick and Cockermouth was fully reported in the previous The Veteran, with our own group members taking a good number of the main awards. There will be another 100 promotion on that course in 2020.

In 2019 no less than 26 group age records were surpassed with roughly half set on that Lake District stretch of road and the rest on the famous Levens 10 mile course. Our Debbie Moss of Team Merlin had an excellent season re-setting five of those records and is now the fastest woman ever in our group over all five distances. Richard Bideau set four new records as did Paul Fleming and Sue

Cheetham. Dave Hargreaves and Theresa Taylor each set three new records

Our group had a very healthy entry of 33 for the National All-Rounder competitions. The BAR 4 Distance had three qualifiers in Andy Whiteside, Paul Russell and Theresa Taylor. 15 members qualified for the 3 Distance and 28 for the Short Distance Competition, in which Debbie Moss was our best placed woman.

Dave Hargreaves set an excellent new National Age Record in the BDCA 100 mile with a superb time of 3h 59m 46s at the 'ripe age' – as Group Recorder Richard called it -of 73! In the VTTA 50 mile championship Dave took 3<sup>rd</sup> with Debbie Moss 2<sup>nd</sup> lady, whilst Sue Cheetham was 2<sup>nd</sup> lady in the 15 mile title event.

For those keen to get going again our first group promotion in 2020 is on that 'traffic free' 25 mile course near Garstang on Wednesday 15 April at 1pm - entries to Richard Taylor.

John Leech confirmed that our 63<sup>rd</sup> Anniversary Group Luncheon and Prize Presentation will again be at the Crofters Hotel on the A6 Garstang by-pass on Sunday 12 January 2020. Reception is from 11-30am with dinner at 1pm. Tickets are £22 from John by phoning him on 01706 536551. Our Guests of Honour are Phil Jones and Charlotte Boothman.

## NORTH MIDLANDS

Chris Lea

We congratulate 2019 winners of VTTA North Midlands competitions, our riders who have set national and group age records this season, and who have won VTTA National Championships.

### Competition Results

Sid Sharman Cup (50 miles) : 1st Keith Ainsworth (Sheffrec CC) +40:37, 2nd Andy Newham (Lincoln Whs) (trike) +36:40, 3rd Joe Le Sage (Rutland CC) +33:10

Unity Cup (100 miles) : 1st Shawn Gough (Tuxford Clarion) +1:15:49, 2nd Mat Ivings (Buxton CC) +1:11:16, 3rd Chris Lea (Rutland CC) +1:07:36

Brian Beardsley Memorial Cup (12 hour) : 1st Trevor Mayne (Birdwell Wheelers) +57.39, 2nd Martin Bullen (Peterborough CC) +57.13, 3rd Lez Young (Lincoln Wheelers) +32.50 (trike)

Ethel Scothern Cup (BAR) : 1st Martin Bullen (Peterborough CC) +57.13, 2nd Lez Young (Lincoln Wheelers) +42:36 (trike)

Colin Bell Cup (Middle Distance BAR) : 1st Shawn Gough (Tuxford Clarion) +1:06:57, 2nd Mat Ivings (Buxton CC) +1:04:37, 3rd Joe Le Sage (Rutland CC) +1:01:48

Meersbrook Trophy (Short Distance BAR) : 1st Keith Ainsworth (Sheffrec CC) +1:00:56, 2nd Andy Newham (Lincoln Whs) (trike) +52:17, 3rd Martin Bullen (Peterborough CC) +48:50

Susie Denham Cup (Ladies BAR) : 1st Ala Whitehead (Rockingham CC) -11:50

Sheffield Central Trophy (Ladies 10 miles) : 1st Charlotte Ridsdale (Rutland CC) +2.21

Cleethorpes Trophy (Group 10 miles) : 1st Keith Ainsworth (Sheffrec CC) +07:07

Ron Blythe Trophy (70-79 age group BOS in Group 10) : 1st Paul Ruta (Barnsley Road Club) +3:56

Watson Trophy (Tandem 10 mile BOS) : Ala and Andy Whitehead (Rockingham CC) +2:49

### National Age Records (pending confirmation)

Syd Wilson (Sheffield Phoenix) – 10 and 15 miles; Keith Ainsworth (Sheffrec CC) – 10, 25 and 30 miles

### Group Age Records

Keith Ainsworth (Sheffrec CC) – 15 and 50 miles; Andy Newham (Lincoln Wheelers CC) (trike) – 15, 25 and 50 miles; Martin Bullen (Peterborough CC) – 30, 50 miles and 12 hours; Shawn Gough (Tuxford Clarion CC) – 100 miles

### VTTA National Championships

Keith Ainsworth (Sheffrec CC) – 1<sup>st</sup> 10 miles, 2<sup>nd</sup> 15 and 25 miles, 2<sup>nd</sup> man 50 miles

## NOTTINGHAM & EAST MIDLANDS

David Herd

Well the season is all but over, with the autumn disappearing very quickly as we moved into winter, I was unable to race this year so I grabbed the opportunity to spend most of the later weeks of summer in the United States. After enjoying riding in really warm and humid conditions in Texas it gave me quite a shock when I came back to such cold and wet weather.

Like many of you I was saddened to hear the terrible news that Dave Bates died by colliding with

a lorry whilst riding his bike. Dave was a likeable man and will be sadly missed by the cycling and local community. Sue Bowler who knew him well has written a fitting tribute in the obituary section - her husband Jeff and Dave were successful tandem partners over a long period of time.

I would like to start with the three Lincolnshire Road Riding Association events starting with their 30 mile on 1st September held on the C30/3 course (A52 Scott Willoughby - Osbournby- Quarrington). Senior rider Gareth Pymm (Team Bottrill) was fastest overall with 1:05:03, followed by veteran Sean Hunt (Lincoln Whs) who was second on 1:08:10. Others were: Jez Willows (Sherwood CC) 1:14:05 and Michael Smalley (Witham Whs) 1:19:09. Kath Smith (Sleaford Whs) was fastest lady on 1:24:48 and John Scott team mate 1:36:04.

Senior Billy Jarish (Rose Race Team) 54:05 was fastest rider in the LRRR 25 held on 8th September on the Frithville – Revesby course, with Sean Hunt again in second place with 55:34. David Smith (Sleaford Whs) was the next NEM member home on 1:04:04 and just one second behind was Michael Smalley 1:04:05. David's wife Kath Smith came in on 1:11:58 with John Scott on 1:20:12.

The LRRR 10 mile TT on the C10/10 was the final event in the series and appears to have been rescheduled from 27th April to 12th October. Brett Harwood (Team Bottrill) was fastest with 20:11. The NEM members David Smith 25:20, Michael Smalley 26:07 and Kath Smith on 27:26. There appears to be a large number of DNS's in this last event.

The Association of Nottingham and Derby Cycling Clubs (ANDCC) 25 mile was promoted by Mapperley CC on A25/2 situated on roads in the Vale of Belvoir. The event also known as "The Lighthouse" was won by Dan Barnett (Team Bottrill) in 53:05, with Ed Tarelli (Race Hub) in third place on 56:10. Other members competing on the day were Colin Parkinson (South Western RC) 58:03, Giles White (Sherwood CC) 59:09 and well-done to Jez Willows who just crept under the hour on 59:59 on this challenging course. Gary Lee from the promoting club came in on 1:03:33 and Jessica Beyer-Lyons (Nottingham Clarion) 1:07:43.

The RTTC National 25 held on the 25th August, re-scheduled from 27th July, was won by senior Christopher Fennell (The Independent Pedaler) in an extremely fast time 46:07, in fact the first four riders were all under 47 minutes. There were some

good times set by NEM riders, fastest was Dan Barnett in 21<sup>st</sup> place with 49:06, Ian Guilor (Mapperley CC) 49:33, Sean Vincent (Race Hub) 51:25, Sean Hunt 51:52, Colin Parkinson 54:21, Michael Wills (Team Lutterworth) 55:25, Michael Wilkinson (North Notts CC) 1:02:30 and Russell Carter (South Pennine RC) 1:08:17.

In the Ratae RC 10 on 8th September there was a better response from NEM members but, it was senior Michael Smith (Raw Sport) coming fastest with 20:02. There was another fine ride from Ian Guilor in second position on 20:23, followed by Sean Vincent 20:50 and Geoff Platts (Team Bottrill) 21:31. Ed Watson was the fastest member from the promoting club on 22:09. Giles White (Sherwood CC) 22:59, Chris Spray (Ratae RC) 23:32, Chris Sprott (Leicester Forest) 23:41, Pete Tuckwood (Mapperley CC) 23:51, with his teammate Garry Lee just behind on 24:20, Peter Lavine (Team Bottrill) 24:22, Michael Church (Rockingham Forest Whs) 27:13, David Manship (Leicester Forest CC) 27:13 and David York (Ratae RC) 28:14.

In the NEM VTTA 25 held on the Farndon – Stragglethorpe course on 21st September senior Alex Royle of Manchester Bicycle Club was fastest with 48:48. Ian Guilor was third with a fine 50:45 (+17:41) making him second on standard. Sean Vincent 52:34 (+15:34), Geoff Platts 53:46 (+17:38) third on standard, Ed Tarelli 54:28 (+13:00), Ian Pike (Lincoln Whs) was well in the mix with 55:15 (+13:00). Richard Boot (Beeston CC) 57:18, Paul Brownless (Lincoln Whs) 57:26 (+10:37) Michael Wills 57:44 (+12:30), Michael Stevens 58:40 (+14:35). Other NEM times: David Smith was very unlucky not to go under the hour 1:00:17 (+12:34), David Yarnham (Peterborough CC) 1:01:16 (+11:11), Michael Wilkinson 1:02:14 (+8:00) Michael Smalley 1:02:19 (+13:27), Michael Church 1:06:25 (+6:26), Kath Smith 1:07:26 (+10:31), David Manship 1:08:12 (+2:18), Russell Carter 1:09:05 (+00:09). Finally the winner on standard on the day was Ron Hallam (South Pennine RC) 1:09:47 (+22:08), John Scott 1:13:18 (+03:18) and Ken Stevens (South Pennine RC) 1:16:46 (+15:09). On behalf of the NEM VTTA Group many thanks to the Christian Family for promoting the event.

Our Group Recorder, Graham Green, is recovering from an accident on the track at Derby Velodrome. I have spoken to Graham, and unfortunately he has a plate set in his pelvis and is unlikely to be able bear

any direct weight on his legs for some time. Graham is understandably fed up, but underneath this he remains positive, and is setting goals for getting back in action again. I'm sure you will all join with me in wishing Graham a speedy recovery.

Please note that the Annual Luncheon and presentation will be held on 2<sup>nd</sup> February 2020 at The Risley Park, Derby Road, Risley DE72 3SS 12:00 noon for 12:30pm (£19:00). Further details from Gail Summerlin, 19 The Paddocks, Sandiacre Nottingham NG10 5HQ. (Mobile 07525848184) Please include sae if you want tickets mailed to you.

I would like to wish all of you a Happy Christmas and safe riding in the new year.

## SCOTLAND

### James Skinner

#### News

This year's prize presentation lunch will be held in McQs in Bannockburn, on Sunday 19th January 2020, doors open at noon for a 1pm start; tickets priced £13 can be obtained from George Skinner ([georgeskinner22@yahoo.co.uk](mailto:georgeskinner22@yahoo.co.uk)) and are selling fast as we go to print. 2019 was a bumper year for standard claims, all standard medals and prizes earned in 2019 will be there to be presented, so make a day of it, bring your family and teammates.

Congratulations go out to Honorary Life Members Harry and Christine Paul in celebrating their 65th wedding anniversary. The couple, who met at the Paragon Cycling Club in Greenock, had their story noted recently in the Greenock Telegraph - the group wishes them all the best.

Our regulars know that beyond the end of the racing season there isn't a lot of content to be published so I was pleased when I received a couple of letters, firstly from our age record setting member, who is never short of words, and secondly from our long distance specialist who isn't lacking in miles.

*I've gone through the handbook for this one so you can of course check. The National VTTA 30 championship was held for the first time in Scotland in 1967 on the Doune 30 course; the winner was Tom McGuinness and the Regent CC won the club championship. Our next win was in 1976 when the Regent CC again won the team prize, the winner was E Davie, or maybe F Davie of the W.S. Clarion. We then had a promotion in 2000 when the*

*Glasgow Wheelers won the club event while George Dawson on a trike was champion - he has recently passed away aged 92. Now we've won the club championship for a fourth time under the SVTTA and I got lucky with my first team medal in 15 years, and fourth in total, having won team championships with the Lancashire Road Club in 2003 and 2005 with the 100, and 2004 in the 12 hour. This tells everyone to keep going at this game, as a gap of 15/16 years says "you never know".*

*Alex Munro*

*During July I managed to record my 800,000th mile, which has taken since I started recording mileages in the mid 50s. I also managed to overtake the late Tommy Chambers' total of 799,400.*

*Tommy rode a fixed wheel, and managed to spend less than £500 during his cycling life. Tommy rode the Douglas CC confined 12 hours and broke a number of place to place records, I remember visiting Tommy in the 70s living on the flat, seeing his bikes hanging on pulleys, he invited me to sit on his ariel button chair, and on hearing a roar and looking down I saw a primus stove giving it lordy. Thinking back I first met Tommy whilst leaving the Dundee/Newport ferry in 1959, he was wearing a skull cap and bermuda shorts, we thought we could catch and drop him before Muchty, but never did. Tommy's cycling was halted after being knocked off, after which he formed a group called the "has beens" and was into Burns.*

*I reached 50 in the 90s and promised to ride 50 miles every day, the next year I altered the miles to kilometres, since then I've only spent 3 days without riding, and not one day in the last 22 years.*

*George Berwick*

#### Racing

The Pinky Williams Memorial 30 mile TT incorporated the National VTTA 30. 63 riders were on the startsheet, of which 51 took to the start line on the Cambusbarron flats. Overall fastest was Douglas Watson of GTR Return to Life with a 1:00:34 with 2nd overall Eddie Addis of RT23 riding a 1:04:12. Fastest lady was Patricia Baird of Ecosse Performance CC with a 1:14:43. Standard prizes go to Gavin Hinxman of Drag2zero with a +21:47 on his trike, and Patricia Baird of Ecosse Performance CC with a +14:26. SVTTA won the Group team, and club team on standard. Thanks go out to all members who contributed to the running of

the event, and thanks to Mhairi Laffoley for compiling the results and reports.

The Boomerang trophy goes to Steve Nutley of RT23, after his 2-up ride with teammate Eddie Addis, riding a 35:70 for the 16 mile TTT gave Steve a +9:56 ahead of Robert and Gary Brown of EH Star with a +8:33

Steve took second place in the Speed family trophy SVTTA 15 mile TT championship. Douglas Watson (GTR Return to Life) took the trophy with a 30:15 earning a +9:44. First Lady on standard was Patricia Baird of Ecosse Performance whose 36:46 earned a +7:37. Alan McLean and Isobel Fletcher won first tandem in a 37:49. 51 SVTTA members took part.

In one of the last of the 25 mile TTs of the season, the Sam Dooley Memorial Trophy saw 23 SVTTA members taking part. Douglas Watson of GTR Return to Life was the fastest SVTTA member and first overall with a 49:50, Alex Munro took another group age record with his 1:15:51. On the same day in the Moray Firth 25 Ron Lowe of Deeside Thistle CC was the fastest of 3 SVTTA members riding with a 59:41.

The traditional season closing weekend on the Isle of Bute was organised by Bute Wheelers. Saturday morning saw the Serpentine hill climb, with seven of our members taking part; Willaim Turner of Falkirk BC was fastest in 2:38. That afternoon in the round the island 20 mile 2-up SVTTA members were first and second overall with Douglas Watson (GTR Return to Life) and teammate Chris Smart riding a 44:43, and Jim Cusick (Dooleys RT), partnered by Daniel Smith (TS RT) completing in 47:46. The Sunday morning 10 mile event saw Douglas Watson take second place overall with a 21:08, only 2 seconds behind overall winner and teammate Chris Smart.

Early season championship dates for your calendar are 24th May for the Law Wheelers 10 at Cambusbarron, and 31st May for the Alistair Speed 50 in Freuchie. A full list of SVTTA championship dates will be in the February magazine.

If readers have any information, news, or gossip, get in touch at [jamesmskinner@hotmail.com](mailto:jamesmskinner@hotmail.com) or [INFO@SVTTA.ORG.UK](mailto:INFO@SVTTA.ORG.UK)

## SOUTH WALES

*Bob Jones*

Two members rode the WCA 12 at the beginning of September: Bob Jones (Cardiff 100 Miles RC) did 226.57 for +49.32, and new member Iain Bell, of Monmouthshire Whs., who took up time trialling only a couple of months previously rode 237.53 for +30.78. Although Iain managed 2:03:27 for 50 miles at the beginning of August, this was before joining VTTA and, with no 100 available, he was unable to qualify for the BAR. We look forward to his results at all distances next year.

Former member Anthony Jones (Towey Riders CC) rode 295.75 miles for second place overall in the event and would have achieved +87.67 miles. I'll make sure he keeps his word to re-join next year, when he could be a contender for the national championship podium.

Although the 12 had a field of 31 entries, and local 50 and 100 mile events were also reasonably well-supported, it was disappointing that only two riders in Wales had results at all three distances.

A week after the WCA 12, Port Talbot Wheelers hosted our group's 25 mile championship on R25/3. For a change, the men's event started first at a chilly 8am, followed by the WJOM's at a balmy 10am - which benefitted WV's and older MV's at the expense of younger MV's (most of whom were in the first event). In the second event there were a lot of personal bests, and our entire WV podium surpassed our MV podium in terms of Plus on Standard - which, other things being equal, is to be expected on super-fast courses.

Clare Greenwood (Bush Healthcare) is our women vet's 25 mile champion this year - with 58:32 for +17:45 - and also took 1st Vet on Standard prize in Port Talbot Wheelers' WJOM Event. Andrea Parish (VeloSistas TTT) rode 56:30 for +17:34, and Sue Shook (also Bush Healthcare) rode 1:00:15 for +16:20. Regrettably our men were divided between events two hours apart, therefore most didn't stay for our prize giving at the very end. Hugh Davies (Port Talbot Whs) rode 1:00:02 for +15:44, Rod Hicks (Port Talbot Whs) 53:55 for +14:56, and Paul Durrant (Pontypool RCC) 1:01:19 for +14:27

Unsurprisingly our top club team (two riders) for the 25 was again our Bush Healthcare women - gold medallist Clare Greenwood and bronze medallist

Sue Shook (Clare and Sue also took the team award at our 10 mile championship in July).

Our other championships, held on the averagely fast courses at Raglan, were closer in terms of results and with negligible differences between men and women in the plus on standard competitions. This should reassure VTTA's Standards Review panel.

While there's been a noticeable decline in field sizes over the past couple of years, waning participation is also a feature of leisure activities other than cycling. My experience is that recruiting new members is hampered because many feel they "aren't old enough yet", or find the standards system unfathomable.

*Editor's note - Thanks to Bob for writing this report on behalf of Barry Williams, the usual South Wales scribe. Barry recently crashed on compacted mud outside a farm whilst riding and broke his femur, which necessitated a plate repair and a hospital stay. I understand that he is back home now and receiving care and physio, so we wish him well for a good recovery.*

## **SURREY & SUSSEX**

**Jon Fairclough**

### Welcome to new members

A welcome to two new members: Matt Williams (Peckham CC) and John McDonald (Trainsharp).

### Surrey/Sussex open events

The Bec CC '25' was held on 18<sup>th</sup> August. The first four VTTA members on standard were David Pollard (In-Gear) +14:32, Kevin Plummer (South Down Bikes / Casco Pet) +12:48, Paul Byford (Crawley Wheelers) +11:17 and Simon Underwood (CC Topp) +10:10. Dave Pollard wins the Aubrey Wenman Trophy for the first Surrey/Sussex member on standard.

The Kent CA 12 hour was held on 8<sup>th</sup> September. The full Vets results are reported elsewhere. The first two S/S VTTA members on standard were Jon Fairclough (Woking Cycling Club) +47.021 and Peter Baker (Lewes Wanderers CC) +33.451. Jon Fairclough wins a VTTA medal for the first S/S VTTA member on standard.

The S/S '25' was held on the 22<sup>nd</sup> September. The first four VTTA members on standard were Mark Vowells (CC Bexley (Trike) +18:36, Adrian Blacker

(C and N Cycles RT) +13:21, Paul Thompson (Epsom CC) +13:03 and David Clark (Eastbourne Rovers CC) +12:16. Adrian was the first S/S vet on standard and wins the Robin Buchan Trophy. The Woking CC team of Eimear D'Arcy, Conor Boyle and Jon Fairclough won the Pound Hill Trophy for the greatest aggregate plus on standard by a team of three S/S Group members (+12:19).

### Records

The list below describes the solo bike records set by Surrey/Sussex members in the last year, all are group men's records except where noted. It was a successful year for records, in particular for 10 and 15 miles with records being set and subsequently beaten throughout the season. Paul Jackson of Team Bottrill set a new national record for 24 hours at age 53 of 485.21 miles. All national and Surrey/Sussex Group records are now published on the VTTA website.

Adrian Blacker (C & N Cycles RT) - 10 miles in 19:59, 15 miles in 30:39, both at age 55  
Chris Lord (Brighton Excelsior CC) - 10 miles in 21:12 then in 20:33, 15 miles in 32:16 then in 31:51, 25 miles in 54:03, 50 miles in 1:50:28, all at age 66  
Alan Robinson (Central Sussex CC) - 10 miles in 25:01, 15 miles in 42:30, both at age 78  
James Rix (Team Bottrill) - 15 miles in 29:48 at age 43  
Nik Allen (Worthing Excelsior CC) - 15 miles in 32:14 then in 32:00 at age 47, both since beaten  
Mike O'Gorman (Worthing Excelsior CC) - 15 miles in 34:52 at age 67  
Brian Hill (Epsom CC) - 30 miles in 1:33:29 at age 76  
Donald Parker (Brighton Mitre CC) - 50 miles in 2:00:54 at age 70  
Paul Jackson (Team Bottrill) - 100 miles in 3:41:50, 485.21 miles in 24 hours (national record), both at age 53  
Jon Fairclough (Woking CC) - 385.83 miles in 24 hours at age 65  
Eimear D'Arcy (Woking CC) - 10 miles in 25:04 at age 49 (women's group record)

### Standards medals

John Marinko (Brighton Mitre) achieved standards for 10, 25 and 50 miles. Barrie Foster (Anerley BC) for 10, 15, 25, 30 and 50 miles. Mike O'Gorman (Worthing Excelsior CC) for 15 and 30 miles. Stephen Moore (Kingston Wheelers CC) for 10, 25 and 30 miles. Don Parker (Brighton Mitre) for 50 miles. John Allen (Redmon CC) for 10 miles.



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A warm and friendly atmosphere greets all guests to The Old Forge Bed and Breakfast, Knockin, which offers two twin en-suite bedrooms and one double/family room with en-suite. We pride ourselves on our full English breakfast using local produce. We offer a menu service so that guests can choose their own breakfasts. Wi-fi is available free of charge.

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*"This was our 3rd New Year and 4th stay as guests of Colin and Wendy in their splendid 'Old Forge' Barn. As always, the warmth of the welcome and generous hamper that greeted us on arrival was simply lovely. The barn cannot be beaten for utility, charm and home comforts".*  
 England

The Old Forge B and B and Holiday Barn, which is run by Wendy and Colin Pearce, is located in the village of Knockin, half-way between Shrewsbury and Oswestry in Shropshire, which lies about two miles from the A5 which is the main road that links the South of England to North Wales. Knockin is a central point for horse-riding, golf, fishing, walking, cycling and visiting National Trust Properties. In the village is a local pub which serves good food. Nearby there are also numerous eating pubs and restaurants.

Conor Boyle (Woking CC) for 10, 15, 25, 30 and 50 miles. Eimear D'Arcy (Woking CC) for 10 and 25 miles. David Phillips (Old Portlians CC) for 10, 15 and 30 miles. Brett Davis (Lewes Wanderers CC) for 10, 25 and 50 miles. Lisa Davis (Trainsharp) for 10, 25, 50 and 100 miles. Robin Johnson (Brighton Mitre CC) for 10 miles. Tim Miles (Hastings & St Leonards CC) for 10, 15 and 30 miles. Jon Fairclough (Woking CC) for 10, 25, 100 miles and 24 hours. Chris Rosam (Epsom CC) for 10, 15 and 25 miles.

### Season Long Competitions

The list below summarises the winners of the season long competitions. We had finishers in the BAR (4 distances), the same as in 2018 with 3 claims being made in 2017. There were again 5 finishers in the 3 Distance Competition, with 6 claims being made in 2017. The Short Distance Competition had 5 finishers compared to 4 and 6 in 2018 and 2017 respectively. This is a small number of claims. The author is sure there are several VTTA S/S members who raced at 10, 25, 50 and 100 miles who have not submitted claims for the 3 Distance and Short Distance Competitions.

Palmer Trophy (S/S Men's Best All Rounder, BOS over 25, 50, 100 miles and 12 Hours) - Jon Fairclough +38:10

Jim Ballard Trophy (S/S 3 Distance Best All Rounder, BOS over 25, 50 and 100 miles) - Adrian Blacker +44:17

Short Distance BAR (BOS over two 10's and two 25's) - Chris Lord +70:44

The Wally Perkins Cup for Ladies BAR and the Charles Robson Cup for Ladies Sort Distance were not awarded.

### Annual Lunch and Awards

Our annual prize giving lunch will be in Horsham on Sunday 2nd February 2020 and we would like to have all of the winners attend the event to receive their 2019 awards in person. Our National Secretary Rachael Elliott has accepted an invitation to join us on the day and present the awards.

### Surrey/Sussex website

The Surrey/Sussex VTTA Group website at [surreysussexvta.org.uk](http://surreysussexvta.org.uk) has been retired and the Surrey/Sussex Group now puts its news and other information, including group records, on the national VTTA website at [www.vta.org.uk](http://www.vta.org.uk).

### Committee News

Having mentioned the vacancies for a Social Secretary and Group Secretary in previous reports we hope that volunteers come forward at our AGM in November. This report is being written prior to the meeting so the new committee has not been elected yet. We also welcome new committee members. Please consider helping the group by taking on one of these roles and if you can, or you would like any further information, please contact Keith Wilkinson at [keithwilkinson@talktalk.net](mailto:keithwilkinson@talktalk.net).

## **WESSEX**

### **Bob Jolliffe**

### Brilliant season for Wessex Group

THE A3 London to Portsmouth road is definitely the happy hunting ground for Wessex Group riders in search of rapid times, with P881r being the favourite course for 10-milers. Starting near Liphook and running south-west before turning at the Liss flyover it seems to be the fastest of a variation on a theme based on the rolling slopes of the broad dual carriageway. Sixteen, almost half of the 34 with qualifying times for the various Wessex Best All-Rounder competitions, set their first or second best 10-mile times in the Paceline 10 on this course on September 14.

The other really fast 10 on the course was the previous Saturday - September 7 - in the Utage event held in memory of the late Julian Jenkinson (2010 BBAR), which produced another nine rapid qualifying times. Another six did their best 10s in the CTT South DC Championship in the Andover Wheelers' promotion on P613 – another rolling dual carriageway course, but on the A303 - on July 14.

The summer Wednesday evening series of 10, 15 and 25-mile TTs on the A3 promoted by David and Kathy Collard-Berry and their willing ...a3crg team also produced some stunning rides including a crop of CTT 15-mile records.

But it is the Paceline 10 which will go down in history as being the fastest 10 to date held on South DC roads with no less than 32 riders equalling or beating 30mph, the fastest being the 17-53 from AeroCoach's Chris Boddy. It was also noted for its 23 non-starters, even after reserves had been allotted spaces. A great shame for those in search of pbs who didn't get a ride. The Paceline race

gave Wessex Group women's best all rounder Angela Carpenter (...a3crg) her best 10 of 20:45.

Angela, at age 50, was the stand-out rider in the group taking the Women's three distance and short distance competitions, not to mention claiming VTTA national age 50 records at 100 miles (3:53:16), 30 (1:05:31), 25 (twice with 53:39 and then 51:56) and 15 (32:28). In addition there were group records at 50 miles (1:52:48) and 10 (21:10 and 20:45). She also took fourth place in the CTT Women's BBAR with 27.067mph, won the VTTA National Three Distance and Short Distance Competitions and, with her time of 1:05:31, she also set a new CTT women's team comp record for 30 miles of 3:28:12 with Kirsty McSevery and Lucy Mitchell.

Teammate Sarah Matthews also continued to crank out some sparkling performances at age 59 including national age records at 15 miles (34:21 and 34:10) and 10 miles (22:05), and group records of 58:08 and 56:32 at 25 miles.

In addition to her CTT competition record 24-hour ride of 478.42 miles (mentioned in the September edition of The Veteran), Christina Murray (Army Cycling) also set Wessex Group age 42 record rides at 12 hours (266.43 miles) and 100 miles (3:58:18). She also recorded a 10 of 23:11, a 25 of 54:34 and a 50 of 1:55:23 which helped her to second place in the Wessex BAR with a plus of 1:09:51

Another Wessex woman setting group records was Bournemouth Arrow CC's Michelle Walter with a 12 hour ride of 220.94 miles at age 58, 100 miles in 4:51:21 on a wet day in Wales, 50 miles in 2:15:22 and 30 miles in 1:16:04.

David Shepherd (...a3crg) topped the overall Wessex BAR competition with his plus of 1:18:12, followed by Christina Murray and then his teammate Steven Williamson with plus 1:06:55. David - who set a new national record at age 58 in the CTT National Championship 12 hour with a VTTA Championship winning 289.45 miles - also produced group records of 3:40:47 for 100 miles and 31:19 for 15 miles. His younger teammate did 3:37:14 for a new 48 years' group age record which helped him to tenth place in the CTT BBAR.

Others claiming group age records were: Nigel Sign of Fareham Whlrs (age 62) who did 32:02 for 15 miles and 258.42 miles for 12 hours. His 81-year-old clubmate Bryan (Sid) Hygate clocked a brilliant 185.68 miles in 12 hours. Howard Bayley of Blazing

Saddles almost beat 30mph with 1:00:01 for 30 miles at age 44, Greg Parker of Estrella Cycles recorded 50:04 for 25 miles at age 54 and then 50:22 at age 55. James Fawcett of ...a3crg set an age 53 10 mile record of 19:24, clubmate Neil Mackley set a new age 56 25 mile record of 51:43 and 10 records of 19:25 and 19:27 at ages 55 then 56.

Wessex super-vet, 75-year-old Terry Icke (CC Weymouth) continued to amaze with new group 10 records of 22:54 and 22:30. H also clocked 56:54 and 57:06 to make up his short distance competition figures.

Despite suffering from various viral infections, Sotonia CC's Norman Harvey set an age 86 years 10 record of 27:49 and, with Mary Corbett (61) set new group tandem records of 25:56 for 10 miles and 41:06 for 15 miles. With another birthday under her belt, Mary went on to set two new 10 women's trike group records of 37:44 and 34:36. Be aware that she and Norman have been seen out in the New Forest on a tandem trike. She told me it has been named Trixie Trundlebarrow. Scarey!

#### Heart problem

Spare a thought for New Forest CC's Antony Green who after setting a new group age 55 record of 1:45:14 for 50 miles, a personal best 10 of 19:37 and a pb 3:48:31 100, was on a 30mph-plus ride in the VTTA 25 on E2/25 on August 17. But he crashed out and was taken to hospital with a broken shoulder and other injuries; worse was to come however when he was also diagnosed with a serious heart condition which caused a blackout and the crash. It has forced him to retire from time trialling and to return to enjoying mountain biking in the New Forest. "It is a great shame because physically otherwise, I hadn't finished improving and had more time to train since retiring," he said, adding that he expects to be attending some club dinners.

#### Slow recuperation expected

A rider who will be away from the sport for some time to come is Sotonia CC's Chris Summers who was in collision with a Land Rover while training in the Test Valley in August. He was, for a time, in a critical condition in Southampton General Hospital with multiple fractures of his pelvis and leg. Thankfully he has been making a slow recovery and has now returned home. In mid-November he started undergoing rehabilitation at a specialist unit at Salisbury Hospital so he will be able to walk

without crutches. He had originally hoped to be off the bike for a year but has had to lower his expectations somewhat, he said.

#### Brothers-in-law

Former Southampton Wheeler Peter Betteridge underwent a quadruple heart bypass on November 4, which was shortly after the death of his brother-in-law James "Keith" Ross at the age of 86. Neither were members of the VTTA but were well-known in southern cycling circles from the glory days of the Southampton Wheelers in the 1950s when their teammate Ken Whitmarsh was a force to be reckoned with, especially over 100 miles, a distance he was champion at in 1952.

Martin Napier of Sotonia CC became friends with Keith when Southampton Wheelers folded and he joined Sotonia. Keith was happy to do his share of marshalling for Southampton area clubs and was a regular on Sotonia's twice-weekly club rides on which he was known for his preference for main roads. "He would often leave the group to ride a more direct route on an A road, rather than keep with the group. If we ventured down a gritty, uneven lane, you could count on Keith to start moaning," said Martin. "Keith always tried to keep his riding style and speed. He told us he was once, I guess many years ago, done for speeding on his bike. He was checked by police at over 30mph riding through Lyndhurst."

About 20 years ago Keith's wife Carol died. Following a mild stroke in November 2017 which caused vascular dementia, he moved to a care home in Chandler's Ford near Eastleigh. He later suffered a fall and was hospitalised. He died after being moved into care in Romsey.

#### Death of HLM Philip Newbury

I am sad to record the death of Wessex Group Honorary Life Member Phil Newbury of Salisbury Road Club. One of the gentlemen of time trialling, I remember him from the early 1970s, with his neat grey hair, riding in his fairly upright style in events on the old P2 on the A338 Ringwood to Salisbury road. He died peacefully on August 14 at the age of 98 surrounded by members of his family. He was cremated at Salisbury on September 11. Former professional rider Harry Lodge, whose father Tom is a Wessex member, said Phil had kept fit up until shortly before his death, even to the extent of clambering onto his garage roof and cutting back overhanging tree branches last year. He leaves two

daughters Heather and Pearl, their husbands Geoff and Terry, plus grandchildren and great-grandchildren.

#### No pointy hats at presentation lunch

The Wessex Group Annual Awards Presentation and Lunch is being held at Romsey Golf Club on Saturday, February 25 from noon for a 1pm start. Cost is £28.50 per person. Contact membership secretary Norman Harvey for more details, including lunch choices. "It would be great to see all award winners at the lunch and it is a good way to renew old friendships. You might even find it difficult to recognise each other when not wearing lycra and a pointy helmet," said Norman, whose contact details are in the handbook.

#### World Transplant Games

Yours truly finished fifth in the 60-69 years 10km time trial in the World Transplant Games along the banks and bridges of the River Tyne in Newcastle in August. My time was 20:22.9 and the winner was Ireland's John Moran in 18:07.4.

In the 50-59 years band, Steve Donaldson (Fullarton Whlrs/Scottish VTTA) took eighth in the 50-59 years age group with 19:19.1, and Declan Logue (Stratford CC/Midlands VTTA) was 13<sup>th</sup> in 20:24.6.

## **WEST**

### **Brian Griffiths**

Another season is finally over and we can count up our successes and our short comings and begin to plan for next year. No matter how well you have performed there is always room for improvement. Some of us like a complete break whilst others make efforts to get a careful check on their overall health and be sure that they correct any failings. We should also sensibly adjust our non-competitive diet and maintain a suitable level of fitness often using the gym or maybe a turbo trainer.

On 3rd November the WestVets held their AGM at Sutton Benger; the attendance was I think better than normal with 25 members present. Unfortunately neither our President Ted King or Chairman Brian Barraclough were able to be present as neither were well enough to attend. However Mary Jane Hutchinson took over the chair and did a very competent job indeed.

The secretary reported a very successful year, as did the treasurer, with no increase in subscriptions. The recorder Robert Hutchinson indicated that he had received an encouraging crop of claims for standard medals despite the updated standards. He proudly announced our successes and in particular the amazing performance of Michelle Lee. Those of us who remember the legendary Ray Booty will be delighted to hear that she surpassed even his best time for 100 miles with 3:48:23 as a veteran.

Our new magazine editor Paul Freegard was anxious to know what we thought of his efforts over the past year. He had no need for any doubts and must be encouraged to believe he is definitely a success. Webmaster Tony Emery, in a written report, indicated that he was very pleased with the way headquarters were handling our web site. I handed in my report and agreed to continue writing a quarterly report for 'The Veteran' magazine and hoped that everyone found them acceptable. Happily the committee agreed to be re-elected en bloc, though it was thought that younger members might like to consider taking an interest in joining the committee and beginning to learn the skills for the future.

When it came to nominations for the Bicknell Award we were unanimous in putting forward our President Ted King once again - perhaps I should explain why. Probably because of his modest nature not everyone is aware of the lifelong contribution he has made to promoting cycling in all it's aspects over his entire life time. He rose through the ranks to become a very respected President of the CTC; he has raced and taken an active part in VTTA activities for many years; his knowledge of all cycling matters is unsurpassed and he is always the first person to roll up his sleeves whenever a job is to be done. It was years before it was realised that he deserved an MBE for his services for cycling. We sincerely hope that his massive contribution, from which we have all benefited, will at last be recognised by those responsible for awarding this honour in his 91st year.

After some discussion we have decided to re-arrange the distribution of our trophies to acknowledge the expanding contribution of our lady members and a new shield is to be prepared for future presentation.

As we came to the end of the meeting we had to consider a proposal from our former journal editor

Mike Jupp. He wants to ensure that in future issues all time trial results of members are included. This was accepted but it was pointed out that many promoters now seem reluctant to provide this facility. Members should send their results to our editor Paul, as well as our recorder Robert. Mike was also concerned about other matters concerning the journal but these will have to be held over until the next AGM before they can be properly considered. Altogether a most interesting and fruitful meeting and a good social get together.

Finally may I remind you not to forget to tender your subscriptions, which are due on 1st January and also may I remind you to include in your 2020 diary the date for the Prize Presentation which is the 4th April. You can enter the time trial for £3-00 and the excellent food will cost you just £5-00. This to be sent to our secretary Gordon Scott, in advance.

The West Vet Editor is looking for contributions for the next magazine, so get your pens out, we all have a story to tell.

## **YORKSHIRE**

**Chris Goode**

One of the highlights for the Yorkshire Group in 2019, has been the huge increase in those applying for standard awards, up from 15 (in 2018) to 52 this year. Our Recorder, Jymmy Trevor, has put a huge effort into organising the results for the various competitions and it is hoped that the 45 successful riders, who share 140 standard beating rides between them, will pick up their awards at the 75<sup>th</sup> Anniversary lunch, at the Bridge Inn, Walshford, on 26<sup>th</sup> January. Tickets are £23 per person from Mike Williams and raffle prizes will be appreciated. The guests are Andrew Simpkins, the National Chairman of the VTTA, and our very own Andy Jackson.

The Yorkshire Group Ladies BAR (over 10, 25 and 50 miles, unlike national competitions) was won by Fiona Sharp (Team Swift) with +44:27, ahead of Karen Taylor (Team Sportslab) +41:58 and Carol O'Connor (Calder Clarion) +39:42.

Congratulations are in order to Andy Jackson (AeroCoach) and Darren Yarwood (Vive le Velo). Darren won the 3 Distance Competition (over 25, 50 and 100 miles) with +54:13 and Liz Ball (Valley Striders CC) was the highest placed lady with +31:10. Andy Jackson won the Short Distance

Competition (over 2x10s and 2x25s) with +1:08:10 and the full BAR (over 25, 50 and 100 miles and 12 hours) with +1:15:16. Of the ladies, Karen got the better of Fiona in the Short Distance Competition, with +57:45 to Fiona's 56:10; no lady completed the full BAR, which requires a 12 hour ride.

It will be interesting to hear about Andy's season, following some tenacious training and his victory in the World TT Championship in the USA. He not only won the 24 hour race with 528 miles but did the clean sweep, in previous years having won both the 6 hour and 12 hour championships. Nearer home he also won the RTTC 12 Hour championship in 2019, following the DQ of the leading rider for failing to follow the correct course. Remarkable.

Talking of 12 hour races, Yorkshire long distance enthusiasts were despondent earlier in 2019 when Team Swift announced the discontinuation of their 12 hour (also incorporating a 50 and 100) as organiser Keith Lawton was retiring. Fortunately this important event has been rescued thanks to the Yorkshire Cycling Federation with our group member Ed Nielson (Vive le Velo) in charge. Ed practices what he preaches, having won a club team medal in the 2019 VTTA 12 hour championship in Norfolk. Hopefully some of our current ladies will step up to ride the 12 in 2020.

There will be more to be said about the trophy winners in the next report. Some of you will have read in Cycling Weekly in mid-November about the resurgent interest in Road Record Association place to place attempts. Doug Hart (Ilkley CC) has had a very successful campaign in the last two years and Richard Sharp (Team Swift) was also featured in the

article. Richard is the "not quite a vet yet" husband of the speedy Fiona Sharp. Well done to you both.

The AGM went off smoothly in November, with about 10% of our membership present. All officials remain in post and the group remains solvent due to another modest surplus. A big thank you is due to all those who have contributed to the Yorkshire Group's success, particularly Blair Buss, Mike Williams, Tony Stott, George Young and Mike Penrice, plus all the helpers who assisted at events this season. It will be good to see some of our newer members coming to the meetings that are held in the Memorial Hall, Collingham, near Otley, and perhaps offering to help out at one of our three events next year. We have a 25 mile TT on Sunday, 12 April (V236/1), the National 30 mile TT on Saturday, 20<sup>th</sup> June (V241) and a 10 mile TT on Saturday 19<sup>th</sup> September (V714).

Have a good winter and if you are short of a present for a friend or a member of your family consider William Fotheringham's biography of Beryl Burton, entitled "The Greatest". Some of our members get a mention including Malcolm Cowgill (Morley CC) and former member Barbara Penrice, to mention a few. It is a good read and sits well alongside Beryl's autobiography that came out in 1986.

Sadly Barbara Penrice has been out of action during 2019 but has now had her total knee replacement. She is recovering slowly and hopes to be out and about more in 2020.

Keep those wheels turning and have a successful 2020, our Group's 75<sup>th</sup> year. We finish with a photo from our inaugural meeting 75 years ago.

*Yorkshire Group inaugural meeting at Clifford, near Boston Spa, September 1945, taken by Charlie Bradley. L to R: Bert Fretwell, Arthur Rogerson, Harry Helstubb, E H Strevens (The Boss), unknown, Fred Hartley and on the trike Fred Bause.*



# CORRESPONDENCE WITH THE EDITOR

Dear Editor

We have all seen the large number of younger vets riding time trials, who cannot see any benefit in joining the VTTA and who are perplexed by the standards system in determining what appears to be a random finishing order. Those of us who have been in the sport long enough know that it is based on solid evidence of performance decline due to ageing - it's just that the results are not presented in the most meaningful manner, so here is another way of resolving this issue.

Plusses achieved mean little outside the context of a particular event, so let's ditch them! Replace them with an age/gender adjusted time, which would give a more easily understood result and a time with relevance across all events and which could be compared easily with your mates and rivals. Under such a new system the standards tables would get rewritten as 'age adjustments' and the random benchmark times for 40 year olds disappear. These 'age adjustments' are the increase in standard time compared to a 40 year old male bike rider (even for women and trikes).

The recent 25 mile championship traditional and new style result would look like this:

\*\* These adjustments are the current age standard minus the 40 year old men's standard (1:06:00).

				Traditional result calculation		New result calculation	
	Rider	Age	Actual time	Standard	Plus	25M adjustment**	Adjusted time
1M	Tye	57	49:42	1:09:30	+19:48	03:30	46:12
2M	Ainsworth	60	50:43	1:10:14	+19:31	04:14	46:29
3M	Horsnell	89	1:13:02	1:31:55	+18:53	25:55	47:07
1W	Carpenter	50	55:52	1:13:51	+17:59	07:51	48:01
2W	Field	54	57:20	1:14:44	+17:24	08:44	48:36
3W	Hutson-Lumb	54	59:46	01:14:44	+14:58	08:44	51:04

Tables would be produced in a new format to provide these adjustments.

This method will always give the same finishing order as the current system, but creates a more easily understood result. We would all prefer to see a 'proper' time against our names than some random 'plus'. The maths involved is also a bit easier and nobody has the ignominy of a 'minus' result.

But what about the personal standards award system? In fact that becomes much simpler as we only need to look for a year-on-year improvement in a season's best adjusted time at each distance.

.....and the season long competitions? They also become simpler - take the best adjusted times in each season (no need to worry about anyone with a mid-season birthday as that's already taken care of in arriving at the adjusted time), calculate an average speed for each distance and then an average of these averages (just like any normal BAR calculation). For the BAR competition there is no need to convert a 12 hour performance to an equivalent 200 mile time - an adjusted 12 hour distance can be used for a speed calculation.

In all these changes the same winners and finishing orders would exist, but we dispense with plusses achieved and replace them with adjusted times, more relevant to today's levels of performance than standards based on a 40 year old 'crack' rider of 1943. These adjusted times would gain the status of personal bests for vets competition and may encourage more over 40s to join the VTTA.

Sincerely  
Rudyard Ryder

Dear Editor

Your recent letter from Peter Tasker brought back memories.

Yes, I held both BLRC and NCU licences when I was a member of Warwick CC. I started cycling in July 1956, but could not ride a bike until I was 14 and never owned one until I left Leamington College for Boys School at 16 and needed transport to get to work and tech college. In October 1956 I won my first race, the Warwick CC hill climb on Edge Hill, then two years later I broke the course record with 2 mins 47 secs and it has never been beaten.

Peter mentions racing against Johnny Pound. Yes, I rode against him many times when he was based in the Midlands, including the 120 miles Tour of the Cotswolds in 1958. It was a World Championship and Empire Games selection race. Johnny was in the original break of 23 riders, till they hit Edge Hill, where I won the prime. When the leaders caught me 5 miles later he and 15 other top independents and amateurs had got dropped. The seven of us stayed clear for the rest of the race, with Ron Coe of Elswick Hopper winning the sprint. I finished 7<sup>th</sup>, but Warwick CC beat the Elswick Hopper boys for the team award, much to the fuming annoyance of Elswick team manager Benny Foster. I also had many a scrap with Gino Goddard, who I remember as a real gentleman and a really great rider. Great memories!

I am currently not racing following a heart attack in September 2017, but I raced 61 years summer and winter including 16 years with a professional licence, all without a break except for accidents. I may consider pinning a number on again in the near future, now that I am slowly getting better ?

Mick Ives

8 times World Masters Cycling Champion, Winner of 81 British Cycling Championships.

Owner/Director of Team Jewson-M.I.Racing

Copy date for the next editions of *The Veteran* is 17<sup>th</sup> February 2020

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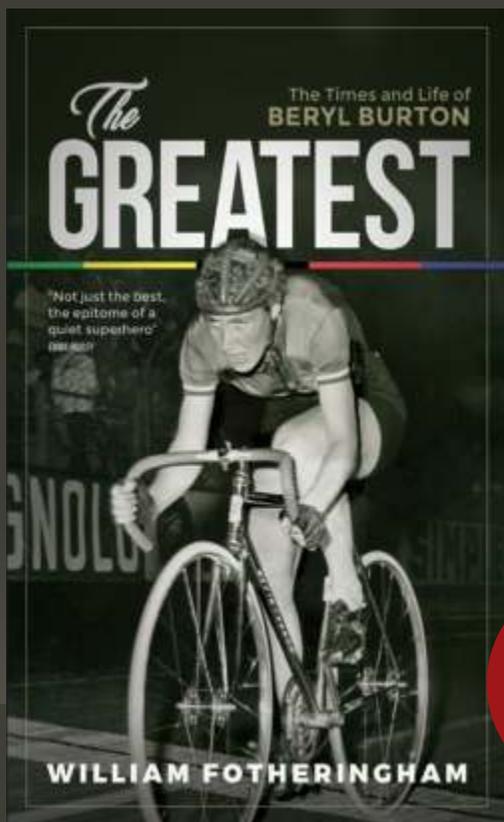
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