

If you are over 40 and interested in time trialling then the VTTA is the organisation for you. The VTTA has almost 3000 members in 16 regional Groups; we promote around 100 time trial events a year, eight national championships and three season long 'Best All-Rounder competitions'.

We manage national and group age records for men and women at the different time trial distances.

You can also achieve individual 'standards' awards each season by improving on your age handicap times.

Members receive four glossy magazines a year and our annual handbook.

To find out more please visit our website where you can also join one of our regional Groups online.

## www.vtta.org.uk

Each of our Groups is affiliated to Cycling Time Trials